



ST. MARK UNIVERSITY PARISH

The Catholic Community of University of Alaska Fairbanks

1316 Peger Rd., Fairbanks, AK 99709-5168

Email: stmark@cbna.org Webpage: <https://stmarksuaf.org>

MISSION STATEMENT

St. Mark's University Parish provides a *welcoming faith community* for students, families, and individuals that share a geographic, intellectual, or historic connection to the University of Alaska Fairbanks (UAF). We exist to *encourage, inform, and support* the *faith journey of all who have come to UAF* with a background in the Catholic tradition. St. Mark's also provides reliable information for non-Catholics inquiring about our faith and contributes to inter-faith discussion and ecumenical action.

St. Mark Mass & Confession Schedules

Sunday Vespers: 4:45 pm at SHC. Vesper Music can be accessed at St. Mark's website <https://stmarksuaf.org>

Sunday Mass: 5:30 pm at SHC

Unable to receive normal hosts? Please early and see the priest about the availability of low gluten hosts.

For our homebound, Fr. Ross Tozzi homilies can be heard by going to <https://sacredheartak.org/> and click on "homilies."

Confessions: Saturdays 3-4 PM at SHC and ICC.

PASTOR

Fr. Ross Tozzi: rtozzi@cbna.org Ph: 907-347-3005

DEACON

Rev. Mr. Warren Lucero

LATIN MASS SCHEDULE:

Held at 6:00pm at Sacred Heart Cathedral

PARISH OFFICE:

Office Hours: 10am – 12noon

Parish Admin: Mary Pat Boger – Ph. 907-374-9564

Bookkeeping: Marilis Bennett - Ph. 907-590-9291

Music Director: George Stefan - Ph. 907-687-0077

CSA Advisor: Devan Larson: UAF-catholic-Club@alaska.edu

Pastoral Council: Marilis Bennett, Cynthia Klepaski, Ritchie Musick, Jen & Sean Tucker, Fr. Ross Tozzi.

Finance Council: Marilis Bennett, Jen Tucker, Fr. Ross Tozzi

November 3, 2024

31st Sunday in Ordinary Time

NATIONAL VOCATION AWARENESS WEEK



First Reading: Deuteronomy 6:2-6

Moses teaches the people to love and worship God alone.

Responsorial Psalm: 18:2-3, 3-4, 47, 51

A prayer of praise to God our strength.

Second Reading: Hebrews 7:23-28

Jesus intercedes for us as our eternal high priest.

Gospel Reading: Mark 12:28b-34

Jesus is questioned by a scribe about the greatest commandment.

Catholic Definition: Spiritual Exercises

A period of silence and prayerful reflection practiced annually (or more often) in a retreat. Particularly the Spiritual Exercises by St. Ignatius Loyola, drawn up as a method of arriving at the amendment of one's life and resolving on a determined way of holiness. The Exercises of St. Ignatius were first composed by him in a cave at Manresa, in Spain, after his conversion. Their underlying principle is their opening statement that "Man was created to praise, reverence and serve our Creator and Lord, and by this means to save his soul." Given this basic purpose of human existence, the believer is told how to reach his or her destiny by overcoming sinful tendencies and imitating Christ in carrying the Cross on earth in order to be glorified with Christ in the life to come.

<https://www.catholicculture.org/culture/library/dictionary/>

CALENDAR of EVENTS:

11/5-7: CLERGY DAYS

11/5-7: Masses in town will only be at SHC at 12:10 PM

11/7-11: Women's Spiritual Exercises at ICC

11/11:* 6PM Veteran's Day Mass at SHC

11/23: 9am-5pm Family Day at Monroe

In Nov/Dec, families of Sacred Heart & St. Mark parishes have the opportunity to commit a week of intentional prayers for vocations with their families, including kits throughout the week. Sign up at <https://iccfairbanks.org/praywiththerese>



31st Sunday Music of the Mass

447 How Can I Keep From Singing

420 Earthen Vessels

440 You Are Near

493 Where Charity and Love Prevail

491 There's A Wideness in God's Mercy

Heritage Mass parts are found on pages 890-897.

