



ST. MARK UNIVERSITY CATHOLIC PARISH

The Catholic Community of University of Alaska, Fairbanks

PO Box 750166 Fairbanks, AK 99775-0166

Email: st.mark@cbna.org Webpage: stmarksuaf.org

July 19, 2020 – 16th Sunday Ordinary Time

**5:30pm ST. MARK MASS
AT SACRED HEART CATHEDRAL**

Overcoming Weakness

Wisdom 12:13, 16-19 *On God's Mercy*

Psalms 86:5-6, 9-10, 15-16

Romans 8:26-27 *The Intercession of the Spirit*

Matthew 13:24-43 *The Parable of the Weeds*

Pastor: Fr. Robert Fath

Ph. 907-374-9504 Email: vg@cbna.org

Parish Administrator: Mary Pat Boger

St. Mark: Ph. 907-374-9564

Website: <http://www.stmarksuaf.org>

Office Hours: Tues-Fri: 10am – 12noon.

Bookkeeper: Marilis Bennett Ph. 907-590-9291

Music Director: George Stefan Ph. 907-978-6953

Reconciliation: Confessions at SHC, Sat. 3 -4pm.

Sacraments & Becoming Catholic: Please contact Fr. Robert Fath or Mary Pat Boger.

Vocations: See Fr. Robert Fath

Parish Council: Meets 2nd Sun/month after Mass

Parish Council Members: Cynthia Klepaski, John Fox, Marilis Bennett, Ritchie Musick, Jen & Sean Tucker.

Parish News: Deborah House exterior painting began July 14th. Weather will be the determining factor on when it is finished. We are currently seeking bids on a new roof and 3 windows for 2021 summer maintenance projects.



Holy Father's Prayer Intentions for July 2020:

Our Families:

We pray that today's families may be accompanied with love, respect and guidance.

Stewardship for July 2020

July 12: \$ 1,259.25

(Checks-\$770/Cash \$289.25/WeShare \$300)

**Thank you for your generous
& continued support!**

Donate electronically with WeShare found on our website: www.stmarksuaf.org.

New COVID-19 Protocols

1. Singing at Mass will be suspended until further notice due to the increase in COVID-19 in the Fairbanks area.
2. The Entrance and Communion Antiphons will be used and regularly sung Mass parts will be spoken.
3. We strongly encourage parishioners to receive in the hand for Communion.
4. We strongly encourage social distancing, wearing masks when unable to keep distance and staying home if you are not feeling well.
5. Please report if you find yourself with confirmed case of COVID-19 and attended Mass prior to confirmation.

Commentary for the Readings in the Extraordinary Form: Seventh Sunday after Pentecost

"Every tree that does not bear good fruit is cut down and thrown into the fire. . .

. . .Not everyone who says to Me, 'Lord, Lord', . . .but he who does the will of my Father. . .shall enter the kingdom of heaven" (Gospel).



The Introit is a call to the tongue to pray in a "voice of joy;" a call also to action: "Clap your hand." In early ages this signified not only to praise a person by the tongue, but to work for him with the hands. If all the tree's life goes into "wagging" leaves, how can there be any fruit?

Not so much what one "says" about the Lord, but how he "does" His "Will," is what brings forth "good fruit" (Gospel). Deeds, not mere words, are acceptable to God; acceptable to neighbor also. Example is the best precept.

The final fruit of sin is "death;" the fruit of "justice" is "life everlasting" (Epistle). The Holy Eucharist is the "health-giving" (Postcommunion) Fruit of Calvary, our antidote against the poison-laden Dead-Sea fruit of the world, the flesh and the devil. Excerpted from *My Sunday Missal*, Confraternity of the Precious Blood

Focusing the Gospel

Key words and phrases: The kingdom of heaven is like, Do you want us to, when full-grown, leavened, what has lain hidden, children of the kingdom, end of the age

To the point: “The kingdom of heaven is like ...” Jesus uses three comparisons to explain this mystery of God's Presence and reign. The first parable speaks of discernment; the second of full growth; the third of transformation. In this is the realization of the kingdom of heaven: our discerning God's will, our growing into full stature as “children of the kingdom,” opening ourselves to being transformed into those remaining faithful until “the end of the age.” The way we live reveals God's “mastery over all things” ([First Reading](#)) and that we have become “what has lain hidden from the foundation of the world.”

Working with the Word <https://liturgy.slu.edu>

See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.”

~ Psalm 54 (53): 6,



The Catholic bishops of the United States are pleased to offer once again to the Catholic faithful [Forming Consciences for Faithful Citizenship](#), their teaching document on the political responsibility of Catholics. This statement represents guidance for Catholics in the exercise of their rights and duties as participants in our democracy. Please take a moment to read this framework to help in making responsible Catholic choices when voting. Become a faithful Catholic and American citizen with rights and duties as participants in the civil order.

