

March 23, 2025



Daily Readings  
3rd Week of Lent

March 24

2 Kings 5:1-15ab  
Luke 4:24-30

Solemnity of the Annunciation of the Lord

March 25

Isaiah 7:10-14, 8:10  
Psalm 40:7-8a, 8b-9, 10, 11  
Hebrews 10:4-10  
Luke 1:26-38

March 26

Deuteronomy 4:1, 5-9  
Matthew 5:17-19

March 27

Jeremiah 7:23-28  
Luke 11:14-23

March 28

Hosea 14:2-10  
Mar 12:28-34

March 29

Hosea 6:1-6  
Luke 18:9-14

Fourth Sunday in Lent

March 30

Joshua 5:9a, 10-12  
Psalm 34:2-3, 4-5, 6-7  
2 Corinthians 5:17-21  
Luke 15:1-3, 11-32

<https://bible.usccb.org/bible/readings>

*Saints of the Week*

Mar 24: St. Aldemar  
Mar 18 St. Cyril of Jerusalem  
Mar 25: St. Dismas  
Mar 26: St. Margaret Clitherow  
Mar 27: St. Rupert  
Mar 29: St. Berthold  
Mar 30: St. Peter Regulatus  
Learn about their stories at:  
<https://www.org/saints/sofd.php>

**HELP REPAVE THE PARKING LOT ON  
SHC/CHANCERY GROUNDS.**

Ongoing support for SHC & Chncery paving lot project **has reached \$170,145** of \$253,500 for SHC share (67% of goal) as of 3/19/25. When completed the parking lot will be leveled and paved, parking lines painted, and entrance off Peger widened.  
<https://sacredheartak.org/giving>

# Catholic Student Association

**The Catholic Student Association (CSA) is a community of faith and caring; interested in growing and practicing our Catholic faith.**

*Our mission is to provide support for students on campus who are practicing Catholics and those wanting to learn more about the Catholic Faith. We support continuing instruction and provide the opportunity to practice their faith with support from St Mark University Catholic Parish. CSA will assist in community service activities within UAF campus, the Diocese of Fairbanks, and Fairbanks community when time allows.*

**Catholic Mass & CSA Meetings**

**Join us on Thursdays at 7:00 PM**

Room 301 in Upper Lola Tilly.

A priest arrives at 6:30 PM for students..

We understand campus schedules, so come late if necessary.  
Join us to help build a stronger community!

**CSA Officers and Advisor** can be reached at [UAF-catholic-Club@alaska.edu](mailto:UAF-catholic-Club@alaska.edu)  
[Club@alaska.edu](mailto:Club@alaska.edu) Fr. Ross Tozzi – [rtozzi@cbna.org](mailto:rtozzi@cbna.org)

Contact Mary Pat Boger in advance at [stmark@cbna.org](mailto:stmark@cbna.org).  
for rides to **5:30PM Sunday Mass at Sacred Heart Cathedral.**



**Friday Stations of the Cross During  
Lent at Sacred Heart Cathedral**  
5:30 PM Mass.

6:00 PM Stations of the Cross.

6:30 PM Simple Supper Potluck downstairs in Social Hall.

7:00 PM Stations of the Cross in Spanish.



**FRIDAY, MARCH 28, 2025**

Time: 5:00-8:30 PM

Location: Monroe Catholic High School (Illinois St.)  
Suggested Donation: \$15. (Families 4 or more \$45)

**STATIONS OF THE CROSS 5:30 PM**

Proceeds will benefit the ICC Soup Kitchen and Fairbanks Community Food Bank

## Quiz Time: Lent Q & A

### **Why do we give up meat on Fridays?**

Meat is a symbol of luxury and wealth. When you think about it, we talk about getting a job that pays enough to put meat on the table. So to abstain from meat is a sacrifice for most people, a way of doing without and living more simply.

Now of course, if you're already a vegetarian then you should seek some other form of sacrifice, abstaining from a certain food that brings you great pleasure. And of course, giving up meat is not an excuse to pig out on lobster. The idea is to eat simply.

Finally, Jesus died on a Friday and so Fridays are seen as a day of penance and that's why we abstain from meat on Fridays.

**"I shall cultivate the ground around it and fertilize it;  
it may bear fruit in the future." (Luke 13:7-9)**

We are invited to consider how God may be cultivating our hearts, preparing us for a vocation of service. Is God calling you to priesthood or consecrated life, and patiently waiting for you to respond? Talk to a priest or reach out to the Vocation Office at [rfath@cbna.org](mailto:rfath@cbna.org).

