



ST. MARK UNIVERSITY PARISH

The Catholic Community of University of Alaska Fairbanks

1316 Peger Rd., Fairbanks, AK 99709-5168

Email: stmark@cbna.org Webpage: <https://stmarksuaf.org>

MISSION STATEMENT

St. Mark's University Parish provides a *welcoming faith community* for students, families, and individuals that share a geographic, intellectual, or historic connection to the University of Alaska Fairbanks (UAF). We exist to *encourage, inform, and support* the *faith journey of all who have come to UAF* with a background in the Catholic tradition. St. Mark's also provides reliable information for non-Catholics inquiring about our faith and contributes to inter-faith discussion and ecumenical action.

St. Mark Mass & Confession Schedules

Sunday Vespers: 4:45 pm at SHC. Vesper Music can be accessed at St. Mark's website <https://stmarksuaf.org>

Sunday Mass: 5:30 pm at SHC

Unable to receive normal hosts? Please arrive to mass early and see the priest or sacristan (Jennifer Chown) about the availability of low gluten hosts.

For our homebound, Fr. Ross Tozzi homilies can be heard by going to <https://sacredheartak.org/> and click on "homilies."

Confessions: Saturdays 3-4 PM at SHC and ICC.

Thursday Adoration of the Blessed Sacrament 8am-12pm at SHC.

PASTOR

Fr. Ross Tozzi: rtozzi@cbna.org Ph: 907-347-3005

DEACON

Warren Lucero

LATIN MASS SCHEDULE:

Held at 6:00pm at Sacred Heart Cathedral

PARISH OFFICE:

Office Hours: 10am – 12noon

Parish Admin: Mary Pat Boger – Ph. 907-374-9564

Bookkeeping: Marilis Bennett - Ph. 907-590-9291

Music Director: George Stefan - Ph. 907-687-0077

CSA Advisor: Devan Larson: UAF-catholic-Club@alaska.edu

Pastoral Council: Marilis Bennett, Cynthia Klepaski, Ritchie Musick, Jen & Sean Tucker, Fr. Ross Tozzi.

Finance Council: Marilis Bennett, Jen Tucker, Fr. Ross Tozzi

CALENDAR OF EVENTS:

8/2-3: First Friday at ICC – 5:30pm Mass – 7am Mass on Sat.

8/6-8: Diocesan Clergy Days

8/6, 8, 13, 15, 20, 22: 7-9:30 pm ICC Beloved Marriage Prep

8/15: Assumption of the Blessed Virgin Mary

8/24-25: 2024 Youth Fest @ Bingle Camp

Catholic Definition: Assumption

The doctrine of Mary's entrance into heaven, body and soul. As defined by Pope Pius XII in 1950, the dogma declares that "Mary, the immaculate perpetually Virgin Mother of God, after the completion of her earthly life, was assumed body and soul into the glory of heaven." The Church does not rely on the Scriptures for belief in Mary's Assumption. The doctrine is rather part of the oral tradition, handed down over the centuries. It was therefore certainly revealed because, in reply to the questions, the Catholic bishops of the world all but unanimously expressed the belief that this was part of the divine revelations.

<https://www.catholicculture.org/culture/library/dictionary/>

Weekday Sacred Heart Cathedral Mass Schedule Change

Please note that *beginning the week of August 12—16, 2024* we will return to our weekday Mass schedule of *Monday through Friday Masses at 7:30 AM*. There will no longer be a regular weekly 12:10 PM Mass on Wednesday.

August 4, 2024

18th Sunday in Ordinary Time



First Reading: Exodus 16:2-4, 12-15

The Lord feeds the Israelites with manna.

Responsorial: Psalm 78:3-4, 23-24, 25, 54

A song of praise to God for his deeds to Israel.

Second Reading: Ephesians 4:17, 20-24

Christians become a new creation in Christ.

Gospel Reading: John 6:24-35

Jesus teaches the crowds that he is the "bread of life."