I THINK THEY SHOULD TAKE CARE OF THAT INFESTATION OF SIN & EVIL BEFORE IT GETS TO BE A REAL PROBLEM!



WWW.AGNUSDAY.ORG

YOU KNOW THAT "SIN & EVIL" IS ALSO PRESENT IN YOU?



HEY NOW! LET'S NOT GET ALL JUDGY ABOUT IT!!



MATTHEW 13:24-30&36-43



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Liturgy Matters #33

The priest has led this whole prayer, speaking in the name of the Church, acting in the person of Christ. To all that Christ has done, to all that is happening, the assembly cries out a resounding Amen. This is the biggest Amen of the Mass and so is the biggest Amen in the world. This Amen never ends; it is eternal as it echoes around the globe, echoes throughout the centuries, and echoes in the halls of heaven.

After the Great Amen that closes the Eucharistic prayer, the whole assembly is on its feet because it has been carried by this prayer into the very presence of God and into its future in Christ. Hidden in the image is the assembly standing with Christ in heaven before the throne of God. Now begins another unit of the Mass referred to as the communion rite. It begins with the Lord's Prayer.

The Lord's Prayer is an invocation of God by a name that is possible for us to call Him only through our communion in the sacrifice of Christ: the name “Father.” It is important for us to remember that Jesus gave us this prayer as a way of healing with the Father. In a very real sense, the Lord's Prayer is a formula for healing. Praise + Forgiveness = Healing.

Following the Lord's Prayer is the Sign of Peace. This is a ritual exchange, not a practical greeting. By means of the set phrase, “Peace be with you,” and a gesture which signifies our love for one another in Christ, we are playing out yet another dimension of communion; namely, our being joined together as one body in Christ. We who have just said together to God, “Our Father,” in consequence now turn to one another and say, “Brother” and “Sister.” We who have just prayed, “Forgive us as we forgive,” turn to one another with this sign of reconciliation among ourselves.

The third part of the communion rite consists of the “Breaking of the Bread.” This is the most ancient term by which Christians called the Mass. Here we sing, “Lamb of God,” and are addressing Jesus himself by this title. He is our Passover Lamb whose body has been sacrificed, whose blood has been poured out for the forgiveness of our sins. This hymn is the same song sung eternally in the feast of heaven which the apostle reported in the book of Revelation: “As my vision continued, I heard the voices of many angels who surrounded the throne and the living creatures and the elders.

Catholic Student Association

We are a community of faith and caring.

Reach Out and Help Others. Students will be returning to a “new environment” on campus. New Student Orientation is schedule for August 21-22, 2020. The following is UA current status guide: <https://sites.google.com/alaska.edu/coronavirus/> Fall Orientation will be fully online, with some events in-person. On campus activity will follow social distancing practice.

Students have asked for help in finding housing near campus for the year. If you know of anything, please let Mary Pat know so she can forward the information to interested students.

Campus Ministry: Part of St. Mark’s purpose is to help students find what opportunities are available on and off campus to help them grow in faith, gain knowledge and experience and prepare to be a leader. CSA helps students meet and support each other take advantage of these opportunities. Fall 2020 Semester presents a new challenge for UAF, students and St. Mark. *Please keep our ministry in your prayers and let us know if you hear of opportunities for students!*

Act of Spiritual Communion

My Jesus, I believe that you Aare present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, Come at least spiritually into My heart. I embrace You as if You have already come and unite myself wholly to You. Never permit me to be separated from You. Amen



Special Prayer Intentions for: Bishop Chad; priests, religious, deacons and seminarians serving in Alaska; repose of the soul of Peggy Birkenbuel; health of Ben Orr, Robin Eagan, and Gail Riedman. Remember those who care for the housebound and sick; Pray for the success of school opening of UAF and area school for the new school year; and let us pray for members of St. Mark. *Please send prayer requests to uaf.stmark@gmail.com*

Stewardship Moment

“The kingdom of heaven may be likened to a man who sowed good seed in his field...He who sows good seed is the Son of Man, the field is the world, the good seed the children of the kingdom.” - MATTHEW 13:24, 37-38

As children of God, we are all “good seeds”. We are blessed by God with the potential to accomplish much good in the world. We fulfill God’s plan when we spend time in prayer every day, use our skills to help others and share our financial gifts to help build God’s kingdom on earth. Through our example of gratitude and generosity we sow “good seeds” on earth and ultimately help each other get to Heaven

Courage & Encourage Annual Conference

Courage International, Inc. is an apostolate of the Catholic Church which offers support to persons experiencing SSA who have chosen to live a chaste life. They have celebrated four decades of pastoral care, fellowship and prayerful mutual support. Courage & Encourage Annual Conference is being held July 25-26, 2020 online – Check out the site and register to participate if interested: <https://couragerc.org/conference2020/>

July 19-25 is National Natural Family Planning Awareness Week!