"Saint Joseph did not do extraordinary things, but rather by the constant practice of the ordinary and common virtues, he attained that sanctity which elevates him above all other saints."—St. Joseph Marello

## Neighboring Parish Mass Times

### SACRED HEART CATHEDRAL

(907) 474-9032  
Saturday Vigil: 4:30PM  
Sunday 8:00 & 11:00 AM  
Spanish Mass at 1:00 PM  
St. Mark Mass at SHC 5:30PM  
\*Weekday: Mon-Fri: 7:30am  
Sacrament of Reconciliation:  
Saturday from 3:00 to 4:00 PM  
Sunday from 12:15-12:50 (Spanish)

### IMMACULATE CONCEPTION

(907) 452-3533  
Saturday Vigil: 4:00 PM  
Latin Rite Mass 6 PM – March 8<sup>th</sup>  
Sunday: 7:30 AM, & 10:00 AM  
\*Weekday: Mon – 8:30am  
T, Th, Fri: 12:10pm,  
Wed 5:30 PM  
Sacrament of Reconciliation:  
M, Tu, Th, Fr: 11:30 AM to 12:00 PM  
Sat: 3:00 -4:00 PM

### SAINT RAPHAEL

(907) 457-6603  
Saturday Vigil: 6:00 PM  
Sunday: 9:30 AM  
\*Weekday: Tue, Th: 9:30 AM,  
\*Wed 5:30 PM,  
Fri: 6:00 PM  
Sacrament of Reconciliation:  
Sat: 5:00 – 5:30 PM

### SAINT NICHOLAS, NORTH POLE

(907) 488-2595  
Saturday Vigil: 5:00 PM  
Sunday: 9:00 & 12:00 PM  
\*Weekdays: Mon, T, Th, Fri: 9:00 AM  
Wed 7 PM  
Sacrament of Reconciliation:  
Wed: 6:00 PM & Sat: 4:00 PM

**Ft. Wainwright Southern Lights Chapel**  
Sunday: 9:00 AM

**Eielson Air Force Base Chapel**  
Sunday 10:00 AM

### Adoration

**Sacred Heart Cathedral**  
Thursday 8 AM – 12 Noon  
Saturday 3 PM – 4 PM

**Immaculate Conception Church**  
Tues, Wed, Thurs 6 PM – 7 PM  
Friday Nocturnal Adoration 7PM-7AM  
Saturday 3 PM – 3:45 PM  
Saturday during Confessions 3 – 3:45 PM

**St. Raphael Catholic Church**  
Tuesday & Thursday 8:30 AM – 9:30 AM  
Wednesday 4:30 AM-5:30 PM  
2<sup>nd</sup> Thursday of the month 4 PM – 8 PM  
Friday 7:00 AM – 6:00 PM

**St. Nicholas Catholic Church**  
Mon, Tues, Thurs, Fri – 8:00 AM

## THE SACRAMENT OF RECONCILIATION (Confession)



Reconciliation is one of the seven sacraments in the Catholic Church -- sacrament of grace. In Reconciliation, the priest listens, offers guidance, and forgives our sins in Jesus' name. This is a powerful gift from God, showing us his love and mercy for us.

Reconciliation is important because it brings us closer to God. Sin separates us from Him. But in Reconciliation, we ask for forgiveness and receive it. We are healed and made new again. Regular confession helps us stay strong in our faith. It helps us grow spiritually and avoid sin in the future.

This sacrament is not just about admitting what we did wrong. It is also about finding peace in Jesus. We bring Him our struggles and weaknesses. We meet Him in our brokenness, and He lifts us up. Reconciliation gives us a chance to start fresh. It reminds us of God's mercy and His desire to help us be better.

Receiving this sacrament often makes a difference. It helps us see the habits that lead us away from God. It helps us change for the better, one step at a time. Each time we confess, we open our hearts to God's grace. It's not just a duty— it's an invitation to grow closer to Jesus.

Lent prepares us for Jesus' death and resurrection at Easter and calls us to reflect on our lives and grow closer to God. Reconciliation helps us do this. It allows us to clear our hearts and make room for Jesus.

Lent is a time of repentance. It lasts 40 days and reminds us of Jesus' time in the desert. It is a time to turn away from sin and turn back to God. Confession during Lent helps us repent. It helps us reflect on Jesus' sacrifice for our sins. It helps us understand how much He loves us.

<https://young-catholics.com/843/sacrament-of-reconciliation-confession/#season>



### The Seven Sundays of **St. Joseph Devotion:**

1. The doubt of St. Joseph when Mary conceived, followed by his consolation at the message of the Archangel Gabriel.
2. The poverty of Jesus' birth, followed by the knowledge that the Savior had been born.
3. Seeing the precious Blood spilled in Jesus' circumcision, followed by being the one to give the child the Holy Name of Jesus.
4. Hearing the prophecy of Simeon, followed by the knowledge that the world would be redeemed by this child.
5. The flight into Egypt, followed by the overthrow of the Egyptian idols.
6. The return from Egypt, followed by life with Jesus and Mary.
7. Losing Jesus in Jerusalem, followed by finding him in the temple.

<https://bustedhalo.com>