Music of the Mass ~8/4

322 Look Beyond

344 Gift of the Finest Wheat

342 I Am The Bread of Life

355 In The Breaking of the Bread

346 O Sacrament Most Holy

Heritage Mass parts found on pages 890-897.



PRIESTLY FORMATION DAYS 6-8 AUGUST 2024

Mass will be held at **Sacred Heart Cathedral** - 12:10 PM on Tuesday-Wednesday-Thursday of this week. *These will be the only masses in the area during this coming week while priests are in meetings.* Keep them in your prayers as they gather from around the Diocese for their quarterly gathering for professional development, fraternity, and rest from their normal pace.

Join them for these three days at the 12:10 PM Mass at Sacred Heart Cathedral and show your support of their ministry.



Need a Priest? - Please contact Fr. Ross Tozzi (907-347-3005), St. Mark's Office (907-374-9564), or Sacred Heart Cathedral Office at (907) 474-9032.

The following programs resume in September:

Oratory ~ Religious Education ~ Confirmation ~ Youth Group ~ Voice of Hope Prayer Group ~ Voces Verbi Young Adult Group ~ Sacred Heart Reading Group ~ ICC Woman's Group ~ SHC Reading Group.

2024 YOUTH Fest – Starts 10 AM on Aug. 24th (Sat) and ends at 2 PM on Aug 25th (Sun). Youths 12-17 years of age are eligible to participate. Go to forms.gle/iCqVGDnqk7WsxerX7 to register.

Vespers (sung): 4:45 pm on Sundays at Sacred Heart Cathedral. Tradition Evening Prayer of the hours of the Liturgy. Consists of praying the psalms put to traditional chant tones.

Traditional Latin Mass- 6 PM at Sacred Heart Cathedral August 10 & 24; September 14 & 21, October 12 & 26; November 9 & 13, December 14 & 28.

Regional Soup Kitchen at Immaculate Conception - Serving Hours are Saturday & Sunday only from 1-3pm. They are always looking for volunteers and donations to help with their program. If interested, please contact Immaculate Conception Church at 907-423-3533 ext. 1003, or email iccsoupkitchen@cbna.org Food items that are needed – Granola bars, Jelly, Fresh Fruit (bananas, apples, oranges, etc.), Desserts, Eggs, Hot Chocolate, Coffee (3#tin) , Peanut Butter, “”Bottled water**.

SHC Friday Food Boxes: Calls are taken from 10-11am Friday. Volunteers unload boxes upon delivery from Foodbank around 12:15pm and distribute them to clients in the parking lot until 1:00pm. Please call Deborah at 907-474-9032 for details.

SHC Voices of Hope Prayer Group – 6:00 PM Tue, downstairs in SHC kitchen for light potluck. Contemplative prayer meeting in community room ending in rosary at 8:30 PM.

Men's Group: 7:30 PM at ICC every Thursday. Adoration - followed by meeting downstairs.

Voices in the Wilderness: 6:30 PM Fridays at ICC. Contact Joe Malen 388-2550 or Annie Dobbs 479-8567.

ICC Our Lady of Fatima: Contact Shannon Christensen at (907) 388-1825.

Knights of Columbus: 6:30 PM **2nd Thursday of the month** downstairs @ SHC. Become an active part in the civic lives of our country, states, and local communities.

Legion of Mary: 6PM Monday Legion of Mary Meetings ~ ICC. A group of dedicated women and men doing the Blessed Mother Mary's work.

Franciscan Community: 6:30 PM on **1st Thursday of the month** at St. Raphael Church. For information contact Gloria Slagle stclare4@gmail.com

Marriage Preparations – Contact Fr. Ross *six (6) months prior to wedding* - rtozzi@cbna.org or call (907) 347-3005.

Funerals: Contact Parish Office at SHC – 907-474-9032.



"This is my body which is for you."
1 Corinthians 11:23

Asher Harvey will receive his First Communion this Sunday at our 5:30 PM Sunday Mass. Congratulations! This is a very important event in his faith life. We are thankful for their parents' work in preparing him for this very special day! May the love of Jesus forever remain close to him as he receives Him in the Eucharist! Please pray for Asher and his family as they return to Point Hope for another school year where Harlee teaches.

