



ST. MARK UNIVERSITY CATHOLIC PARISH

The Catholic Community of University of Alaska, Fairbanks

PO Box 750166 Fairbanks, AK 99775-0166

Email: st.mark@cbna.org Webpage: stmarksuaf.org

June 7, 2020

Trinity Sunday – A

7th Sunday of Easter

A God of Love

Exodus 34:4b-6, 8-9 *Renewal of the Tablets*

Daniel 3:52, 53, 54, 55

2 Corinthians 13:11-13 *Farewell*

John 3:16-18 *Belief in the Son Sent by the Father*

Please note that the dispensation to attend Sunday Mass continues in effect until further notice.

Communion to the homebound is possible if someone is a commissioned extraordinary minister bringing communion to someone in their own household. If you want your pastor to visit, please call the parish office or his cell phone.

Go to <http://www.stmarksuaf.org> for the most recent information from St. Mark, including our weekly bulletin and updated mass schedules.

Following are websites for our neighboring parishes in Fairbanks and North Pole:

<https://www.sacredheartak.org/chs/>

<https://iccfairbanks.org/>

<http://straphaelfairbanks.org/>

<http://www.stnicholasnp.org/>



Holy Father's Prayer Intentions

June 2020: **Prayer intention for evangelization - *The Way of the Heart***

We pray that all those who suffer may find their way in life, allowing themselves to be touched by the Heart of Jesus.



St. Michael the Archangel,

defend us in battle,
be our protection against the wickedness and snares of the devil.
May God rebuke him we humbly pray and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen

MASS SCHEDULE AT SACRED HEART CATHEDRAL

Live Streamed & Recorded Masses

Go to Catholic Bishop of Northern Alaska Website

<http://dioceseoffairbanks.org/joomla/>

Click on the "ONLINE MASS" button on the left side of the page, under the menu. Then simply click on the photo for the Mass you would like to view.

Thank you to our Bishop, Priests & Clergy!

Saturday 4:30pm (Live Streamed)

Sunday 9:00am & 11:00am

Spanish Mass: 1:00pm on Sunday

St. Mark Mass Sunday 5:30pm at SHC

Songs for 5:30pm Mass:

699 All Praise and Glad Thanksgiving

700 All Hail, Adored Trinity

328 Bread That Was Sown

547 Glory and Praise to Our God

Consider Practicing Latin Mass parts using:

<https://www.youtube.com/watch?v=vofXMAJ1xLY>

DAILY MASS SCHEDULE

- 7:30am Mass held at SHC
- *12:10pm Mass held at ICC (M, T, Th, F)
- 5:30pm Mass held at ICC (W) followed by Adoration with Confession.

NEIGHBORING PARISH MASS TIMES

Immaculate Conception 452-3533

Saturday Vigil: 4:00pm

Sunday: 7:30am, 10:00am

Mon, Tues, Thurs, Fri Mass: 12:10pm

Wed: 5:30pm, followed by Adoration & Confession

Saint Raphael 457-6603

Saturday Vigil: 6:00pm

Sunday: 9:30am (Outside in Parking Lot)

Weekday: Tues, Thurs Mass 9:30am; Wed 5:30pm

Saint Nicholas, North Pole 488-2595

Saturday Vigil: 5:00pm

Sunday: 9:00am, 12:00pm

Weekday: Mon, Tue, Thu, Fri 9:00am; Wed 5:30pm

The following measures are based on guidelines issued by the State of Alaska, CDC, USCCB, Federation of Diocesan Liturgical Commissions, The Catholic Medical Association and the Thomistic Institute. These are recommended **temporary measures, and subject to change**, that the diocese is taking to reduce the possible spread of COVID-19.

TEMPORARY Protocols for Attending Mass:

- Stay six feet apart from non-household members;
 - Wash hands frequently;
 - Sanitize and clean high touch surfaces frequently;
 - Stay home if you are sick, and get tested for COVID-19 if you have symptoms;
 - Wear a face covering in public places when near others; and
 - Be mindful and respectful to those Alaskans that are most vulnerable to this virus, including Alaska's senior population and those with existing health conditions
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- Reception of Communion is recommended by hand
 - Please approach minister with hands extended
 - Receive host, then step 6 feet away
 - Unveil the mask, consume the host
 - Place mask back on covering mouth and nose
 - Those who desire to receive on tongue should approach the priest after Mass.

