



ST. MARK UNIVERSITY PARISH

The Catholic Community of University of Alaska Fairbanks

1316 Peger Rd., Fairbanks, AK 99709-5168

Email: stmark@cbna.org Webpage: <https://stmarksuaf.org>

MISSION STATEMENT

St. Mark's University Parish provides a *welcoming faith community* for students, families, and individuals that share a geographic, intellectual, or historic connection to the University of Alaska Fairbanks (UAF). We exist to *encourage, inform, and support* the *faith journey of all who have come to UAF* with a background in the Catholic tradition. St. Mark's also provides reliable information for non-Catholics inquiring about our faith and contributes to inter-faith discussion and ecumenical action.

St. Mark Mass & Confession Schedules

Sunday Vespers: 4:45 pm at SHC. Vesper Music can be accessed at St. Mark's website <https://stmarksuaf.org>

Sunday Mass: 5:30 pm at SHC

Unable to receive normal hosts? Please arrive to mass early and see the priest or sacristan (Jennifer Chown) about the availability of low gluten hosts.

For our homebound, Fr. Ross Tozzi homilies can be heard by going to <https://sacredheartak.org/> and click on "homilies."

Confessions: Saturdays 3-4 PM at SHC and ICC.

Adoration of the Blessed Sacrament Thurs. 8am-12pm at SHC.

PASTOR

Fr. Ross Tozzi: rtozzi@cbna.org Ph: 907-347-3005

DEACON

Warren Lucero

LATIN MASS SCHEDULE:

Held at 6:00pm at Sacred Heart Cathedral

PARISH OFFICE:

Office Hours: 10am – 12noon

Parish Admin: Mary Pat Boger – Ph. 907-374-9564

Bookkeeping: Marilis Bennett - Ph. 907-590-9291

Music Director: George Stefan - Ph. 907-687-0077

CSA Advisor: Devan Larson: UAF-catholic-Club@alaska.edu

Pastoral Council: Marilis Bennett, Cynthia Klepaski, Ritchie Musick, Jen & Sean Tucker, Fr. Ross Tozzi.

Finance Council: Marilis Bennett, Jen Tucker, Fr. Ross Tozzi

CALENDAR of EVENTS:

8/30: Fr. Jaime's Farewell Party

9/2: LABOR DAY

9/6-7 First Friday at ICC – 5:30pm Mass – 7am Mass on Sat.

9/15: Catechetical Sunday

9/15: Deadline for Christmas Story Video

9/21: ORATORY Starts for kids 5-17 – 1:00-2:45 PM (SHC)

9/26: Confirmation & Youth Group – 3:00 – 4:15 PM (SHC)

9/29: Priesthood Sunday

10/12: Catholic Schools HIPOW Annual Auction

Catholic Definition: Doctor of the Church

A title given since the Middle Ages to certain saints whose writing or preaching is outstanding for guiding the faithful in all periods of the Church's history. Originally the Western Fathers of the Church, Gregory the Great, Ambrose, Augustine, and Jerome, were considered the great doctors of the Church. but the Church has officially added many more names to the original four, including Sts. Catherine of Siena (1347-80) and Theresa of Avila (1515-82) and 34 others you see on Catholic Culture "Resources" under D - Doctor of the Church.

<https://www.catholicculture.org/culture/library/dictionary/>

Need a Priest? - Please contact Fr. Ross Tozzi (907-347-3005), St. Mark's Office (907-374-9564), or Sacred Heart Cathedral Office at (907) 474-9032.

August 25, 2024

21st Sunday in Ordinary Time



First Reading: Proverbs 9:1-6

Wisdom has set a feast before us..

Responsorial: Psalm 34:2-3, 4-5, 6-7

A prayer of praise to God for his goodness.

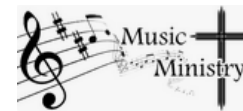
Second Reading: Ephesians 5:15-20

Filled with the Spirit, Christians strive to follow the will of the Lord.

Gospel Reading: John 6:51-58

Jesus teaches that whoever eats his flesh and drinks his blood will live forever.

