



ST. MARK UNIVERSITY PARISH

The Catholic Community of University of Alaska Fairbanks

1316 Peger Rd., Fairbanks, AK 99709-5168

Email: stmark@cbna.org Webpage: <https://stmarksuaf.org>

MISSION STATEMENT

St. Mark's University Parish provides a *welcoming faith community* for students, families, and individuals that share a geographic, intellectual, or historic connection to the University of Alaska Fairbanks (UAF). We exist to *encourage, inform, and support the faith journey of all who have come to UAF* with a background in the Catholic tradition. St. Mark's also provides reliable information for non-Catholics inquiring about our faith and contributes to inter-faith discussion and ecumenical action.

St. Mark Mass & Confession Schedules

Sunday Vespers & Rites of Election 4 PM at SHC

Sunday Mass: 5:30 pm at SHC

Unable to receive normal hosts? Please arrive early and ask the priest about the availability of low gluten hosts.

SHC Adoration: Thursday 8AM-12Noon & Saturday 3-4PM

SHC Confessions: Saturday 3-4PM or by appointment.

Anointing of the Sick. Please let us know when you or others are sick, going into the hospital, or in assisted living home so they may be included in our prayers and receive a visit upon request.

CALENDAR of EVENTS

Friday during Lent: 5:30 PM SHC Mass followed by 6 PM Stations – 6:30 PM Simple Supper

3/8: 6:00 PM Latin Mass @ Immaculate Conception

3/9: 4: PM Rites of Election at Sacred Heart

3/10-14: UAF & FNSBSD Spring Break

3/13: 6-7 PM Sacred Heart Holy Hour

3/17: Monroe Foundation St. Patrick's Day Dinner

3/18: 6:30 PM @ SHC Lenten Presentation on the Sacred Heart of Jesus and the Jubilee Year of Hope

3/24-27: ACCB Priest Convocation – Anchorage

3/28: 5:00-8:30 PM FISH FRY at Monroe Catholic School. Stations of the Cross 5:30 PM.

PASTOR

Fr. Ross Tozzi: rtozzi@cbna.org Ph: 907-347-3005

DEACON

Rev. Mr. Warren Lucero

PARISH OFFICE:

Office Hours: 10am – 12noon

Parish Admin: Mary Pat Boger – Ph. 907-374-9564

Bookkeeping: Marilis Bennett - Ph. 907-590-9291

Music Director: George Stefan - Ph. 907-687-0077

CSA Advisor: Devan Larson: UAF-catholic-Club@alasks.edu

Pastoral Council: Marilis Bennett, Cynthia Klepaski, Ritchie Musick, Jen & Sean Tucker, Fr. Ross Tozzi.

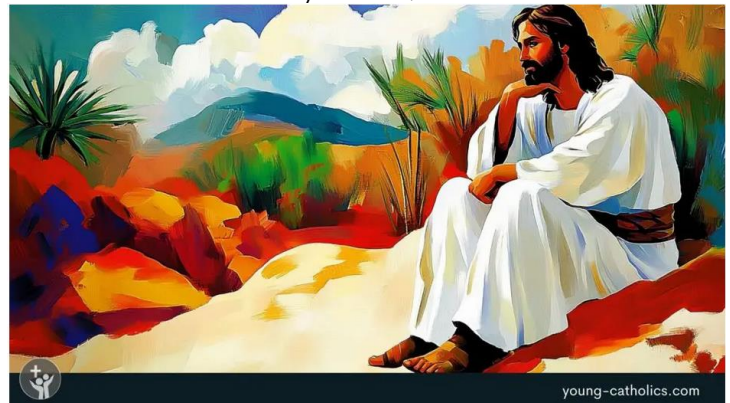
Finance Council: Marilis Bennett, Jen Tucker, Fr. Ross Tozzi

Catholic Definition: Quadragesima

Any season of forty day's preparation by prayer and penance, especially Lent, whose weekdays from Ash Wednesday to Easter Sunday number forty. (This is the first Sunday of Lent 40 days before Easter (excluding Sundays). <https://www.catholicculture.org>

March 9, 2025

1st Sunday in Lent, Year C



First Reading: Deuteronomy 26:4-10

Moses describes the offering of praise for God's deliverance of Israel.

Responsorial Psalm 91:1-2, 10-11, 12-13, 14-15.

A prayer for God's protection.

Second Reading: Romans 10:8-13


Paul teaches that we are saved by faith.

