



ST. MARK UNIVERSITY CATHOLIC PARISH

The Catholic Community of University of Alaska, Fairbanks

PO Box 750166 Fairbanks, AK 99775-0166

Email: st.mark@cbna.org Webpage: stmarksuaf.org

March 15, 2020

Third Sunday of Lent Time -A

Our Parish Mission Statement:

St. Mark's University Parish provides a welcoming faith community for students, families, and individuals that share a geographic, intellectual, or historic connection to the University of Alaska Fairbanks (UAF). We exist to encourage, inform, and support the faith journey of all who have come to UAF with a background in the Catholic tradition. We provide a convenient and hospitable space for students' sacramental life, prayer life, fellowship and growth in faith. St. Mark's also provides reliable information for non-Catholics inquiring about our faith and contributes to inter-faith discussion and ecumenical action.

Regular Sunday Mass: 5:30pm

March 15, 22 & 29 – Mass held at

Sacred Heart Cathedral (same 5:30pm time)

Pastor: Fr. Robert Fath

Ph. 907-374-9504 Email: vg@cbna.org

Parish Administrator: Mary Pat Boger

St. Mark: Ph.: 907-374-9564

Office Hours: Tues-Fri: 10am – 12noon.

Bookkeeper: Marilis Bennett Ph. 590-9291

Music Director: George Stefan

Parish Council Members: Cynthia Klepaski, John Fox, Marilis Bennett, Jen Tucker, Sean Tucker, Ritchie Musick

Reconciliation: Sunday before Mass and upon appointment.

Sacraments & Becoming Catholic: Please contact Fr. Robert Fath or Mary Pat Boger.

Assistance in Faith Formation: See Mary Pat Boger

Parish Council: Meets 2nd Sun/month after Mass

New Members: If you are new to our parish, please register and introduce yourself to Fr. Robert Fath and/or Mary Pat Boger.



Holy Father's Prayer Intentions March 2020: Catholics in China

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.



Special Prayer Intentions: Pope Francis; Bishop Chad;

Fr. Fath; priests, religious, deacons, seminarians in the Diocese of Fairbanks and Alaska; Arthur Mace (Jen Tucker's father); Robin Eagan; Ben Orr; Gail Reidman; Tweet Burik; Joel Rivera; Robert McElligott; for all suffering from corona virus, as well as individuals and businesses suffering the economic hit from dealing with the changes needed to address the virus. We pray for all affected by these changes.

Third Sunday of Lent - A

Source of Strength

Exodus 17:3-7 Water from the Rock

Romans 5:1-2, 5-8 Faith, Hope, and Love

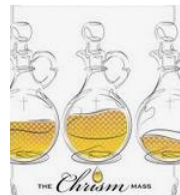
John 4:5-42 The Samaritan Woman at the Well

Catholic Student Association

We are a community of faith and caring.

FROM UAF President Jim Johnson

- We are extending spring break by one week for students in order to allow faculty time to prepare their courses for alternative delivery methods. That means there will be no classes between now and March 23. Employees should return to work unless affected by restrictions established in separate guidance.
- We are asking students living in residence halls to either stay at their permanent residences, if they have traveled there for spring break, or to make plans to return to their permanent or alternative residences by March 17. Temporary access to residence halls will be provided to access needed personal items and study materials. The universities will provide a process to request exceptions for students who have no other residence or who cannot travel.
- We are canceling all events and gatherings of 25 people or more between today and March 31. We will revisit the situation later this month and make a decision then regarding events for the rest of the spring semester. **Full announcement available online.**



We would like to invite everyone to attend the **Chrism Mass on Tuesday, March 24th at 7:00pm at Sacred Heart Cathedral.** During this annual liturgy, the three sacramental oils

used by all churches in our diocese during the year will be consecrated... *Chrism* for anointing the newly baptized, sealing candidates for confirmation and dedicating new churches and altars...*Oil of Catechumens*, used for anointing those preparing for baptism...and *Oil of the Sick*, used to offer comfort, support and healing to the aged and infirm. A set of holy oils, to be used in the year ahead, will be distributed to each parish or ministry after the Mass. All are invited to the social hall for an all parish reception after Mass.



Communal Lenten Penance Services

March 19 (Thu) – 7pm at Sacred Heart Cathedral
March 26, (Thu) – 7pm at St Nicholas - North Pole
March 31, (Tue) – 7pm at St Raphael – Fairbanks

St. Mark University Catholic Parish

St. Mark Masses have moved to Sacred Heart Cathedral due to restrictions taken in prevention of the exposure and spread of the corona virus. Our 5:30pm Mass has been moved to Sacred Heart Cathedral for the rest of the month (Mar 15, 22 & 29).

