

March 31, 2025



Daily Readings
4th Week of Lent

March 31

Isaiah 65:17-21
John 4:43-54

April 1

Ezekiel 47:1-9, 12
John 5:1-16

April 2

Isaiah 49:8-15
John 5:17-30

April 3

Exodus 32:7-14
John 5:31-47

April 4

Wisdom 2:1a, 12-22
John 7:1-2, 10, 25-30

April 5

Jeremiah 11:18-20
John 7:40-53

Fifth Sunday in Lent

April 6

Ezekiel 35:12-14
Psalm 130:1-2, 3-4, 5-6, 7-8
Romans 8:8-11
John 11:1-45

<https://bible.usccb.org/bible/readings>

Saints of the Week

Mar 31: St. Benjamin
Apr 1: St. Hugh of Grenoble
Apr 2: St. Francis of Paola
Apr 3: St. Richard of Wyche
Apr 4: St. Isidore of Seville
Apr 5: St. Vincent Ferrer
Apr 6: St. William of Eskilsoe
Learn about their stories at:
<https://www..org/saints/sofd.php>

HELP REPAVE THE PARKING LOT ON SHC/CHANCERY GROUNDS.

Ongoing support for SHC & Chncery paving lot project **has reached \$170,756** of \$253,500 for SHC share (67% of goal) as of 3/28/25. When completed the parking lot will be leveled and paved, parking lines painted, and entrance off Peger widened.

<https://sacredheartak.org/giving>

Catholic Student Association

The Catholic Student Association (CSA) is a community of faith and caring; interested in growing and practicing our Catholic faith.

Our mission is to provide support for students on campus who are practicing Catholics and those wanting to learn more about the Catholic Faith. We support continuing instruction and provide the opportunity to practice their faith with support from St Mark University Catholic Parish. CSA will assist in community service activities within UAF campus, the Diocese of Fairbanks, and Fairbanks community when time allows.

Catholic Mass & CSA Meetings

Join us on Thursdays at 7:00 PM

Room 301 in Upper Lola Tilly.

A priest arrives at 6:30 PM for students..

We understand campus schedules, so come late if necessary.

Join us to help build a stronger community!

CSA Officers and Advisor can be reached at UAF-catholic-Club@alaska.edu
Club@alaska.edu Fr. Ross Tozzi – rtozzi@cbna.org

Contact Mary Pat Boger in advance at stmark@cbna.org.
for rides to **5:30PM Sunday Mass at Sacred Heart Cathedral.**

In Catholic tradition, [Mothering Sunday](#) is celebrated on the fourth Sunday in Lent. It is in St. Paul's words in the Mass that gives us its name. On this day, everyone paid a solemn visit to his mother church and left an offering there at the high altar.

The word "mothering" came to have other associations – a feast day for mothers of families. Children returned home to visit mothers. Give a gift to your mother; have a Mass offered for her if she has passed.



Quiz Time: Lent Q & A

Why don't Roman Catholics Sing the Alleluia during Lent?

The Alleluia comes to us from Hebrew, and it means "praise Yahweh." Traditionally, it has been seen as the chief term of praise of the choirs of angels, as they worship around the throne of God in Heaven. It is, therefore, a term of great joy, and our use of the Alleluia during Mass is a way of participating in the angels' worship. It is also a reminder that the Kingdom of Heave is already established on earth, int the form of the Church, and that our participation in Mass is a participation in Heaven.

While he was still a long way off, his father caught sight of him and was filled with compassion. He ran to his son, embraced him and kissed him." (Luke 15:20)

Our Father calls us to run toward the path He has prepared for us. Is He inviting you to share this compassion with others through a vocation to the priesthood or consecrated life? Talk to a priest or reach out to the Vocation Office at rfath@cbna.org.

Year of Hope



Lent

How does the Jubilee Year help us to be free? We have talked about the physical debts of the Israelites, and how the Jubilee year freed them from them to restore their rights as God's People. When we sin, we gain an attachment to the sin. While confession forgives us of our sins, this attachment can remain with us. For our venial sins, this attachment is light but can remain even after death. It is for this reason that the Church teaches of Purgatory as a place where we will be purified of our attachments. In the Jubilee Year, the Church's indulgences free us from this kind of spiritual debt. It is for this reason that the Church also encourages us to apply our plenary indulgences for the holy souls in purgatory, knowing that they in turn will be able to pray for us when they are purified and attain to Heaven.



