



ST. MARK UNIVERSITY CATHOLIC PARISH

The Catholic Community of University of Alaska, Fairbanks

PO Box 750166 Fairbanks, AK 99775-0166

Email: stmark@cbna.org Webpage: stmarksuaf.org

November 29, 2020 1st Sunday of Advent B

During Advent at 4:30pm - Evening Prayer
will be sung before **St. Mark's 5:30pm Mass**
at Sacred Heart Cathedral.

God's Faithfulness

Isaiah 63: 16b-17; 64:2-7 Prayer for the Return of
God's Favor

Psalms 80:2-3, 15-16, 18-19

1 Corinthians 1:3-9 Thanksgiving

Mark 13:33-37 Need for Watchfulness

Pastor: Fr. Robert Fath

Ph. 907-374-9504 Email: rfath@cbna.org

Parish Administrator: Mary Pat Boger

St. Mark: Ph. 907-374-9564

Email: stmark@cbna.org

Website: <http://www.stmarksuaf.org>

Office Hours: Tues-Fri: 10am – 12noon.

Bookkeeper: Marilis Bennett Ph. 907-590-9291

Music Director: George Stefan Ph. 907-978-6953

Reconciliation: Confessions at SHC, Sat. 3 -4pm.

Sacraments & Becoming Catholic:

Contact Mary Pat Boger at stmar@cbna.org

Vocations: See Fr. Robert Fath

Parish Council: Meets 2nd Sun/month after Mass

Parish Council: Cynthia Klepaski, John Fox, Marilis
Bennett, Ritchie Musick, Jen & Sean Tucker.



Holy Father's Prayer Intentions - November 2020: Artificial Intelligence

We pray that by the progress of robotics
and artificial intelligence may always serve
mankind.

Anointing of the Sick – If you or a family member
are sick, going into the hospital, or a nursing home –
please contact Fr. Robert Fath or Mary Pat Boger if
you wish to be included in our special intentions,
prayers or wish to receive communion or a visit.

Welcome to our parish! A warm welcome to all our
visitors. We support Catholic Students attending UAF.
Due COVID protocols, Sacred Heart Cathedral is our
temporary home. If you wish to make St. Mark
University Catholic Parish your home, please register by
contacting Mary Pat Boger @ stmark@cbna.org .

November 29th Songs for Sunday:

23 People, Look East

31 Waiting in Silence

536 Abba! Father

39 The Advent of Our King



Advent Retreat Nov 30-Dec 3

Join the local priests of the diocese for an **Advent retreat**
focusing on exploring the four last things: *Death,*
Judgement, Heaven and *Hell*. Each evening at **Sacred**
Heart Cathedral at 6:30pm, the homily for Mass will
focus on our preparation for the coming of the Lord at the
end of time as we prepare ourselves to celebrate the coming
of the Lord at Christmas. If you can't make it in person,
go to <http://dioceseoffairbanks.org/joomla/> where you can
attend virtually.

To Pray and Promote

To Praise and Thank

We ask that You

Consecrate 33 Days to Prayer

(Reading Fr. Gaitley's book each day meditating on the
mysteries of Jesus through the intercession of Mary.)

Beginning on November 29

First Sunday of Advent

Till

December 31 Vigil of

Mary Mother of God

Theotokos

**For Peter and Dominik as they prepare for their
Diaconate Ordination**

January 1, 2021

7:00 PM at Sacred Heart Cathedral

The Catholic community is encouraged to support ICC
Soup Kitchen by participating in the **Soup Kitchen**
Advent Calendar. A copy has been posted at
www.stmarksuaf.org. SHC and St. Mark parishioners are
asking households to fill a box during Advent from the
countdown calendar and help bring warmth to others.
Donations can be brought in weekly or after Christmas to
Sacred Heart Cathedral. Involve the household family and
support the mission. Immaculate Conception, St. Raphael
and St. Nick's have been issued similar calendars to help
fulfill the needs of the ICC program. Thank You.
Questions? Contact - Nick Shamrell
iccsoupkitchen@cbna.org

Catholic Student Association

We are a community of faith and caring.