Clergy Days: (November 5-7) Sacred Heart Cathedral will have **12:30PM Masses** on Tuesday, Wednesday, and Thursday. No other local masses in Fairbanks/North Pole during the clergy gathering. Clergy Days are an opportunity for priests to gather as a community for professional development, fraternal support, prayer together, and exchange of ideas giving them the spiritual and practical tools necessary for serving their parishes. *Pray for all who are attending!*



DON'T FORGET! This year, daylight saving time ends Sunday, Nov. 3, with clocks rolling back one hour at 2:00 AM. Remember to set your clocks back on Saturday evening before retiring for the night!



MONDAYS

Sacred Heart Book Club Discussion Group – First Monday of the month-12:30 PM downstairs in SHC Community Room. All are welcome! Nov. 4th book title is “Catholic Customs and Traditions” by Greg Dues. For more contact: 43janetf@gmail.com

Bible Study Monday Nite – 6:30 pm *every other* Monday in the SHC Social Hall, hosted by Michael Olsta (Office of Faith & Family Formation). All are welcome.

Legion of Mary - 6PM **Monday** Legion of Mary Meetings ~ ICC. A group of dedicated women and men doing the Blessed Mother Mary's work.

TUESDAYS

St. Nicholas' Mother's Group - 10AM – Noon *every Tuesday*. Multi-Generational Support and Conversation. Coffee, snacks, and Child Care are provided. All mothers of the Diocese are invited to be a part of this group. Call or Text April at 907-347-1357.

Christian Initiation for Adults (OCIA): 7-8:30pm at SHC. Those interested are encouraged to attend classes and build a familiarity with the Catholic Faith.

Voices of Hope Prayer Group -6-6:30pm in SHC downstairs Community Room, followed by Contemplative prayer and scriptures reflections from 6:30-8:30PM, ending with rosary. All are welcome!

THURSDAYS

Confirmation/Youth Group - Classes held from 5:30-6:30 PM at SHC. Youth Group Dinner provided. 7:45 PM pick up. Contact M. Way of Salvation at servidoras@cbna.org or call (907) 987-9595 for more info.

Men's Group - 7:30 PM at ICC. Adoration - followed by meeting downstairs.

Knights of Columbus - 6:30 PM *2nd Thursday* of the month meet downstairs SHC.

Franciscan Community - 6:30 PM on *1st Thursday of the month* at St. Raphael Church. For information contact Gloria Slagle stclare4@gmail.com

FRIDAY

SHC Friday Food Boxes - Calls taken from 10-11am. *Volunteers needed to unload boxes upon delivery from Foodbank around 12:15pm and distribute them to clients in the parking lot until 1:00 pm.* Please call SHC at 907-474-9032 for details.

Voces Verbi – Meets at 6 PM for Adoration, Pizza, and formation for Young Adults 18-35. Held at ICC.

Voices in the Wilderness - 6:30 PM at ICC. Contact Joe Malen 388-2550 or Annie Dobbs 479-8567.

SATURDAY

Christmas Choir Practice – 11 AM at SHC. Kids and Adults are welcome to come practice for the Christmas Concert that will be Dec 26th at SHC. Contact ICC at 907-987-9598 or email iccsecretary@cbna.org for more information.

Oratory – *Every Saturday* downstairs at SHC from 1-2:45 PM. Ages 5-17.

Religious Education - After Oratory from 3-4:15 PM. Contact servidoras@cbna.org for more information.

Sacred Heart Cathedral (SHC); Immaculate Conception Church (ICC)

Religious of the Incarnate Word 3rd Order Meetings – 6PM *every Saturday* beginning November 9th held at Monroe School. Formations talks – Games for kids in the gym. All who are interested are welcome to attend!

