



# ST. MARK UNIVERSITY CATHOLIC PARISH

The Catholic Community of University of Alaska, Fairbanks

PO Box 750166 Fairbanks, AK 99775-0166

Email: [st.mark@cbna.org](mailto:st.mark@cbna.org) Webpage: [stmarksuaf.org](http://stmarksuaf.org)

July 12, 2020 – 15<sup>th</sup> Sunday Ordinary Time

## Seeds of Faith

Isaiah 55:10-11 *Triumph of God's Word*

Psalms 65:10, 11, 12-13, 14

Romans 8:18-23 *Destiny of Glory*

Matthew 13:1-23 *Parable of the Seed*

**Pastor:** Fr. Robert Fath

Ph. 907-374-9504 Email: [vg@cbna.org](mailto:vg@cbna.org)

**Parish Administrator:** Mary Pat Boger

**St. Mark:** Ph. 907-374-9564

**Website:** <http://www.stmarksuaf.org>

**Office Hours:** Tues-Fri: 10am – 12noon.

**Bookkeeper:** Marilis Bennett Ph. 907-590-9291

**Music Director:** George Stefan Ph. 907-978-6953

**Reconciliation:** Confessions at SHC, Sat. 3 -4pm.

**Sacraments & Becoming Catholic:** Please contact Fr. Robert Fath or Mary Pat Boger.

**Vocations:** See Fr. Robert Fath

**Parish Council:** Meets 2<sup>nd</sup> Sun/month after Mass

**Parish Council Members:** Cynthia Klepaski, John Fox, Marilis Bennett, Ritchie Musick, Jen & Sean Tucker.

**Parish News:** A donation of \$400 was made on behalf of St. Mark Parish to ICC Soup Kitchen in June for the 2019-2020 fiscal year in the amount of \$400. Deborah House exterior painting begins this week.



**Holy Father's Prayer Intentions for July 2020:**

**Our Families:**

We pray that today's families may be accompanied with love, respect and guidance.

## Stewardship for July 2020

July 5: \$ 1,650.00

*Thank you for your generous & continued support!*

To donate electronically you'll find WeShare on our website: [www.stmarksuaf.org](http://www.stmarksuaf.org). Donations received after June 30<sup>th</sup> are shown on July 5<sup>th</sup> numbers.

## ST. MARK MASS AT SACRED HEART CATHEDRAL

**St. Mark Mass Sunday 5:30pm at SHC**

Music for July 12<sup>th</sup> Mass:

311 Table of Plenty

354 Seed, Scattered and Sown

308 Come to the Feast

538 All Creatures of Our God and King

## Message from Bishop Chad Zielinski

**Coronavirus Update #6:** General Dispensation from Sunday obligation is no longer in effect except for those who are *considered high risk or living in communities with stricter protocols*. This exception will remain in effect until further notice.

Please read Bishop Chad's letter in full on our website <http://www.stmarksuaf.org/>

The continued protocols for Mass attendance are:

- stay six feet apart from non-household members;
- wash hands frequently;
- sanitize and clean high touch surfaces frequently;
- stay home if you are sick, and get tested for COVID-19 if you have symptoms;
- wear a face covering in public places when near others; and
- be mindful and respectful to those Alaskans that are most vulnerable to this virus, including
- Alaska's senior population and those with existing health conditions.



Margaret "Peggy" Ann Birkenbuel went to heaven peacefully on July 4, 2020 in Montana. She was an active member of the Fairbanks community: St. Mark's, St. Raphael's, UAF Hockey program, Fairbanks Food Bank, Boy Scouts, Senior Games, Art community and much more. A funeral Mass was celebrated July 8 A memorial service will be held in Fairbanks at St. Raphael Catholic Church at a later date. Share a memory about Peggy with her family and keep them in your prayers.

<http://www.brundagefuneralhome.com/> .



The Catholic bishops of the United States are pleased to offer once again to the Catholic faithful [\*Forming Consciences for Faithful Citizenship\*](#), their teaching document on the political responsibility of Catholics. This statement represents guidance for Catholics in the exercise of their rights and duties as participants in our democracy. Please take a moment to read this framework to help in making responsible Catholic choices when voting. Become a faithful Catholic and American citizen with rights and duties as participants in the civil order.

**Connecting the Gospel ...**

**... to the First Reading:** The First Reading gives us confidence that God's "word shall ... achieve the end for which [God] sent it." The end is that we produce fruit.

**... to experience:** Every year farmers sow seed in hope of a harvest, knowing full well that drought, storm, insects, etc., can bring it all to ruin. But it is the hope of a harvest—no matter how abundant—that warrants the effort.