Natural Family Planning (NFP) methods represent authentic family planning. NFP makes use of periodic abstinence...in order to space births or to limit the number of children when there is a serious reason to do so...this practice fosters in couples an attitude of respect and wonder in the face of human life, which is sacred. It also fosters profound respect for one’s spouse, which is necessary for...authentic intimacy. (*Marriage: Love and Life in the Divine Plan, U.S. Conference of Catholic Bishops, 2009, p. 20*).

<http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/awareness-week/index.cfm>

High School Youth Group

Sacred Heart invites all high school youth in the Fairbanks area to attend weekly events this summer including a hiking trip, bonfire, and other activities. Check Sacred Heart Youth Ministry page on Facebook for more up-to-date information.

Cathedral Food Box Volunteers Needed

Volunteers are needed to help distribute food boxes Friday afternoons between 12 and 1pm at Sacred Heart Cathedral. Work includes unloading boxes from the Food Bank truck when it arrives, then help load boxes into vehicles as they come to pick up groceries. For questions or to offer help, call SHC at 44-9032 and ask for Ann, or email ann@cbna.org.

ICC Soup Kitchen

Donate time, talent, or money. The ICC Soup Kitchen depends on all 5 parishes on helping with volunteers and donations! They need all our help to make this work. **Volunteers are needed during these hours:** Tuesday 10:00 AM —2:00 PM
Wednesday 10:00 AM —2:00 PM
Thursday 9:00 AM —1:00 PM
Friday 9:00 AM—1:00 PM
Saturday 10:00 AM —1:00 PM
Sunday 10:00 AM —1:00 PM
Items needed: Cheese Sticks, Sliced Cheese, Granola Bars, Mixed Fruit Cups, Cakes/Cookies, and Desserts. (*If you are unable to shop— contact Mary Pat and she will work with ICC and shop once a week for these items.*) ICC is also accepting winter gear clothing and summer: Boots, Wool Socks, Scarfs, Hats, Gloves, Gaiters, Hoodies, Raingear, Light and Heavy Sweaters.

All Staff, Clergy, and Volunteers must go thru the Safe and Sacred online training, found here: <http://dioceseoffairbanks.org/joomla/index.php/safe-environment/training>

Check out Diocese of Fairbanks Website for current news, letters from Bishop Chad, calendar of events, seminarian news and specific needs in our rural parishes. <http://dioceseoffairbanks.org/joomla/>

St. Michael the Archangel,

Defend us in battle,
be our protection against the wickedness and snares of the devil.
May God rebuke him we humbly pray;
and do thou, O Prince of the Heavenly host,
by the power of God, cast into hell Satan
and all the evil spirits who prowl about the world
seeking the ruin of souls. Amen

NEIGHBORING PARISH MASS TIMES

Check websites of parishes for parish news and activities of interest.

Sacred Heart Cathedral

Saturday Vigil: 4:30pm (Live Streamed)

Sunday: 9:00 & 11:00am

Sunday Spanish Mass: 1:00pm

Daily Mass: Mon-Fri 7:30am

Confessions Heard: Sat 3:00-4:00pm

Adoration of Blessed Sacrament: Thu: 8am-12noon

<https://www.sacredheartak.org/chs/>

Immaculate Conception 452-3533

Saturday Vigil: 4:00pm

Sunday: 7:30am, 10:00am

Mon, Tues, Thurs, Fri Mass: 12:10pm

Wed: 5:30pm, followed by Adoration & Confession

<https://iccfairbanks.org/>

Saint Raphael 457-6603

Saturday Vigil: 6:00pm

Sunday: 9:30am - Outside in Parking Lot

Weekday: Tues, Thurs Mass 9:30am; Wed 5:30pm

<http://straphaelfairbanks.org/>

Saint Nicholas, North Pole 488-2595

Sign up required to attend for Weekend Masses.

<https://signup.com/go/ZjtAQHb>

Saturday Vigil: 5:00pm – Specifically for the Elderly and Vulnerable

Sunday: 9:00am, 12:00pm

Weekday: Mon, Tue, Thu, Fri 8:45am Prayer & Mass (**Weekday Masses are Live Streamed**)

Weekday: Wed 6pm Mass & Adoration w/Rosary

<http://www.stnicholasnp.org/>