St. Mark University Catholic Parish Mass is held 5:30pm Sunday at Sacred Heart Cathedral.

RIDES PROVIDED BY CSA: Contact Mary Pat Boger (907-374-9564) to arrange a ride to attend off campus Mass and Catholic activities. Check parish websites for activities. <http://www.stmarksuaf.org>.

UAF COVID Updates:
<https://sites.google.com/alaska.edu/coronavirus>

GOOD STEWARDSHIP FOR STUDENTS.

Begin and end each school day with prayer. When you awake, offer the day and all your efforts of the day to God, and then when the day is over, spend time with God reflecting on how you succeeded and how you failed as a good steward and disciple of Jesus. Allow God to walk with you throughout your day by creating bookends. *LPi Tracy Earl Welliver, MTS*

Stewardship Moment for Nov 29, 2020

“Take heed, watch and pray; for you do not know when the time will come.” -MARK 13:33

We all take things for granted. In particular, we take time for granted. We make our lives too busy. We plan our time, our days, weeks, months, even years in advance. Remember, our time on earth is a gift. None of us knows how long we will be here. Start today and begin thanking God through your Stewardship for each and every day. Take time in silence, every day, and listen to how God is calling you right now to help build His kingdom on earth.

ST. MARK PARISH NEWS

Our order of Advent Calendars and Candles did not arrive before Thanksgiving. Pictures will be posted on our webpage when they come in. Please view and contact Mary Pat at stmark@cbna.org with your choice and we will set it aside and contact you. There are still some small calendars and a few candles sets that will be available at the 5:30pm Mass this weekend (11/29). Thank you for your patience! *A small donation would be appreciated to help defray costs in picking up more supplies for 2021 by shopping sales after the holidays!*

Please participate in #iGIVECATHOLIC Tuesday. Help our diocese with much needed funding on projects listed on the front page of our website www.stmarksuag.org. If you can please donate!

NEIGHBORING PARISHES NEWS

Dec. 8th Ordination of the Permanent Diaconate for Warren Lucero at 7pm at Sacred Heart Cathedral

Advent Reconciliation Services

Each service will be 2 hours in length with Adoration only so people can come and go

- **Dec 9 6:30pm Mass at SHC - Confessions 7-9pm**
- **Dec 15 7:00-9:00pm Confessions at St. Raphael**
- **Dec 16 7-9pm Confessions at St. Nicholas**

SPIRITUAL COMMUNION

It's important to recall that, although our obligation to attend Mass might be dispensed, we are never dispensed from honoring the Third Commandment to “keeping holy the Sabbath.” Sunday remains to be set apart as another opportunity to grow in communion with the Lord. When we are unable physically to attend Mass, we may consider the practice of “spiritual communion” — an act to which the saints have given a consistent witness.

St. Jean-Marie Vianney (1786-1859), the famous country priest from Ars, France, once said “when we feel the love of God growing cold, let us instantly make a spiritual Communion. When we cannot go to the church, let us turn towards the tabernacle; no wall can shut us out from the good God.” <https://www.osvnews.com/2020/03/14/the-why-and-how-of-making-a-spiritual-communion/>

For those in the “at risk group” and have been quarantining because of COVID-19 think about going to a mass in the middle of the week at Sacred Heart Cathedral. Numbers are low and with masks, distancing and other safe practices you would be safer than when grocery shopping.

My Jesus, I believe that You are present in the Most Blessed Sacrament.

***I love You above all things,
and I desire to receive You into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.***

***I embrace You as if you were already there,
and I unite myself wholly to You.***

Never permit me to be separated from You.

(Saint Alphonsus Liguori)

YOU KNOW, I WAS HOPING THAT A NEW CHURCH YEAR WOULD BRING A CHANGE OF TONE, BUT THIS READING IS AS APOCALYPTIC AS LAST WEEK'S WAS!



WWW.AGNUSDAY.ORG

IT'S ADVENT. WE ARE PREPARING FOR THE RETURN OF CHRIST.