Working with the Word <https://liturgy.slu.edu>



**July 14 is the Memorial of St. Kateri Tekakwitha.** Although our Catholic Student Association Chapel is gone, this is the name that it was given and the center for our student gatherings where St. Mark reached out to serve Catholic students on campus. Please take a moment to read more about her life and remember our UAF community who we serve. <https://www.catholicculture.org/culture/library/view.cfm?recnum=5963>

**CBNA Safe Environment Training**

The Diocese of Fairbanks Chancery Safe Environment Coordinator is offering Safe and Sacred as an at-home training program for parents to use with their children which covers many of the safety rules our Diocese encourages - <https://safeandsacred-fairbanks.org/>. There is a separate login for parents only on the login page. Get more details from St. Mark's webpage (<https://stmarksuaf.org>) under the tab "Letter."

**Liturgy Matters #32**

Communion with one another is an essential part of God's plan; and having designed salvation with this shape, God surely is teaching us and causing us to participate in the tremendous regard He has for us, His tremendous love toward us. We are made of double communion. Saint Augustine expresses it with utter precision, when he says, "The true peace of rational creatures, which is the only peace of the heavenly city, consists in a perfectly ordered and harmonious enjoyment of God and one another in God." Enjoyment of God and of one another in God—this enjoyment is already tasted in the Eucharistic feast.



Another name for this is praise. There is also a technical term, based on Greek, which is doxology. A sense of doxology or praising and glorifying God has run through the Eucharistic prayer from the very start. In fact, in the preface and the angelic hymn the notion of doxology was very much to the fore, even if the term was not used yet. But there is a specific part of the Eucharistic prayer that is called the doxology, and it is this that closes the whole prayer. Doxology is this prayer's final thrust, come full circle from the doxology of the preface. The bishop, or priest, lifts up the bread and wine—bread and wine which we have brought, bread and wine transformed into the body and blood of Christ in the form of his sacrifice which never passes away, bread and wine which we are shortly to consume—and lifting them up he presents them to God the Father as the "perfect offering made to the glory of His name." "Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever." In that moment the Church is doing what Christ did and forever does: she offers his one body, to which she has been joined, to the Father for the glory of His name and for the salvation of the world. This is our communion in the sacrifice of Christ. This is perfect praise.

Stewardship Moment

"The seed sown among thorns is the one who hears the word but then the cares of the world and the lure of riches choke the word and it bears no fruit."  
-MATTHEW 13:22

## Sacred Heart Cathedral

Sacred Heart Cathedral is seeking a part time bookkeeper. The Position is a 10-15-hour position. Requirements include high school diploma or GED, three years' work experience in an office or customer service setting involving financial record keeping and database management. Experience using Microsoft Office, QuickBooks and database software. Salary DOE. To apply please submit cover letter and resume listing three professional references to Rev. Ross Tozzi, Sacred Heart Cathedral, 1300 Peger Road, Fairbanks, AK. 99709 or via email to [rector@cbna.org](mailto:rector@cbna.org) .

## High School Youth Group

**Sacred Heart** invites all high school youth in the Fairbanks area to attend weekly events this summer including a hiking trip, bonfire, and other activities. Check Sacred Heart Youth Ministry page on Facebook for more up-to-date information.

## Discernment Opportunity for Women

Vocation Ministry and the Diocese of Lansing, MI have teamed up to offer a full day **Zoom tour** of six different women's religious communities on **July 18, 2020 from 7:00 am-2:00 pm Alaska Time**. Each community will have 45 minutes to give a behind the scenes look at their life followed by a 10 min Q&A session. The communities include Franciscan Sisters of the Renewal, Marian Sisters of Santa Rosa, Dominican Sisters of St. Cecilia, Daughters of St. Paul, Dominican Nuns of Corpus Christi Monastery, and the Mercedarian Sisters of the Blessed Sacrament. You must register at <https://bit.ly/2Yy7ajc> to receive the Zoom link for the conference.

## Cathedral Food Box Volunteers Needed

Volunteers are needed to help distribute food boxes Friday afternoons between 12 and 1pm at Sacred Heart Cathedral. Volunteers unload boxes from the Food Bank truck when it arrives, then help load boxes into vehicles as they come to pick up groceries. For questions or to offer help, call SHC at 44-9032 and ask for Ann, or email [ann@cbna.org](mailto:ann@cbna.org).

*"You have crowned the year with your bounty,  
and your paths overflow with a rich harvest."*

- Psalm 65:12

## ICC Soup Kitchen



Donate your time, talent, or money. Costs have gone up 40% due to changes caused by Covid-19. Contact ICC at 452-3533. What a difference can make in helping others! Hours needed between

10:00am-1:00pm, and weekends are 10:00am-2:00pm. NOTE: All Staff, Clergy, and Volunteers must go thru the Safe and Sacred online training, found here:

<http://dioceseoffairbanks.org/joomla/index.php/safe-environment/training>

## July 19-25 is National Natural Family Planning Awareness Week!

Natural Family Planning (NFP) methods represent authentic family planning. They can be used to both achieve and to postpone a pregnancy. NFP makes use of periodic abstinence...in order to space births or to limit the number of children when there is a serious reason to do so...this practice fosters in couples an attitude of respect and wonder in the face of human life, which is sacred. It also fosters profound respect for one's spouse, which is necessary for...authentic intimacy. (Marriage: Love and Life in the Divine Plan, U.S. Conference of Catholic Bishops, 2009, p. 20).