Fall Beloved Marriage Preparation Sessions at Immaculate Conception Church



Experience the Deeper Meaning Behind "I Do" in the upcoming BELOVED series as Immaculate Conception Church hosts the fall marriage preparation classes for our diocese. Come uncover the mystery and the meaning of the sacrament of marriage for engaged couples. All engaged couples or couples thinking about marriage are invited to register for the classes. Call Immaculate Conception Church at 907-452-3533 or contact your parish pastor.

August 6 & 8 - 7 to 9:30 PM
August 13 & 15 - 7 to 8:30 PM
August 20 & 22 - 7 to 8:30 PM



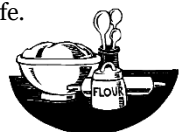
Justice Challenge: One of Blessed Pope Paul the VI's most famous quotes is, "If you want peace, work for justice." This idea comes from years of Catholic social teaching responding to the world and the issues at hand in any given age.

This statement can be clearly understood today. Just take a look at the civil war in Syria. At the heart of the refugee crisis is a lack of justice from a government that has amassed wealth while the people go hungry or without opportunities for education and participation in decisions that affect them. Followers of Jesus Christ must work to alleviate issues that attack the dignity of the human person – with works of charity and acts of justice. What exactly does that mean? When Syrian refugees are hungry and homeless, we must feed them and help them get the safe homes they deserve. Those would be acts of charity. At the same time, we can encourage our government to pressure the Syrian government to alleviate the problem and find solutions that will benefit the people and ensure the people won't suffer so terribly ever again. Policy and political change are both ways to bring justice. Both are needed to make change happen. Your challenge is to choose an injustice you see in your community. Ask questions about the issue. What do I know about this injustice and what don't I know? Who is affected by the issue? Who has the power to change the issue? Who seeks to gain if the issue isn't resolved? Now... what are YOU going to do about the issue? Start today. <https://pastoral.center>

Connecting the Gospel...

... to the First Reading: In the [First Reading](#) the people grumble because they are hungry, and God hears them and gives them "bread from heaven." In the gospel the crowd is also looking for food, but Jesus offers them something new—himself as the new bread from heaven, "the bread of life."

... to experience: Are we ever satisfied? No! We are always pursuing better ways to meet our needs and wants, sometimes so intensely that we miss far greater gifts being offered to us. This gospel reminds us that the greatest gift has already been given to us—Jesus himself, "the bread of life."



<https://liturgy.slu.edu>

The Catholic Company presents



A perfect morning...guaranteed.

This health practice is over 2,000 years old and has eternal benefits

We're all looking for a good morning routine.

Thousands of books, podcasts, and so-called health gurus promise a path to a peaceful and productive morning routine. They outline meditative practices, supplement regimens, and workout routines, all promising to wake you up and give you a successful start to your day.

But there is a better, simpler way. *And it has over 2,000 years of proof.*

It is the Chaldean Morning Prayer, an Eastern Catholic tradition that has its roots in the ancient Jewish ways of praying with psalms and hymns.

The Chaldean Morning Prayer has evolved throughout the centuries. The Council of Seleucia-Ctesiphon in 410 A.D. helped formalize many aspects of the Eastern liturgy, including the daily prayers.



In the 16th century, with more influences from the Roman Catholic Church, this morning prayer began incorporating elements from Western liturgical practices while maintaining the distinctive Eastern identity.

To this day, this prayer is still prayed frequently in the Eastern Catholic Church.

Despite being over 2,000 years old, this wise-old prayer has much to teach us moderns, both Eastern and Western, about the best way to start our day: prayer.

Here is a beautiful version of the Chaldean Morning Prayer:

As morning dawns, we praise you, Lord, for you have saved your whole creation. In mercy, grant a day of peace; bestow forgiveness for our sins.

May you not ever cut off hope, nor shut the door before our face. Do not withhold your care from us, for you alone know our weakness.