WHEN HE COMES... WILL WE BE ABLE TO HUG PEOPLE AGAIN?



MARK 13:24-27

© WETZSTEIN 20-11-25



The Advent Wreath is an old German tradition which has become custom rich in meaning and simple to implement. The traditional wreath is circular, made of evergreens with purple and pink bows at the base of each candle, and placed on a table. Many in Alaska with limited space take a short birch log, level the bottom and drill 4 holes for the candles and add greens. The candles represent the penitential nature of the season – **3 purple and 1 pink – hope, love, joy (pink candle) and peace. Purple represents the color of kings and of penance. The rose-colored candle represents a time to rejoice over the closeness of Christmas and the coming of Christ. Some use a 5th candle (white) in the center which is known as the “Christ” candle.** They are lighted successively in the weeks of Advent symbolizing the light that the birth of Christ brought into the world. Many households add their “touch” – Christmas flowers, ornaments, bows, etc. Keep your family tradition going for the next generation! Advent is the joyful awaiting of Christ’s arrival with an element of penance. Set your wreath up and start lighting on Sunday (11/29).

Gather around the wreath today(11/29) to light the candles and say the following prayer:

“O, Lord, stir up Thy might, we beg Thee, and come, That by Thy protection we may deserve to be rescued from the threatening dangers of our sins and saved by thy deliverance. Through Christ our Lord. Amen.”

SACRAMENTAL IMPORTANCE OF ANOINTING OF THE SICK

The Rite of Anointing tells us there is no need to wait until a person is at the point of death to receive the Sacrament. A careful judgment about the serious nature of the illness is sufficient. The Sacrament may be repeated if the sick person recovers after the anointing but becomes ill once again, or if, during the same illness, the person’s condition becomes more serious. A person should be anointed before surgery when a dangerous illness is the reason for the intervention.

When someone is sick or very old and may pass away soon, a priest will go to that person and anoint them. This forgives all the sick person’s sins and prepares her or him for their time to pass on. God brings strength, peace, and encouragement to those suffering during the last moments of their lives.

Moreover, “old people may be anointed if they are in weak condition even though no dangerous illness is

present. Sick children may be anointed if they have sufficient use of reason to be comforted by this sacrament...[The faithful] should be encouraged to ask for the anointing, and, as soon as the time for the anointing comes, to receive it with faith and devotion, not misusing the sacrament by putting it off”.

Only bishops and priests may be ministers of the Sacrament of the Anointing of the Sick. A penitential rite followed by the Liturgy of the Word opens the celebration. Scripture awakens the faith of the sick and family members and friends to pray to Christ for the strength of his Holy Spirit. The priest lays his hands on the head of the sick person. He then proceeds to anoint, with the blessed Oil of the Sick, the forehead and hands of the sick person (in the Roman Rite). He accompanies these acts with the words “Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up” (CCC, no. 1513).



For those who are about to depart from this life, the Church offers the person Penance, Anointing of the Sick, and the Eucharist as *Viaticum* (food for the journey) given at the end of life. These are “the sacraments that prepare for our heavenly homeland” (cf. CCC, no. 1525). These rites are highly valued by Catholics as powerful aids to a good death. Since Holy Communion is the effective sign of Christ’s Paschal Mystery, it becomes for the recipient the opportunity to unite one’s own suffering and dying to that of Christ with the hope of life eternal with him. The special words proper to *Viaticum* are added: “May the Lord Jesus protect you and lead you to everlasting life. Amen.” Read more from the *United States Catholic Catechism for Adults* at the [United States Conference of Catholic Bishops website](http://www.usccb.org/USCCB/CatholicBishops).