## Act of Spiritual Communion

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, Come at least spiritually into My heart. I embrace You as if You have already come and unite myself wholly to You. Never permit me to be separated from You. Amen



*"The seed that falls on good ground will yield a fruitful harvest."*

~ Psalm 65



# Catholic Student Association

*We are a community of faith and caring.*

**Exercise habit.** School will soon be back in session. You still have time to get a good routine established and stick to what's important in your life. Continue this routine as a college student - it's those good habits that will carry you through difficult times. Take time in your day to pray, read and keep up on news about your Catholic faith. Make it routine to start or end of each day with 15 minutes spent with God.

## UAF update for Fall semester start:

<https://news.uaf.edu/> or [uaf-cornerstone@news.uaf.edu](mailto:uaf-cornerstone@news.uaf.edu)

**Campus Ministry:** St. Mark is on campus to help students live out their faith and find balance in their life. We are here help them grow in their Catholic faith. We must be available for students wanting to give to others (ICC Food Kitchen, helping others struggling in school, tutoring, or working in the larger community) and being available when they are going through a crisis. We need to be there for each other through difficult times; to comfort and help them move forward. Fall 2020 Semester presents a new challenge for students and St. Mark. *Please keep our ministry in your prayers!*

SO... ACCORDING TO THESE STATISTICS, **THREE OUT OF FOUR** CONDITIONS DO NOT RESULT IN THE **DESIRED OUTCOME.**



WWW.AGNUSDAY.ORG

I GUESS THAT'S **ONE WAY** OF LOOKING AT IT.



PREACHERS MUST LIKE **LONG ODDS!**



MATTHEW 13:1-9 & 18-23

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**Remember** to pray for Bishop Chad, priests, religious, deacons and seminarians serving in Alaska; those who have served the missions of Alaska and moved on to serve others or have retired or are deceased; For the repose of the soul of Peggy Birkenbuel; the health of Ben Orr, Robin Eagan, Gail Riedman; also remember those who care for the housebound and sick; UAF and local schools as they prepare for a new school year; and let us pray for members of St. Mark. *Please send prayer requests to [uaf.stmark@gmail.com](mailto:uaf.stmark@gmail.com)*

RESPECT  
LIFE

**In a 7 to 2 ruling** the case of Little Sisters of the Poor Saints Peter and Paul Home v. Pennsylvania on Wednesday, July 8, the Supreme Court upheld rules allowing employees to opt out of paying for birth control in their health plans based on religious beliefs. *Deo Gratis*

## NEIGHBORING PARISH MASS TIMES

### Sacred Heart Cathedral

**Saturday Vigil:** 4:30pm (Live Streamed)

**Sunday:** 9:00 & 11:00am

Sunday Spanish Mass: 1:00pm

Daily Mass: Mon-Fri 7:30am

Confessions Heard: Sat 3:00-4:00pm

Adoration of Blessed Sacrament: Thu: 8am-12noon

<https://www.sacredheartak.org/chs/>

### Immaculate Conception 452-3533

**Saturday Vigil:** 4:00pm

**Sunday:** 7:30am, 10:00am

Mon, Tues, Thurs, Fri Mass: 12:10pm

Wed: 5:30pm, followed by Adoration & Confession

<https://iccfairbanks.org/>

### Saint Raphael 457-6603

**Saturday Vigil:** 6:00pm

**Sunday: 9:30am - Outside in Parking Lot**

Weekday: Tues, Thurs Mass 9:30am; Wed 5:30pm

<http://straphaelfairbanks.org/>

### Saint Nicholas, North Pole 488-2595

**Sign up required to attend for Weekend Masses.**

<https://signup.com/go/ZjtAQHb>

**Saturday Vigil:** 5:00pm – Specifically for the Elderly and Vulnerable

**Sunday:** 9:00am, 12:00pm

Weekday: Mon, Tue, Thu, Fri 8:45am Prayer & Mass (**Weekday Masses are Live Streamed**)

Weekday: Wed 6pm Mass & Adoration w/Rosary

<http://www.stnicholasnp.org/>

## St. Michael the Archangel,

Defend us in battle,  
be our protection against the wickedness and snares  
of the devil.

May God rebuke him we humbly pray;  
and do thou, O Prince of the Heavenly host,  
by the power of God, cast into hell Satan  
and all the evil spirits who prowl about the world  
seeking the ruin of souls. Amen