SATURDAYS/SUNDAY

Regional Soup Kitchen at Immaculate Conception - Serving Hours are from 1-3pm. Volunteers and items are needed. Contact ICC at 907-423-3533 ext. 1003, or email iccsoupkitchen@cbna.org

EVENTS & GROUPS OF INTEREST

Women's Silent Spiritual Retreat - Nov 7th-11th at ICC (Thurs-5PM to Mon 7PM. For more information Contact servidoras@cbna.org. Register online at www.iccfairbanks.org/spiritual-exercises



Religious Family of the Incarnate Word FAMILY DAY – 9AM-5PM at Monroe. Formation, Mass, and Lunch for the whole family! Register at www.iccfairbanks.com/family-day

Catholic Engaged Encounter Retreat for engaged couples will be held 28 February – 2 March 2025 at St. Nicholas Catholic Church. For more info go to:

Fairbanks.engagedencounter.com.



Marriage Preparations – Contact Fr. Ross *six (6) months prior to wedding* - rtozzi@cbna.org or call (907) 347-3005.

ICC Our Lady of Fatima - Contact Shannon Christensen at (907) 388-1825.

The Seven Sisters Apostolate – Everyday, three members of the Apostolate pray a holy hour for a specific clergy. This year, the Holy Hours are devoted to prayers for Bishop Steven Maekawa, O.P. If you love Intercessory prayer, consider joining. For more information, contact Katie Reed at 907-348-7300.

Interested in receiving a sacrament or assistance in getting sacramental records? Contact St. Mark Parish Office at stmark@cbna.org

Go to St. Raphael straphaelcatholicparish@gmail.com or St. Nicholas: <https://www.stnicholasnp.org/bulletins> to see their activities.



Justice Challenge: In Sunday's Gospel, we hear Jesus proclaim the greatest commandment of loving God with our whole beings. But then Jesus adds the second greatest: "You shall love your neighbor as yourself." Your challenge this week is to think about how loving God and loving neighbor are inseparable. Then choose one neighbor (near or far) who needs help. It might be spiritual, financial, emotional, physical, or something else. Reach out to this neighbor and offer your assistance. It's a great way to show how much you love God! <https://pastoral.center>

Connecting to the Gospel...

... **to the First Reading:** Clearly the reading from Deuteronomy reinforces that we are to love God with all our being, the first commandment that Jesus gives in the gospel. While loving neighbor is not as explicit as in the gospel, it is implied when Moses enjoins Israel to follow all God's "statutes and commandments." These spell out how Israel is to live together in community, to care for one another.



... **to experience:** Despite what much of our contemporary society projects, love is not self-absorbed but other-centered, not transient but the enduring hallmark of all Christian living. <https://liturgy.slu.edu>



What are First Fridays and First Saturdays?

Looking for a concrete way to increase your devotion to the Sacred Heart of Jesus and the Blessed Mother? Look no further!

Devotion to the First Fridays and First Saturdays incorporates devotion to the Sacred Heart of Jesus and the Immaculate Heart of Mary into our monthly routines.

In the 17th century, St. Margaret Mary Alacoque, a cloistered nun, began receiving visions in which Christ asked her to foster devotion to His Sacred Heart. One of the devotions received through these visions is the "First Friday devotion," which calls for the faithful to receive the Eucharist on the first Friday of the month for nine consecutive months in honor and reparation of Jesus' Sacred Heart.



Jesus revealed several promises for those who observed First Friday devotions, including reception of the sacraments before death, perseverance in the Faith, and consolation of Christ's love at one's death.

The First Saturday Devotion is another way to devote yourself to the Sacred Heart of Jesus and honor our Holy Mother.

When the Virgin Mother appeared to the three children at Fatima in 1917, she told the oldest child, Lucia, that she would grant special graces to persons who practiced the First Saturday devotion.

On the first Saturday of every month, the faithful should go to Confession, receive Holy Communion, say the Rosary, and meditate on the Mysteries of the Rosary for fifteen minutes.

Our Lord's Sacred Heart burns with love for you!