Sow love, peace, and harmony; uphold our priests and calm our kings; heal all our sick and guard the strong; forgive the sins of all mankind.

So, put down the health books and Instagram influencer morning routines and begin your day with prayer.

If there's anything better than starting your day with prayer, it's starting and ending your day with prayer!

<https://www.catholiccompany.com/getfed>

ADORATION TIMES ~ Fairbanks & North Pole

Sacred Heart Cathedral

Wed: 11 AM to 12 PM ~ Thurs: 8 AM - 12 PM ~ Sat: 3 -4 PM

Immaculate Conception Church

Tues: 7 PM – 8 PM ~ Wed: 6 - 7 PM ~ Sat: 3 – 4 PM

St. Raphael Catholic Church

Tues. & Thurs 8:30 - 9:30 AM ~ Wed. 4:30 AM - 5:30 PM

2nd Thurs 4 - 8 PM ~ Fri. 7 AM - 6 PM

St. Nicholas Catholic Church

Mon., Tues., Thurs., Fri., 8:00 AM

(Practicing) Catholic – Recognize God in your Ordinary Moments)

FOOD THAT PERISHES



It's so easy to do the right thing because we want to tick all the right boxes. We want to live by the law. We want to accomplish the work of God.

Or, at least, we say that we do.

But Jesus tells us that in order to accomplish the work of God, we have to believe in the one he sent. And to believe in Christ is to be filled with the spirit of truth — to do what is right because it is right, not because we want to be filled with good feelings.

What is the difference between doing what is right because you want to be a good Christian, and doing what is right because you believe in Christ?

It's the difference between eating manna and the Eucharist. One fills your stomach and keeps you alive, and nothing more. The other satisfies a hunger you might not have even known you had, or if you did know, you called it by another name — sadness, unfulfillment, fear. One achieves a corporeal goal, and that's the end of it. The other accomplishes something invisibly, secretly, silently, and though there is physical evidence of its work all around us, you have to be shrewd to recognize it.

It's the difference between making a social media post condemning sin and enveloping a sinner (the one at our dinner table, the one on the street, the one staring back at us in the mirror) with love and concern. It's the difference between simply going to Mass and living the Gospel. It's the difference between speaking to God and saying a prayer. It's the difference between telling someone they're wrong and telling them about the truth.

There's nothing wrong doing what is right because we long for heaven, and there's nothing wrong with eating manna if you're starving. But that alone isn't enough. We must also long for the bread of heaven, the bread that gives life to the world.

Jesus said to them, 'I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.' — John 6:35

Colleen Jurkiewicz Dorman –August 1, 2024©Lpi

The Eyes of Faith

So they said to Jesus, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing?" (John 6:30)

Adults: When has your faith helped you believe without "seeing signs" from God?

Kids: Who helps you believe in things you cannot see?

August is the month of the Immaculate Heart of Mary.

O Immaculate Heart of Mary, refuge of sinners, I beg of you by the infinite merits of the Sacred Heart of Jesus, and by the graces God has granted to you since your Immaculate Conception, the grace of never going astray again. Mother, keep me, a sinner, constantly bathed in the light of your Immaculate Heart. Amen

Prayer Support: If you need prayers for any intention, please contact our parish office at 907-374-9564 or email: stmark@cbna.org. Help keep us informed if you are homebound, hospitalized, seriously ill, or wish to receive Holy Communion or Anointing of the Sick.

PARISH STEWARDSHIP

Thank you for your generosity and continued support!

July 21; \$ 716.00 (*correction)

July 28: \$595.00

Fiscal Year Total 7/1/24-6/30/25: \$ 3,730.84

Looking for a way to support our Parish? WeShare allows for electronic online giving at: <http://www.stmarksuaaf.org>.

STEWARDSHIP MOMENT

“Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not.” E XODUS 16:4

When the Israelites gathered more than their daily portion of manna, the surplus became wormy and rotten. In the same way today, self-reliance, pride and ego leads to hoarding and excessive surplus of goods and money. Living a stewardship lifestyle helps us discern our “wants” from our “needs.” Living a grateful and generous lifestyle reminds us that God will provide all that we need and that we have plenty to share.