Easter Mass – April 12th – 10am followed by finger food brunch. No 5:30pm Mass.

I AM CATHOLIC – showing at Regal Cinemas - Mar 17-18 (Tue/Wed). **I AM PATRICK** peels back centuries of legend and myth to tell the true story of Saint Patrick.

From the Chancery

Director of Faith and Family Formation:

This position will be part time and is responsible for promoting family ministry, religious education, sacramental preparation, and youth/young adult ministry throughout the diocese by providing resources and opportunities for parishes and diocesan regions to strengthen their outreach and catechesis to individual and families of all ages and social situations. Candidates should have a letter of support from their current pastor stating they are a Catholic in good-standing, regularly involved in the life of the parish, possess a B.A. in Theology or comparable field, or demonstration of knowledge faith appropriate to the position. Five years' experience in a diocese or parish is highly preferred. This position will remain open until filled. Interested individuals should submit a resume to humanresources@cbna.org.

Receptionist: This position is part time and is responsible for providing secretarial, clerical and administrative support for the chancery offices. The receptionist greets guests, answers the main phone line, distributes mail, makes copies, scans documents and other tasks as assigned. This position will remain open until filled. Interested individuals should submit a resume to humanresources@cbna.org.

Executive/Tribunal Assistant: This position responsible for supporting the Office of the Bishop and the Tribunal by providing administrative support to both the Vicar General and Chancellor. This is a full-time position with benefits and will remain open until filled. For more information, please contact Leigh Scarboro via email at bishopsoffice@cbna.org.

Director of Mission Outreach: Responsible for the overall messaging, general development initiatives and stewardship efforts for the Diocese of Fairbanks. This position is full time and benefits eligible and will remain open until filled. For more information, please contact humanresources@cbna.org

March 15, 2020 - 3rd Sunday of Lent

“Everyone who drinks this water will be thirsty again.” (John 4:13)

Jesus reminds us that material things, even something as basic as water, can never satisfy us for long. When we build our lives around material possessions, we always want more. True Joy and Peace only come when we follow Jesus; when we become more “God-centered” and less “self-centered.”

Lenten Journey—Prayer, Fasting, Almsgiving

A Different Type of Fasting - There are many ways to fast. Why not fast from criticism, gossip, judging others, or passing on rumors? Why not abstain from unwarranted fear and anxiety? You can also tell that inner voice inside your head that criticizes you to abstain from eroding your ability to be the confident, blessed person God calls you to be. These are beautiful ways to observe the Lenten call to fasting and abstinence. In the book, *Praying Lent*, the authors offer suggestions on different ways to fast during Lent.

Catholic Relief Services



Meet Yvone from Kenya. She learned proper nutrition and hygiene practices to help keep her healthy and in school. Yvone now has a chance to dream and the strength to follow those dreams. How can you ensure that young people in your community receive proper nutrition? Visit crsricebowl.org for more.

Of Interest at other Parishes

St. Raphael

Fridays – 6pm Stations followed by soup/bread
St. Patrick's Dinner @ **CSF Cancelled**
Mar 21 – 12noon-4pm (lunch provided) Ice Fishing
at Chena Lakes Ice Hut #2 **Cancelled**
Mar 21 – Sat 9am-1pm Parish Lenten Retreat
w/potluck afterwards. All are welcome!

Sacred Heart Cathedral

Friday 6:30pm Stations followed by meatless

Immaculate Conception Church

Mar 15 - Service of Healing and Blessing, 12:00pm.
Confessions and Anointing will be available for
those struggling with addiction, depression, suicide,
divorce, widowhood –sin.

Mar 20 – 6:30pm Faith-Film-Food in Murphy Hall
Mar 25 – 5pm-Legion of Mary invites all who would
like to make a Marian Consecration to ICC.

Opening prayers, Rosary, Mass, Consecration,
Adoration, refreshments to follow. 452-3533

Mar 27 - KC Fish Fry 5:30-8:30pm at Monroe
Catholic School.

Young Adult social get-together every Friday
evening. Text Melody Doudna at 907-712-4829 for
details.