Music of the Mass ~8/25



558 Come, Christian, Join to Sing

440 You Are Near

488 Love Goes On

675 When Love Is Found

497 Love Divine, All Loves Excelling

Heritage Mass parts found on pages 890-897.

AUGUST BIRTHDAYS & ANNIVERSARIES

To all our celebrants this month, we hope you had a wonderful celebration with family and friends. Fr. Ross Tozzi will offer a blessing at the end of Mass on Sunday. Due to the busy weekend (and weather) we'll have a treat for all as you leave church. We'll be back next month to celebrate indoors!

FR. JAIME'S FAREWELL PARTY

Fr. Jamie is being reassigned to the IVE Mission in Mankato MN at the Minor Seminary. Friday, August 30th there will be 5:30 PM Mass at Immaculate Conception Church, followed by dinner in Murphy Hall. Join in giving thanks for his time here in Fairbanks.

Life with Christ is a wonderful adventure."

St. John Paul II



Traditional Latin Mass- 6 PM at Sacred Heart Cathedral
September 14 & 21, October 12 & 26;
November 9 & 13, December 14 & 28.

The following programs resume in September:

Oratory 9/21 – 1:00-2:45PM @ SHC

Confirmation & Youth Group 9/26 – 3:00-4:15 @ SHC
Confirmation, Pre Confirmation, & Youth: 5:30PM
Class/6:30PM Youth Group (Dinner Provided),/7:45PM Pick up
Contact M. Way of Salvation at servidoras@cbna.org or
telephone (907) 987-9598.

Sacred Heart Book Club Discussion Group – 12:30 PM 1st
Monday of the month –downstairs in the Community Room.
September 9th. **The Living Word** about St. Helena and Emperor
Constantine by Louise de Wohl will be discussed. Contact Janet
Fortune for more info at 43janetf@gmail.com

Regional Soup Kitchen at Immaculate Conception - Serving
Hours are Saturday & Sunday only from 1-3pm. They are always
looking for volunteers and donations to help with their program.
If interested, please contact Immaculate Conception Church at
907-423-3533 ext. 1003, or email iccsoupkitchen@cbna.org

SHC Friday Food Boxes: Calls are taken from 10-11am Friday.
Volunteers unload boxes upon delivery from Foodbank around
12:15pm and distribute them to clients in the parking lot until
1:00pm. Please call Deborah at 907-474-9032 for details.

SHC Voices of Hope Prayer Group – 6:00 PM Tue, downstairs
in SHC kitchen for light potluck. Contemplative prayer meeting
in community room ending in rosary at 8:30 PM.

Men's Group: 7:30 PM at ICC every Thursday. Adoration -
followed by meeting downstairs.

Voices in the Wilderness: 6:30 PM Fridays at ICC. Contact Joe
Malen 388-2550 or Annie Dobbs 479-8567.

St. Nicholas' Mother's Group: 10AM – Noon on Tuesday. Multi-
Generational Support and Conversation. Coffee/Snacks/Child
Care provided. All mothers of the Dicoese are invited to be a part
of this group. Call or Text April at 907-347-1357.

ICC Our Lady of Fatima: Contact Shannon Christensen at (907)
388-1825.

Knights of Columbus: 6:30 PM **2nd Thursday of the month**
downstairs @ SHC. Become an active part in the civic lives of
our country, states, and local communities.

Legion of Mary: 6PM Monday Legion of Mary Meetings ~ ICC.
A group of dedicated women and men doing the Blessed Mother
Mary's work.

Franciscan Community: 6:30 PM on **1st Thursday of the**
month at St. Raphael Church. For information contact Gloria
Slagle stclare4@gmail.com

Marriage Preparations – Contact Fr. Ross *six (6) months prior*
to wedding - rtozzi@cbna.org or call (907) 347-3005.

Funerals: Contact Parish Office or SHC – 907-474-9032.