<https://www.catholiccompany.com/getfed>.



PATRIOTIC ROSARY - The Patriotic Rosary was written by a member of Caritas Community, Alabama. It dedicates one Hail Mary in the traditional Catholic Rosary to each state of the United States and asks **God's protection of and guidance for the nation.**

Immaculate Conception Church monthly First Friday prays the Patriotic Rosary at 7:00AM on Saturday after the First Friday Nocturnal Adoration (6PM-6AM).

As we head into elections next week it is important for us to ask for God's protection of and guidance for our nation and its people. [THE-PATRIOTIC-ROSARY-Handout-Version-PDF-1.pdf](#)

National Vocation Awareness Week will be celebrated in our country November 5-11, 2023. Please ask Our Lord for more dedicated, holy priests, deacons, and consecrated men and women. May they be inspired by Jesus Christ, supported by our faith community, and respond generously to God's gift of vocation.

**PRIESTS, BROTHERS, NUNS.
THEY NEED US.
WE NEED THEM.**
Vocations Are Everybody's Business

(Practicing) Catholic – Recognize God in your Ordinary Moment)
All Our Strength



I didn't realize how much my arms would hurt when I became a mom.

It occurred to me first during Mass when my daughter was just a few weeks old. She was the kind of kid who could only sleep in someone's arms. I desperately wanted her to stay quiet during the service, so I held the swaddled bundle in front of me like it was a bomb, not daring to move. By the homily, my arms were on fire.

I quickly realized this was a common scenario of my new life as a parent. Holding, rocking, bouncing, restraining, dragging — honestly, my weak little chicken-arms had never been worked out like this before. It took all my strength.

But isn't that the way it is with everything that's worthwhile? It takes all your strength. Not some of it. Not most of it. All of it.

I am a fairly active Catholic. My faith impacts a lot of areas of my life. But there are still boundaries that I've drawn around God. There are places I haven't let Him in. Things I keep "for myself." Experiences that are just so full of *me*, so full of my own plans and my own desires.

But God desires everything. Not because He is selfish, but because He is good, and wise. Because He knows that the places we keep from Him will become filled with something else. He wants to get there first. He wants to lay His claim.

He wants all our strength. All our heart. All our soul. All our mind. Not most of it. All of it.

Can we give it to Him?

Colleen Jurkiewicz Dorman –October 31, 2024©Lpi

The Greatest Commandment

[The scribe] asked him, "Which commandment is the first of all?" Jesus answered, "The first is, 'Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.'"
(Mark 12:28-30)

Adults: Why is love of neighbor as important as love of God?
Kids: When do you show that you love God and your neighbor with your whole heart?



Join the 4th Degree Assembly of the Knights of Columbus for our annual **Flag Retirement Ceremony and Veteran's Day, November 11 Mass.** The Flag Retirement ceremony and Mass will be held at Sacred Heart Cathedral starting with the ceremony at 5:30PM and Mass at 6PM. There will be light refreshments after Mass. For more information contact Tom Malone at 907.460.1398

We can, if we will, become a saint, for God will never refuse to help us to do so.

~St. John Vianney



PARISH STEWARDSHIP
 October 27, 2024: \$ 858.50
 Actual Collection YTD
 (7/1/24-6/30/25):
 \$ 28,428.41
 Number of Parishioners: 97

Your financial stewardship is a blessing. Thank You! Visit WeShare for online giving at: <http://www.stmarksuaf.org>.

OCTOBER: St. Mark Parish donated 3% of October collections came to \$129.32 for World Missions collection. Thank you for your generosity.

NOVEMBER: Archdiocese for the Military Serves (AMS) will receive 3% or our monthly donation.

The Co-Sponsorship Seminarian Program was set up between AMS and cooperating U.S. dioceses to replenish the ranks of Catholic priests in the United States Military and the Church. The Diocese of Fairbanks holds collections for the AMS each year in dedicated support for ministry in the military.