Gospel Reading: Luke 4:1-13

In the desert, Jesus is tempted by the devil.

MUSIC OF THE MASS

Chant Mass Parts #840-846

- | | |
|---|--|
|  | 132 Fort Days and Forty Nights |
| | 140 Lord, Who Throughout These Forty Days |
| | 130 Led By The Spirit |
| | 654 Hosea |
| | 141 The Glory of These Forty Days |

SHC Friday Stations
of the Cross

Sacred Heart Cathedral
5:30 PM Mass; 6:00 PM

Stations of the Cross; 6:30 PM Simple Supper Potluck



What are the Three Pillars of Lent?

Prayer, Fasting, and Almsgiving.

Daylight Saving Time Begins March 9, 2025



Wake up in time for Sunday Mass by setting your clocks ahead one hour before going to bed on Saturday night.



Summer Oratory is Mon-Fri, June 9th-13th – 9AM-3PM at Saint Nicholas Parish in North Pole for ages 6-17. Register by May 1st. at <https://dioceseoffairbanks.org/summer-oratory>

SPRING BREAK March 10-15:

Activities canceled. Mass, Adoration & Confession schedules remain the same.

MONDAY

SHC Club Discussion Group – 1st Monday of the month 12:30-2:30PM downstairs in the Community Room.

Contact: 43janetf@gmail.com

Bible Study Monday Nite – March 10th 6:30 PM (every other Monday) in the SHC Social Hall, hosted by Michael Olsta (Office of Faith & Family Formation).

TUESDAY

Spring Break – Activities cancelled this week.

WEDNESDAY

Marian Prayer Group: 6 PM at St. Raphael Church, after the 5:30 PM Healing Mass. The group reflects on one of the recent messages from Our Blessed Mother in Medjugorje after the Rosary is said.

THURSDAY

Confirmation/Youth Group – Cancelled this week.

Men's Group - Cancelled this week.

Franciscan Community - 6:30 PM on 1st Thursday of the month at St. Raphael Church. For information contact Gloria Slagle stclare4@gmail.com

FRIDAY

SHC Friday FOOD BOXES - Calls taken from 10-11am. **Volunteers needed** to help distribute to clients in the parking lot 11 AM -1 PM. Please call SHC on 907-474-9032 for details.

Voces Verbi – Cancelled this week.

Nocturnal Adoration 7AM–7PM Every Friday at ICC.

SATURDAY

Oratory – 1:00 PM at SHC.

Religious Education - 3–4:15 PM at SHC.

Religious of the Incarnate Word 3rd Order Meetings – 6PM every other Saturday at Monroe School. Formations talks – Games for kids in gym. All who are interested are welcome.

Young Adults: 7:00 pm Game Night at SHC meets on the 4th Saturday (3/22 & 4/26) for the next two months. Contact Diocesan OFFF Director Michael Olsta at 907-374-9526 or olsta@cbna.org.

SATURDAY & SUNDAY

IVE Third Order Meetings – Meeting 3/29 at St. Nicholas; 4/12 at ICC.

Regional Soup Kitchen at Immaculate Conception - Serving Hours are from 1-3pm. Volunteers and items are needed. Contact ICC at 907-423-3533 ext. 1003, or email iccsoupkitchen@cbna.org

EVENTS & GROUPS OF INTEREST

Marriage Preparations – Contact Fr. Ross at rtozzi@cbna.org or call (907) 347-3005 six (6) months prior to wedding.

ICC Our Lady of Fatima - Contact Shannon Christensen at (907) 388-1825.

Seven Sisters Apostolate – Everyday, three members of the Apostolate pray a holy hour for a specific clergy. For more information how you can join, contact Jan Fortune at 43janetf@gmail.com.



Justice Challenge: This Sunday's Gospel has Jesus inviting Peter, James, and John to become fishers of people. God's Word tells us that they left everything to follow Jesus. Your challenge this week is to

reflect on something which you haven't been able to leave, something which might stand between you and Jesus. It might be a possession; it might be an activity that consumes a lot of your time. Give it up and replace it with giving time or money to a cause which fights injustice and helps those in need. Have a conversation with Jesus about why and how you want to be closer to him. And listen for his response. <https://pastoral.center>

Connecting the Gospel...

...to the First Reading: In the Gospel, the devil sets himself up as Lord when he tempts Jesus to worship him. Paul reminds us in the second reading that the One who we are to profess.