Justice Challenge: If there is a message to
hear this week, it is about being ready. The
parables foretell the end of the world... be ready
for you don't know when that might be. For
Christians, that means we need to believe in,
think about, and do the right things in life; we
need to have our priorities in order. So what does this include?
Feed the hungry, clothe the naked, visit those in prison and give
drink to those who are thirsty. Spend your life doing these things
and you will be prepared. Why is that? These things shape our
hearts and make us humble and willing to put others before
ourselves. They help us to see the face of Christ in our midst. It
is the crazy paradox of being a Christian. To be first, you must
be last. To be a leader, you must be a servant. Are you ready?
What are you spending your time on these days? The challenge
this week is to look at your calendar... personal and family. How
are you spending your time? Read Matthew 25:31-46, and make
sure some of those things make it on your calendar each week.
<https://pastoral.center>

Connecting the Gospel...

... **to the First Reading:** Both the **First Reading** and the
Gospel call upon us to decide whom we will serve. The decision
is based on our knowledge and experience of what
God has done for us, and our relationship with
Jesus. ... **to experience:** Sometimes we
follow Jesus even without full understanding
or complete conviction. But, like Peter, we
know that there is none other to whom we
would rather go. <https://liturgy.slu.edu>



Christian Marriage

**This is a great mystery, and I am applying it to Christ
and the church. Each of you, however, should love his
wife as himself, and a wife should respect her
husband. (Ephesians 5:32-33)**

Adults: In what way has the example of Christian marriage
(your own or that of another couple) helped you understand the
relationship between Christ and his church?

Kids: What can you do for your family to show them Jesus' love
and care?

SACRED HEART CATHEDRAL/DIOCESE REPAVEMENT PROJECT

The repaving of the project has been put out for a rebid. The
original estimate was passed on paving over the existing lot. The
rebid will provide a longer-term solution based on digging out
the existing pavement, putting a base layer of crushed gravel at
least a foot in depth and repaving. This will cost significantly
more. SHC will update us on the new figure once a bid has been
accepted. Meanwhile they will continue collecting donations to
help with the project.

When completed next summer, the parking lot will be leveled,
lines for parking will be painted, and the entry way from Peger
will be widened. Follow <https://sacredheartak.org/giving> to
stay up to date. The Sacred Heart Cathedral goal of raising
\$115,000 to cover their cost of repaving has now reached
\$84,627 (73% of goal). The costs of the lot will be split between
the Diocese and Sacred Heart Cathedral Parish.

For all those not able to receive our LORD in the Eucharist you
can recite the following:



An Act of Spiritual Communion My Jesus, I believe
that You are in the Blessed Sacrament. I love You
above all things, and I long for You in my soul.
Since I cannot now receive You sacramentally,
come at least spiritually into my heart, as though
You have already come. I embrace You and unite
myself entirely to You; never permit me to be
separated from You.



What is “false humility”?

And how do we combat it effectively?

How do you respond to praise? Do you downplay every compliment you receive, brushing off praise with a humble shrug and a “Who, me? Oh, I’m nothing special”? Do you reject any acknowledgment of your gifts or achievements, insisting that you’re just doing your part? While it might seem like you’re practicing humility, there’s a sneaky little trap here that can lead us away from true humility and into something less virtuous: false humility.

Let’s start by clearing up what humility really is. True humility is about recognizing the truth of who we are—both our strengths and weaknesses—and giving glory to God for all of it. St. Teresa of Ávila nailed it when she said, “Humility is truth.” It’s about acknowledging our talents as gifts from God and using them to serve others without becoming puffed up with pride.

False humility is when we pretend to be less than we are or refuse to acknowledge the gifts God has given us.



It might look like humility on the surface, but it’s actually a twisted form of pride. Why? Because false humility is still focused on ourselves—how we appear to others, how we don’t want to be seen as proud. It’s a subtle way

of keeping the spotlight on us, even if it’s in a negative light.

Think of the parable of the talents in the Gospel of Matthew (25:14-30). The servant who buried his talent didn’t do so out of humility, but out of fear and a misunderstanding of his master’s generosity. True humility would have driven him to use that talent to the best of his ability, trusting that his master would be pleased with his efforts.