Prayer to Saint Michael the Archangel

*Saint Michael the Archangel,
defend us in battle.
Be our protection against the wickedness and
snares of the devil;
May God rebuke him, we humbly pray;
And do thou,
O Prince of the Heavenly Host,
by the power of God,
thrust into hell Satan
and all evil spirits
who wander through the world
for the ruin of souls. Amen.*

NEIGHBORING PARISH MASS SCHEDULES

Go to Catholic Bishop of Northern Alaska Website to see recorded and life-streamed masses and parish websites:

<http://dioceseoffairbanks.org/joomla/>

Sacred Heart Cathedral 474-9032

Saturday Vigil: *4:30pm (*=Live Streamed)

Sunday: 8:00 & *11:00am

Sunday Spanish Mass: 1:00pm

St. Mark Sunday Mass: 5:30pm

Daily Mass: Mon-Fri 7:30am

Thursday *7:00pm

Confessions Heard: Sat 3:00-4:00pm

Adoration of Blessed Sacrament: Thu: 8am-12noon

<https://www.sacredheartak.org/>

Immaculate Conception 452-3533

***All masses are live streamed.**

Saturday Vigil: 4:00pm

Sunday: 7:30am, 10:00am

Mon, Tues, Thurs, Fri Mass: 12:10pm

Wed: 5:30pm, followed by Adoration & Confession

<https://iccfairbanks.org/>

<https://www.facebook.com/ICCFairbanks>

Saint Raphael 457-6603

Saturday Vigil: 6:00pm

Sunday: 9:30am – (Inside Church)

Weekday: Tues, Thurs Mass 9:30am; Wed 5:30pm

<https://www.straphaelfairbanks.org/>

Saint Nicholas, North Pole 488-2595

Sign up required to attend for Weekend Masses.

<https://signup.com/go/ZjtAQHb>

Saturday Vigil: *5:00pm – *Specifically for the Elderly and Vulnerable*

Sunday: 9:00am, 12:00pm

Weekday: Mon, Tue, Thu, Fri 8:45am Prayer & Mass;

*Wed 6pm Mass & Adoration w/Rosary

<http://www.stnicholasnp.org/>

Special Prayer Intentions: Pope Francis, Bishop Chad, Fr. Robert Fath and all priests who are serving in our Diocese. For all our parishioners unable to attend Mass in person. Those working as public servants- police, firefighters and medical personnel. A special prayer of thanks for those who work in retail during the holidays – may they have patience, good humor and good health; may we treat them with respect and patience during the busy holiday season. For the repose of our departed brothers and sisters.

Connecting the Gospel...

... **to the First Reading:** Both the first reading and second readings affirm God's utter faithfulness in gifting us with "the revelation of our Lord Jesus Christ," "awesome deeds we could not hope for," and continued loving care: God delivers us from guilt and sin and enriches us in every way in Christ. ... **to experience:** When we have expectations, we are watchful and alert; without expectations, we easily become faint and lackluster. This Sunday's gospel reminds us that if we want to be watchful and alert for Christ's coming, we must develop heightened expectation for God's continuing gift of divine Presence. <https://liturgy.slu.edu>

Parish Support

Thank you for your ongoing support of for our mission!

For the Week ending Nov. 22, 2020

Total: \$ 852.00

Checks: \$ 610 /Cash \$ 82/WeShare \$ 160

Year to Date (7/1/20-6/31/21): \$ 20,921.05

Donations can also be made by Mail or Online:

*St. Mark UAF Catholic Parish PO Box 750166, Fairbanks, AK 99775-0166 or *St. Mark's UAF Parish website www.stmarksuaf.org - click on "WeShare".

ITEMS USED AT MASS



Book of the Lectionary: This book contains the scripture readings for Mass. It is kept on or near the ambo where the Lectors use it for the first and second readings

PRAYER FOR VOCATIONS IN OUR DIOCESE

*Loving Jesus,
We ask you to send more servants to your people.
Choose from our parishes, from our homes, from
our schools and colleges,
An abundant harvest of apostles for your Kingdom
Here in Alaska: priests, sisters, brothers, deacons
and lay ministers.*

*We pray that those you call may never lose
awareness of the dignity and need of their
vocation.*

*O Virgin Mary, Mother of the Church,
Teach to all those the Master calls to say a joyful
"yes", as you did at the Annunciation.*

Diocesan Vocations Director Fr. Robert Fath can be reached at vocations@cbna.org.