...to experience: All temptation presents us with a choice in the face of a perceived good. We are able to see through the ruse of the perceived good to the inherent selfishness of all temptation when we spend our lives deepening our sense of who we are in relation to God. <https://liturgy.slu.edu>

Salvation Through Faith

For "everyone who calls on the name of the Lord shall be saved." (Rom 10:13)

Adults: How willing are you to profess your faith in Jesus Christ openly to others?

Kids: Would you still be able to say that you believe in Jesus if others made fun of you for it?

<https://pastoral.center>

A RECOMMITMENT TO END HUNGER

Since 1975, Catholics across the United States have come together each Lent to respond to global hunger through the CRS Rice Bowl program. Learn how people like you have made a local and global impact on the lives of our sisters and brothers in need and why our prayers and almsgiving are still needed today. During this holy season, let us recommit to sharing bread for life with our global family so that all people can reach their God-given potential. Visit crsricebowl.org/ to read this week's Story of Hope.



31 Biblical Virtues to pray for your kids.

9. Respect (for self, others, authority). "Father, grant that my children may show proper respect to everyone, as your Word commands." (1 Pet. 2:17)

CATHOLIC TRIVIA – JUST FOR FUN

Question: Where did the term **Lent** originate?



Why are beer and pretzels considered ideal Lenten fare?

What else do you really need besides carbs, minerals, and the good Lord?

Beer and pretzels...the official food and drink of Lent?

In the Middle Ages, the rules of fasting and abstinence were quite tougher than today, excluding not only meat but also eggs and dairy products. That meant a lot of bread, veggies, and water!

According to legend, a monk in the 600s in Italy decided to make a special Lenten bread for his fellow-monks. He took a long strip of dough and arranged it in the shape of arms folded over the breast in prayer. The three holes left by this shape represented the Trinity.

These little breads were called *bracellae*, the Latin word for “little arms,” from which came the German word *bretzel*.



Another story says that the monk gave these folded breads to children as a reward for learning their prayers. The Latin word for “little reward” is *pretiola* (pre-tzi-OH-la), which sounds a lot like *pretzel*!

What about the beer?

In the 1600s, a monastery in southern Germany began brewing beer to give the monks needed strength during their long days of fasting on bread and vegetables. They came up with a hearty concoction containing a lot of nutrients and carbs—the now-famous *doppelbock* beer, also known as “liquid bread.” Paulaner Brewery, which took over the original site of the monastery, adopted the brewing methods of the monks and still makes this beer today.

<https://catholiccompany.com/getfed/>



CATHOLIC TRIVIA – JUST FOR FUN

Answer: The English word Lent is a shortened form of the Old English word *lencten*, meaning “spring season”, as its Dutch language cogne *lent* (Od Dutch *lentin*) still does today. A dated term in German, *Lenz* (Old High German *lenzo*), is also related.

@Lpi

(Practicing) Catholic – Recognize God in your Ordinary Moment)
What the Devil Doesn't Have



The devil knows all the rules. The devil knows all the Bible verses. He probably knows them better than you do (certainly better than I do).

He knows them so well that here, in today's Gospel, he thinks he can outsmart the Son of God. He thinks he can out-argue him.

See, the thing you need to know about the devil is that he could have a master's degree in theology. Maybe even a doctorate. But have you ever met a master's student, or even a doctoral one, who doesn't have a particular passion for what they're studying? I sure have.

The devil didn't rebel against God because he didn't understand God's will. He rebelled because he understood God's will perfectly — and he didn't like it.

The devil knows that Jesus is human, and so in today's Gospel he employs all the very best tricks he has for getting humans to break. Physical hunger. Insecurity and a desire for power. The yearning to appear learned and wise.

The devil will try these things with us, too — this Lent, and throughout our lives.

It doesn't work with Jesus, because, of course, Jesus is not just human. He can feel temptation, but he will not submit to it. But how are we supposed to do the same? We're not divine. We're just human.

Well, here's the thing. We may be only human, but as Christians, we have a secret weapon. (No, it's not a master's degree in theology. Some of you may have that, but it probably doesn't make you holier.)

We have a love of what the devil has renounced — those things belonging solely to God. Truth. Joy. Humility. Sanctifying sacrifice.

Let the love of those things carry you through this Lent, and beyond.