Prayer of the Faithful: That we recognize the difference between what we need and what we want and trust that God has provided us with enough to share.



**Pope Francis' August Prayer Intentions:
For political leaders.**

We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the

poor and those who have lost their jobs.

Please Pray For (+): Pope Francis; Bishop Steven Maekawa, O.P., Fr. Ross Tozzi, Fr. Shepherd Munaro, and all priests, brothers, sisters, and deacons within our diocese.

- + Alex & Harlee Harvey family – for Asher’s First Communion and their safe return to Point Hope for another school year.
- + Fr. Piotr Oprych for a safe trip home to Poland and work in his new diocese;
- + Relief for people suffering from fires on the west coast and Canada; safety of all affected by storms and natural disasters; and areas of conflict worldwide;
- + Those in need of healing – John Fox, Ben Orr, Tracy Bradshaw, Marilis Bennett’s mother, Gail Riedman, and those I have failed to mention;
- + People in need of shelter, healthcare, education, and adequate food.
- + Our dearly departed and their families who grieve their loss.

PRAY FOR VOCATIONS “The bread of God is that which comes down from heaven.” Reflect upon the sacred nature of the divine bread and contemplate if He is calling you to the priesthood or consecrated life. Talk to your priest or reach out to the Vocation Office at (907) 374-9504.

SAFE ENVIRONMENT: Our diocese is committed to creating a safe environment for everyone. If you are aware of abuse, you are encouraged to report the abuse to local law enforcement agencies and to contact our Victim Assistance coordinator, Jocelyn Niedziela by calling (907) 374-9553 or emailing vac@cbna.org. For more information access the Diocese Safe Environment link through <https://dioceseoffairbanks.org/report-abuse>

2024 YOUTH Fest



Scan QR code or go to the link to register!
forms.gle/iCqVGDnqk7WsxerX7



When Starts - 10am Sat Aug 24
Ends - 2pm Sun Aug 25
Where Bingle Camp
Ages 12-17 years old



Diocesan Employment Opportunities
Chancery

Part-time Donations Processing Clerk, 20 hrs./wk. This job entails all aspects of processing donations received by the Diocese. Visit dioceseoffairbanks.org/job-postings for more detailed information or E-mail humanresources@cbna.org.

Catholic Schools of Fairbanks Openings

High School English Teacher, Middle School/High School History Teacher, Middle School/High School Religion and Theology Teacher, and On-call Substitute Teachers. For more details or application instructions go to <http://www.catholic-schools.org/employment>.

Sacred Heart Part-time Outreach Coordinator

Responsibilities include Stephen Ministry Outreach, Safe Environment, and Emergency contact for citywide callout of priests to respond to people in danger of death or in special need of pastoral visits. Please submit a letter of interest, a resume, and three references to Rev. Ross Tozzi, Sacred Heart Cathedral. rector@cbna.org or Ph: (907) 347-3005 with questions.

St. Raphael Part-time Lay Pastoral Minister

Responsibilities include assisting the priest and parish staff with seasonal and special celebrations preparation and coordination through ministry. **Description:** Coordinating volunteer ministries; planning reflection and faith building materials; coordinating volunteers and organizations who assist the parish; recruiting volunteers for ministry and service; developing beautification strategies through seasonal decorating; engaging and assist with religious education; helping to lead rehearsals for special celebrations; assisting with pastoral care initiatives; promoting parish faith building activities and classes; and holding regular office hours to be accessible to members of the parish. The lay pastoral minister is a part time position with flexible hours. If you are interested in this position with St. Raphael Parish please contact the parish office by calling (907) 457-6603 or email: straphaelcatholicparish@gmail.com

Sacred Heart Cathedral <https://sacredheartak.org/>
Immaculate Conception <https://iccfairbanks.org/>
St. Raphaels Catholic Church <https://straphaelfairbanks.org/>
St. Nicholas Catholic Church <https://stnicholasnp.org>

Pray for the safety of all travelers!