Diocesan Special Donation for hurricane relief to be sent to the Florida Dioceses of St. Petersburg and Venice. They both were financially supportive of CBNA during a time of need, and this is an opportunity to aid their parishes after the hurricane's devastation.



Pope Francis' November Prayer Intentions:

For anyone who has lost a child.

We pray that all parents who mourn the loss of a son or daughter find support in their community and receive peace and consolation from the Holy Spirit.

Please Pray For: Pope Francis; Bishop Steven Maekawa, O.P., Fr. Ross Tozzi, and all our priests working within our diocese as they gather in Fairbanks this week for Priest Day.

+ Fr. Sean Thomson, Cedric Grace, Kerri Cerney, Fr. Gerardus Hauwert, IVE, Deborah Leabee, and all who are sick or with long term illnesses that need our prayers.

+ Families and friends of the St. Mark Community.

+ Those who have passed into eternal life to be embraced by God's unconditional love.

Prayer Support: If you need prayers for yourself or someone else, please contact our parish office at 907-374-9564 or email: stmark@cbna.org.

Help keep us informed if you are homebound, hospitalized, seriously ill, or wish to receive Holy Communion or Anointing of the Sick.

PRAYER FOR VOCATIONS – National Vocation Awareness Week
 “You shall love your neighbor as yourself.” Are you being called to love the Lord with an undivided heart as a priest or religious brother or sister? Talk to your priest or reach out to the Vocations Director at rfath@cbna.org or talk to your priest.

STEWARDSHIP MOMENT

“And ‘to love him with all your heart, with all your understanding, with all your strength, and to love your neighbor as yourself’ is worth more than all the burnt offerings and sacrifices.” (MARK 12:33)

Of all the gifts that God gives us, the one He wants the most is our heart. He wants us to share out of our love for Him, not out of obligation. Using our talent in parish ministry and contributing money to support our parish mission is important, but it's more important to spend time in prayer with God daily and discern how He is calling us to be generous with all of our gifts. Not just the visible ones, but the invisible ones like love, mercy, and forgiveness.



Help us point the world to Jesus Christ

“If we get the man right, we get everything right – the marriage, the family, the parish, the community. We need men who will say ‘yes’ to | their God-given vocation.”

- Supreme Knight Patrick Kelly



<https://www.kofc.org/en/campaigns/learnmore.html>



St. Therese

TRAVELING STATUE

pray for vocations

Commit to a week of intentional prayers for vocations with your family by receiving a statue of St. Thérèse to accompany you through the commitment to pray the prayers included in the kit throughout the week. Sign up for a week with your family by contacting <https://iccfairbnks.org/praywiththerese>

VOLUNTEER OPPORTUNITIES AT

SACRED HEART CATHEDRAL AND IMMACULATE CONCEPTION

Fairbanks Community Food Bank.

Food is collected and re-distributed to individuals and agencies. Sacred Heart Cathedral volunteers help with distributions of food boxes each Friday at SHC. Help with the loading and unloading of food boxes. If you can help between 12 and 1PM on any given Friday. Contact SHC at 907-474-9032.

Regional Soup Kitchen

Volunteers are needed to help prepare and serve meals from 1-3PM on the weekend (Sat & Sun). For more information on how you can help and what is needed to serve these meals, go to <https://iccfairbanks.org/soup-kitchen> for more information.

SAFE ENVIRONMENT: Our diocese is committed to creating a safe environment for everyone. If you are aware of abuse, you are encouraged to report the abuse to local law enforcement agencies and to contact our Victim Assistance coordinator, Jocelyn Niedziela by calling (907) 374-9553 or emailing vac@cbna.org. For more information access the Diocese Safe Environment link through <https://dioceseoffairbanks.org/report-abuse>

Christ tells us that we must love God with all our heart, all our should, all our mind, and all our strength. Live that love loudly. Hold nothing back. Give God all you have.

Need a Priest? - Please contact St. Mark's Office – (907)-374-9564 or Sacred Heart Cathedral Office at (907) 474-9032.