Colleen Jurkiewicz Dorman – March 13, 2025©Lpi

"The goal of fasting is inner unity. This means hearing, but not with the ear; hearing, but not with the understanding; it is hearing with the spirit, with your whole being." Father Thomas Merton



March 2, 2025: \$ 1,528.00
Actual Collection YTD
(7/24- 6/25): \$ 49,998.05
Number of Parishioners: -

Thank you for your continued support! Consider online giving with [WeShare](#) on our website. St. Mark will give 3% of our March collections to the National Collections for Catholic Relief Services, which supports international immigration and justice.

STEWARDSHIP MOMENT

"I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me."
- DEUTERONOMY 26:10

This line from the Old Testament offers two challenges. First, do you give to God from your "first fruits" - the first and best that you have to offer? Or do you give from what you have leftover? Second, do you realize that everything you have and that everything you are has been given to you by God? We aren't owners of anything, we are merely stewards of God's gifts. Pray for a grateful and generous heart, every day, in all circumstances.



POPE FRANCIS' FEBRUARY 2025 PRAYER INTENTION For families in crisis.

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

Pray for... Pope Francis; Bishop Steven Maekawa, O.P., Fr. Ross Tozzi, Rev. Dcn. Warren Lucero; and all priests, brothers, sisters, deacons, and volunteers serving in the Diocese of Fairbanks.

...for all our students, young adults, and families during spring break, that God may give them rest from routine, keep them safe and healthy.

...respect for life from conception to natural death.

...the sick, their loved ones and caregivers

...Isabelle Harrington, Mary Beth Perreault, Ben Orr, Kerri Cerney, Ron Johnson, Fr. Gerardus Hauwert, IVE, Dorothy & Frank McGilvary, Deborah Leibe, Fr Sean Thomson, Cedric Grace, and the Galvin family,

...for the repose of the souls of our loved ones.

Mass Intentions may be offered for friends or loved ones, living, or deceased. Just call the parish office on (907) 374-9564 or Sacred Heart Cathedral's Office at (907) 474-9032. Masses on Sunday are offered for members of the St. Mark Community.

ARE YOU REGISTERED AT ST. MARK'S UNIVERSITY PARISH?

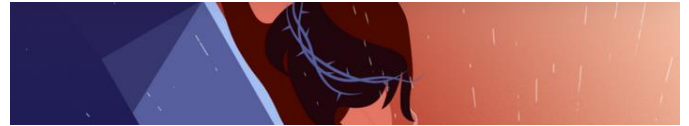
Registration allows Fr. Ross and his staff to get to know you better, to welcome you, and to minister to you. It is also an opportunity to enjoy a sense of belonging and identity. If you want to receive our emails and notices fill out the FLOCKNOTE card in the church entrance or email Mary Pat Boger at stmark@cbna.org.



Keep current with what is going on in our diocese by going to the Diocese of Fairbanks [website](#). You can reach area websites from one location, publications, needs around the diocese, ministries available, training, and contact information.



For more information on the Year of Hope scan the QR code or go to the Diocesan website at <https://dioceseoffairbanks.org/the-year-of-hope>



Dear God,
Claim me as Your own.
When I lose my way, remind me that I am Yours.
When I'm plagued with doubt, fill me with Your love.
Amen.

When did Lent start?

The observance of Lent as a 40-day time period began after the Council of Nicea in 325 A.D. but periods of fasting before Easter date back even earlier.

Who celebrates Lent?

Lent has traditionally been associated with the Catholic Church, but some Protestants, Orthodox Christians, and others also observe some form of Lent.

What is the purpose of Lent? What does it represent?

Lent begins with a visible, outward sign of ashes but aims toward inner conversion, helping us repent, avoid distractions, and focus on living the Gospel.

What should I give up for Lent?

Focus on sacrificing something meaningful that will help you draw closer to God. Better yet, focus on what you can take on: What small acts can you take on to manifest the love that God calls us to share?

<https://hallow.com/lent/>

FLOCKNOTE: Keep in touch with us for free! Text 'SMDOF' to 84576 or connect with us online at SACREDHEARTAK.FLOCKNOTE.COM/STMARKPARISH Or fill out one of the cards on the table at the entrance of church (SHC) and drop in the collection basket or leave it on the table. *Thank You!*

SAFE ENVIRONMENT: Our diocese is committed to creating a safe environment for everyone. If you are aware of abuse, you are encouraged to report the abuse to local law enforcement agencies and to contact our Victim Assistance coordinator, Jocelyn Niedziela by calling (907) 374-9553 or emailing vac@cbna.org. For more information access the Diocese Safe Environment: <https://dioceseoffairbanks.org/report-abuse>.