For more information on the Year of Hope scan the QR code or go to the Diocesan website at <https://diocesofairbanks.org/the-year-of-hope>

Neighboring Parish Mass Times

SACRED HEART CATHEDRAL

(907) 474-9032
Saturday Vigil: 4:30PM
Sunday 8:00 & 11:00 AM
Spanish Mass at 1:00 PM
St. Mark Mass at SHC 5:30PM
*Weekday: Mon-Fri: 7:30am
Sacrament of Reconciliation:
Saturday from 3:00 to 4:00 PM
Sunday from 12:15-12:50 (Spanish)

IMMACULATE CONCEPTION

(907) 452-3533
Saturday Vigil: 4:00 PM
Latin Rite Mass 6 PM – March 8th
Sunday: 7:30 AM, & 10:00 AM
*Weekday: Mon – 8:30am
T, Th, Fri: 12:10pm,
Wed 5:30 PM
Sacrament of Reconciliation:
M, Tu, Th, Fr: 11:30 AM to 12:00 PM
Sat: 3:00 -4:00 PM

SAINT RAPHAEL

(907) 457-6603
Saturday Vigil: 6:00 PM
Sunday: 9:30 AM
*Weekday: Tue, Th: 9:30 AM,
*Wed 5:30 PM,
Fri: 6:00 PM
Sacrament of Reconciliation:
Sat: 5:00 – 5:30 PM

SAINT NICHOLAS, NORTH POLE

(907) 488-2595
Saturday Vigil: 5:00 PM
Sunday: 9:00 & 12:00 PM
*Weekdays: Mon, T, Th, Fri: 9:00 AM
Wed 7 PM
Sacrament of Reconciliation:
Wed: 6:00 PM & Sat: 4:00 PM

Ft. Wainwright Southern Lights Chapel

Sunday: 9:00 AM

Eilson Air Force Base Chapel

Sunday 10:00 AM

Adoration

Sacred Heart Cathedral

Thursday 8 AM – 12 Noon
Saturday 3 PM – 4 PM

Immaculate Conception Church

Tues, Wed, Thurs 6 PM – 7 PM
Friday Nocturnal Adoration 7PM-7AM
Saturday 3 PM – 3:45 PM
Saturday during Confessions 3 – 3:45 PM

St. Raphael Catholic Church

Tuesday & Thursday 8:30 AM – 9:30 AM
Wednesday 4:30 AM-5:30 PM
2nd Thursday of the month 4 PM – 8 PM
Friday 7:00 AM – 6:00 PM

St. Nicholas Catholic Church

Mon, Tues, Thurs, Fri – 8:00 AM

Why JRR Tolkien Made March 25 the Day the Ring Was Destroyed



What does this have to do with Lent? Tolkien has Frodo leaving Rivendell on Dec 25th (Good Friday) beginning his journey on Christ's birthday and ending on the date of Christ's death, March 25th (the feast of the Annunciation, the date which the angel of the Lord declared unto Mary and she conceived by the Holy Ghost – the date the Word became

which God became man, and according to tradition the date of Crucifixion. The date on which God became man and on which Christ died for our sins.

"From the Shire to Mount Doom, Frodo's path was mapped with the Church calendar in mind – a quiet testament to *Tolkien's Catholic imagination.*"

Tolkien was a life-long practicing Catholic. You'll find much of his writing reflects this. The Ring is synonymous with sin – "to rule them all and in the darkness bind them" – visible to the demonic domain, ceasing to be good and instead become miserable. By wearing the ring we are carrying the weight of sin without sinning, taking up our cross and following Christ.

Maybe this is a good time to reread **Lord of the Rings** or pick it up for the first time and explore the story. Learn more JRR Tolkien by reading his biography on *The Tolkien Society* website.

www.ncregister.com/blog



The Scrutinies are a series of three rites that take place on three consecutive Sundays during Lent.

The Gospels on the three Sundays on which the Scrutinies are celebrated teach the elect about the mystery of sin and fill them with the Spirit of Christ. Those preparing for baptism, known as the elect, undergo a period of deeper reflection and conversion. These rites are an essential part of their spiritual journey, helping them to examine their lives and grow in their commitment to Christ.



The Second Scrutiny (3/30) – *The Man Born Blind*. The key idea in Gospel and the Second Reading is turning from darkness to light, as symbolized in the healing of the man born blind. For example, examination of conscience, especially in the light of God's Word, leads to enlightenment, and thus enables people to do as St. Paul says, "Try to discover what the Lord wants of you, having nothing to do with the futile works of darkness." We call Christ "The Light of the World" and look to him for the truth we need to really understand the world, ourselves and God. We need to confess our blindness and have some humility before God if we are to be enlightened by Jesus, and not to be like the Pharisees in the story who refuse to accept the truth.

This rite is not only for catechumens but for the entire faith community. Conversion is a lifelong journey—one that continually calls us out of darkness and into God's grace. <https://stmchapelhill.org/scrutinies>