So, how do we avoid the trap of false humility? Start by being honest with yourself and with God. When someone praises you for something you’ve done well, accept it graciously, and then direct that praise where it truly belongs—back to God. Remember, as C.S. Lewis said, “humility isn’t about thinking less of yourself; it’s about thinking of yourself less.”

In the end, it’s about living in the truth of who God made you to be. And that’s the most humble—and holy—thing you can do.

But there’s a reason real humility is difficult—it requires self-knowledge, which is hard to come by! However, there’s a great book that can help you grow in self-knowledge and humility. Know Thyself is an invaluable resource for our prideful age. Adapted from Rev. Fr. Cajetan da Bergamo’s classic [Humility of Heart](#) and supplemented with writings from the saints and powerful Scripture passages, Know Thyself is a collection of 100 guided meditations on true humility.

<https://www.catholiccompany.com/getfed>

If you are in danger, if your hearts are confused, turn to Mary; she is our comfort, our help; turn towards her and you will be saved.

Francis Xavier Cabrini



(Practicing) Catholic – Recognize God in your Ordinary Moments
TO WHOM SHALL WE GO?



A friend of mine, who is a far better Christian than I can ever hope to be, once shared with me that her family sneers at her belief system and lifestyle.

She believes in fairy tales they tell her. She’s looking for simple solutions from a kind-faced man in the sky because she doesn’t want to grapple with complicated answers to complicated problems.

Religion, they argue, is the easy way out.

As she spoke about this, her voice became unsteady. Not with anger, but with emotion. “I would never call this life easy,” she said. “If I was looking for something that was easy, I wouldn’t choose Catholicism.”

What was unspoken was *why* she has chosen Catholicism. I know the answer, but only because I know her. I knew her before she chose it wholeheartedly, and I know her now, and I see the difference. I see that these words are written so clearly across the days of her life: “Master, to whom shall we go?”

Once the truth is known in your soul, you see, it can never be unknown.

Following Christ is not about easy answers and simple teachings. Sure, it all sounds very basic: love one another as I have loved you. What could be more straightforward?

But what does that mean? What does that look like in daily, modern life, in a world full of the fallen, whose flaws have given us rough edges and weakened wills?

I’ll tell you what it looks like — it looks like a struggle. It looks like failure and mess and confusion and losing your way and finding it again, all because you remembered that within you there is a compass pointing due north. It’s a constant state of wandering in the dark, following a Voice that asks you to go where you’re afraid to go. And you follow the Voice not because it’s the only voice there is and not because it’s the voice that says what you want to hear, but because it’s the only one that speaks the truth, and the truth pulls on you in a way you can’t quite resist.

When Christ asks, “Do you also want to leave?” he is not gaslighting us. It’s a genuine question. We are free to go. We are not prisoners.

But we have heard the words of everlasting life, and now we can only have peace if we follow where they lead.

“As for me and my household, we will serve the Lord.”

— *Joshua 24:15*

Colleen Jurkiewicz Dorman –August 22, 2024©Lpi

Be humble, be simple, bring joy to others.
--St. Madeleine Sophie barat.

PARISH STEWARDSHIP

Thank you for your generosity and continued support!

August 18: \$ 755.00

Fiscal Year Total 7/1/24-6/30/25: \$ 16,612.84

Looking for a way to support our Parish? Donating is made easier with WeShare which allows for electronic online giving at: <http://www.stmarksuaf.org>.

STEWARDSHIP MOMENT

“If it does not please you to serve the Lord, decide today whom you will serve...As for e and my household, we will serve the Lord.” ~ Joshua 24:15

This line from Scripture is what ultimately separates Catholics from our Protestant brothers and sisters. Jesus is really present in the bread and wine that are consecrated at Holy Mass. It is His actual body and blood that we consume. This is the greatest gift that we can receive. The Eucharist shows us how great of love that Jesus has for each of us.

Prayer of the Faithful: That we experience the Peace and Joy God wants for us in serving Him and others.



Pope Francis' August Prayer Intentions: For political leaders.

