

# WELCOME TO OUR PARISH

We know that COVID-19 continues to be in our midst. We are encouraged to continue to follow health and hygiene protocols. We encourage you to:



Maintain a distance of 6' between non-household members.

You are highly encouraged to wear a mask while in the church.



It is strongly recommended that you receive Holy Communion in the hand. If you wish to receive on the tongue, follow the direction of the celebrant.

These measures are based on the guidelines issued by the State of Alaska, CDC, USCCB, Federation of Diocesan Liturgical Commissions, the Catholic Medical Association and the Thomistic Institute. They are recommended **temporary measures, and subject to change**, that the diocese is taking to reduce the possible spread of COVID-19. Thank you for being mindful and respectful of those around you who are most vulnerable to this virus, especially our elders and those with medical conditions.