Social Distancing

- Pews are marked with orange tape to encourage social distancing
- Families may sit together; others should maintain a 6-foot distance from those of another household.

Dispensation from the Sunday obligation remains in force.

Ministries are still limited at the present time. 1 Musician and 1 Cantor is the norm *unless there are multiple choir members in a single household.*

Offertory:

Baskets will not be passed around for a collection. The faithful may drop their offering off in a stationary basket at the end of Mass. We will not have gift-bearers.



Please remember to pray for Bishop Chad, priests, religious, deacons and seminarians currently in Alaska; members of our Fairbanks community during this pandemic; Ben Orr, Ashton Ishnook, Robin Eagan, Gail Riedman, Mary Theresa (Tweet) Burik. Pray for our students seeking jobs; leaders of UAF making decisions for the opening of UAF in the Fall. *Please send prayer requests to uaf.stmark@gmail.com.*

Stewardship

May 30, 2020 \$ 1,295.25
Total for May 2020 \$ 5,737.24
Total Income thru May 2020: \$62,022.80
Total Expenses thru May 2020: \$51,080.86

Thank you for your generosity & continued support! WeShare is used for electronic donations found on our website: www.stmarksuaf.org.

Covid-19 Health Mandate for Travel

Please see the new changes to Health Mandate 10 for International & Interstate Travel to Alaska! Go to the following site today to assist someone traveling to AK and it was easy; <https://covid19.alaska.gov/travelers/> If you click the Nationwide Testing Sites Locator you can find a clinic or lab near you that offers the tests required to travel back to AK; just plug in your address and it brings up the places closest to you. The tests are relatively inexpensive without insurance and most insurances should cover them at little to or no charge. If you have visitors from outside, please make them aware of these current mandates. Help keep Alaska healthy!

ICC Soup Kitchen

Soup Kitchen Hours - 11am-1pm Weekdays and 11am-1pm Saturday & Sunday. Please ring the doorbell and someone will answer. Volunteers are needed to help on the following days preparing and handing out lunches: Wed & Thu 10:45am – 1:15pm. Volunteers will be asked to go through training. and complete a diocesan background check. If interested, call 452-3533 or *contact Grayce Barnard at iccsoupkitchen@cbna.org for more information or to volunteer!* Needs: Cheese sticks, sliced cheese, granola bars, hard boiled eggs, desserts, fruit cups, peanut butter and crackers, lunch meat. Can't shop – consider donating money.

SAFE ENVIRONMENT TRAINING

Online background checks and training for our Safe Environment training program. The company, Proud to Protect, was selected to train all Church leaders, employees and volunteers. See below how easy it is to take the Safe environment training.

- 1) To register online for Safe and Sacred go to <https://safeandsacred-fairbanks.org>
- 2) You will be directed to register for a CICS background search. This step is included for everyone, even if you have already done so before. Prior registrants will be noted and not approved for a second background check.
- 3) Once registered with CICS, the site will return to the Safe and Sacred Training.
- 4) Click on the training, Serving Vulnerable Populations.
- 5) When completed, take the quiz and print your certificate of completion.

Prior to registering, please contact parish office which you are volunteering for, so you can be added to parish list of those who have been through the class and for the ministry(s) in which you wish to serve in the parish.

**PRIESTS, BROTHERS, NUNS.
THEY NEED US.
WE NEED THEM.**

Vocations Are Everybody's Business

Prayer for Vocations

Loving Jesus,
We ask you to send more servants to your people.
Choose from our parishes, from our homes, from
our schools and colleges,
An abundant harvest of apostles for your Kingdom
Here in Alaska: priests, sisters, brothers, deacons
and lay ministers.
We pray that those you call may never lose
awareness of the dignity and need of their vocation.
O Virgin Mary, Mother of the Church,
Teach to all those the Master calls to say a joyful
"yes", as you did at the Annunciation.

Act of Spiritual Communion

My Jesus, I believe that you
Are present in the most
Blessed Sacrament. I love
You above all things and I
Desire to receive You into my
soul. Since I cannot now
Receive You Sacramentally,
Come at least spiritually into
My heart. I embrace You as if
You have already come, and
Unite myself wholly to You.
Never permit me to be
Separated from You. Amen.