We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

Please Pray For (+): Pope Francis; Bishop Steven Maekawa, O.P., Fr. Ross Tozzi, Fr. Shepherd Munaro, all priests, brothers, sisters, and deacons within our diocese.

- + Areas of armed conflict and unrest around the world.
- + Members of the Armed Services and public servants protecting our freedom.
- + Parishioners of St. Mark, that the abundant blessings will be bestowed on them.;
- + New and returning University of Alaska Fairbanks students.
- + Those in need of healing – John Fox, Ben Orr, Tracy Bradshaw, Marilis Bennett's mother, Gail Riedman, Jim & Mary Cerney's daughter, and others not mentioned.
- + People in need of shelter, healthcare, education, and adequate food.
- + Our deceased loved ones: that they may share in the gift and promise of eternal life.

Prayer Support: If you need prayers for any intention, please contact our parish office at 907-374-9564 or email: stmark@cbna.org. Help keep us informed if you are homebound, hospitalized, seriously ill, or wish to receive Holy Communion or Anointing of the Sick.



happy labor day: honoring the dignity of work

2024-2025 School Year Start Dates

Religious Education: Sacred Heart Cathedral and Immaculate Conception are registering for Religious Education and Sacramental Prep this month. We ask our St. Mark families to enroll their children in these programs.

If you know of anyone wanting to learn more about the Catholic Faith or come into the church, classes begin in September. Other activities and group events in parishes start up again in September. Our bulletin will keep you informed, as well as our website.

Keep our families and students in your prayers. Especially those who are headed out of state to further their education.

‘Your students are living images of Jesus.’

August is the month of the Immaculate Heart of Mary.

O Immaculate Heart of Mary, refuge of sinners, I beg of you by the infinite merits of the Sacred Heart of Jesus, and by the graces God has granted to you since your Immaculate Conception, the grace of never going astray again. Mother, keep me, a sinner, constantly bathed in the light of your Immaculate Heart. Amen

PRAYER FOR VOCATIONS

that all men and women hear God's plan for their lives and answer the call with thanks I their hearts, we pray to the Lord.

PRAY FOR VOCATIONS

“You have the words of eternal life.” Could God be calling you to be a vessel of his eternal love and wisdom that guides and inspires others? Follow Him into a life of service to others as a priest or religious brother or sister. Talk to your priest or reach out to the Vocation Office at (907) 374-9504.

SAFE ENVIRONMENT: Our diocese is committed to creating a safe environment for everyone. If you are aware of abuse, you are encouraged to report the abuse to local law enforcement agencies and to contact our Victim Assistance coordinator, Jocelyn Niedziela by calling (907) 374-9553 or emailing vac@cbna.org. For more information access the Diocese Safe Environment link through <https://dioceseoffairbanks.org/report-abuse>

WEBSITES FOR AREA CHURCHES...see what's available of interest.

Sacred Heart Cathedral <https://sacredheartak.org/>
Immaculate Conception <https://iccfairbanks.org/>
St. Raphaels <https://straphaelfairbanks.org/>
St. Nicholas Catholic Church <https://stnicholasnp.org>



We need extraordinary ministers and readers to assist at Mass. If you are interested or have questions in regard to what this entails, please contact the parish office or see Mary Pat Boger after Mass. We will train you and put you on our schedule. Please prayerfully consider helping out.

ADORATION TIMES ~ Fairbanks & North Pole

Sacred Heart Cathedral

Wed: 11 AM to 12 PM ~ Thurs: 8 AM - 12 PM ~ Sat: 3 - 4 PM

Immaculate Conception Church

Tues: 7 PM – 8 PM ~ Wed: 6 - 7 PM ~ Sat: 3 – 4 PM

St. Raphael Catholic Church

Tues. & Thurs 8:30 - 9:30 AM ~ Wed. 4:30 AM - 5:30 PM
2nd Thurs 4 - 8 PM ~ Fri. 7 AM - 6 PM

St. Nicholas Catholic Church

Mon., Tues., Thurs., Fri., 8:00 AM