June 7, 2020 - Most Holy Trinity

"For God so loved the world that He gave His only Son..." (John 3:16)

Is your love conditional? Is there a price others have to pay to receive your love and forgiveness? Are you generous with your time, skills, money, and possessions? If you give someone something, do you expect something in return? Do you give your time freely or do you "fit it in" when it's convenient for you? God desires a personal relationship with us so much that He gave us His Son, unconditionally! Pray for a grateful and generous heart.



Let nothing disturb you,
Let nothing frighten you,
All things are passing away:
God never changes.
Patience obtains all things
Whoever has God lacks nothing;
God alone suffices. *(Saint Teresa of Ávila)*

The priest now turns towards what is called the Epiclesis, which is the technical liturgical term referring in a strict sense to the invocation to the Father that He send the Holy Spirit on the Church's gifts. Literally, in Greek it means, "Calling down upon". Perhaps the Latin for this expresses more clearly what is actually happening, it begins, "*Supplices ergo te, Domine, deprecamur*", which means, "Therefore, O Lord, Pleading we beg you..." What we are about to ask for in this movement is based on what God has shown His plan to be; namely, that a perfect offering be made to Him. Therefore, we now ask that the bread and wine on the altar become the body and blood of Christ. This is the petition of the epiclesis. "Let it become for us the body and blood of Christ".

The action of the Holy Spirit here in our liturgy exactly parallels the work of the Holy Spirit in the Incarnation of Christ and the work of the Holy Spirit throughout the entire life of Jesus. We experience concretely the unveiling of the Trinitarian mystery in our very midst. Concretely because the Spirit sent from the Father now works to transform our gifts into the body and blood of the Son.



It is important for us to pause for a moment on the Spirit's role in the supper the night before Jesus died; for it is especially

there that the action of the Holy Spirit in our liturgy exactly parallels the Spirit's role in the life of Jesus. When Jesus took bread and wine into his hands the night before he died, the moment and its possibilities had been long in preparation by the work of the Holy Spirit. "He spoke through the prophets", as we say in the Creed. That is, the whole of Israel's history had been formed in such a way that it could all converge in this moment and its meaning. He takes into his hands what the Spirit had prepared for him; and over it all he pronounces the words that the Spirit with whom he is anointed moves him to utter, "This is my body, this is my blood". Thus, together with the Spirit, does he express his own understanding of his mission, which brings the history of Israel to fulfillment. Thus, together with the Spirit, does he express his own willingness to pour out his life for the sake of the many.

The Trinity



The *triquetra* is one of the many symbols that clearly express the doctrine of the Blessed Trinity.

Catholic Student Association

We are a community of faith and caring.

Keep informed with what's happening at the University during Covid19 changes by checking the following sites:

<https://news.uaf.edu/>

<https://www.stmarksuaf.org/>

<https://sites.google.com/alaska.edu/coronavirus/uaf>

<http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/default.aspx>

<https://sites.google.com/alaska.edu/coronavirus/>

Be aware of construction around campus during the summer months. Don't hesitate to reach out to our CSA campus minister -Fr. Robert Fath or Mary Pat Boger if you feel the need to talk with someone during all these changes.

Pastor: Fr. Robert Fath

Ph. 907-374-9504 Email: vg@cbna.org

Parish Administrator: Mary Pat Boger

St. Mark: Ph. 907-374-9564

Website: <http://www.stmarksuaf.org>

Office Hours: Tues-Fri: 10am – 12noon.

Bookkeeper: Marilis Bennett Ph. 590-9291

Music Director: George Stefan

Parish Council Members: Cynthia Klepaski, John Fox, Marilis Bennett, Ritchie Musick, Jen & Sean Tucker.

Reconciliation: Confessions will be heard at SHC, Saturdays 3-4pm.

Sacraments & Becoming Catholic: Please contact Fr. Robert Fath or Mary Pat Boger.

Assistance in Faith Formation: See Mary Pat Boger

Parish Council: Meets 2nd Sun/month after Mass

Parish Council News for June: Painting of the Deborah House will begin around July 16th, depending on weather. Tenants will be back for another year; they offered to help on a weekend when we set a time and date for clearing the back lot of our "weed" tree growth.