St. Nicholas Catholic Church – North Pole

Sundays – 11:50 Divine Chaplet before mass
Fridays – 6pm simple supper – 7pm Stations –
7:30pm adoration w/confession

Combining Prayer and Cleaning

Parishioner Cynthia Klepaski returned from her
vacation where cleansing hands was necessary
several times a day on her cruise (*before corona
virus had spread*). Try cleansing hands while
praying the “Our Father” as your guide to 20
seconds or the “Hail Mary” twice. Try this practice
during Lent and it will become a practice through-
out the year. There is no protocol on how to pray –
check out www.lettinghislightshine.com to continue
your practice of prayers while cleaning.



OCP Resources for this Difficult Time

As communities across the world are impacted
by coronavirus (COVID-19), we pray for those
impacted, and those working to treat those
infected.

*“Heal me, O Lord, and I shall be healed; save
me, and I shall be saved, for you are my praise.”*

Jeremiah 17:14

We know that attending Mass at your
parish could be a challenge in the weeks to
come and we would like to provide to you
the resources below for worship and prayer during
this difficult time.

- Televised Masses -

Article from Our Sunday Visitor: *Does TV Mass
"count"?*

Catholic TV

Live Mass from the Basilica of the
Sacred Heart at Notre Dame's campus in South
Bend, Indiana.

10:00 AM ET every Sunday

9:30 AM ET Monday-Friday

St. Patrick's Cathedral

Live Mass from St. Patrick's Cathedral in New
York.

10:15 AM ET every Sunday

- Prayer Resources -

Liturgy of the Hours

Find morning, daytime, evening and night prayers
online.

Pray the Rosary

Pray along with videos for all of the mysteries of the
Rosary.

Light a candle online

Light a digital candle and share your prayer
intentions from your home.

- Daily Scripture -

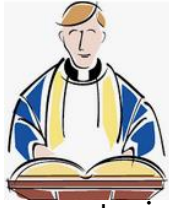
USCCB Daily Readings

The daily readings in English from the USCCB.

You may also subscribe to receive the Daily
Readings from the USCCB in your email every
morning.

Liturgy Matters 16

The Gospel is followed by the homily, and like the Gospel, the homily is reserved for the ordained. This is not to say that lay people might not be just as insightful about the meaning of the scriptures. What must be understood is that this is not the time for personal insight or for the spinning out of individual theories and stories. That one of the ordained is preaching is meant to be a guarantee in the assembly that what is heard is the Church's apostolic faith and not merely the private thoughts and experiences of an individual. Once again, we reflect on the direction of the liturgy when we consider the homily. It is the preacher's responsibility to listen with special care to all that is said in the now of today's liturgy by means of the particular texts that have been proclaimed. Based on this careful listening, he will propose to the assembly ways of ensuring that God's word finds its home in our hearts and that we respond to it as we ought. Therefore, if in one sense the word is coming into him, in another sense it is coming out of him. Jesus expressed this pattern precisely when he said, "My teaching is not my own but is from the one who sent me" (John 7:16).



After another brief moment of silence when the homily is concluded, we as the Church, recite the Profession of Faith. The Creed is a summary of the Church's way of reading scriptures, and consequently it is a

summary of the Church's faith. It is not something in addition to scripture; it is the scripture reduced to a single page. All of our understanding and beliefs concerning the scriptures summed up in the words we speak. The Creed has its origins in the liturgy of Baptism, where, before adults were baptized in the name of the Trinity, they had first to profess faith in the Holy Trinity. Belief in the Holy Trinity is not a belief in an idea about God. It is belief in the persons of the Father, Son, and Holy Spirit; that is, belief in the divine life revealed to us in the death and Resurrection of Jesus, as this is preached and known in the Church that comes from the apostles.

Prayer of Spiritual Communion: *Jesus, really present in the Most Holy Sacrament of the altar, since I cannot now receive thee under the sacramental veil, I beseech thee, with a heart full of love and longing, to come spiritually into my soul through the Immaculate Heart of thy most Holy Mother, and to abide with me, thou in me, and I in thee, in time and in eternity. Amen.*

Catholic Masses in Fairbanks Area

Saint Mark University Parish

Sunday: 5:30pm

Sacred Heart Cathedral Sunday Masses

Saturday 4:30pm

Sunday 8:00am & 11:00am

Spanish Mass: 1:00pm on Sunday

Daily Masses: Monday–Friday 7:30am

Saint Raphael

Sunday: 9:30am; Saturday Vigil: 6:00pm Weekday:

T, Th. 9:30am & Wed. 5:30pm

Immaculate Conception

Sunday: 7:30am, 10:00am

Saturday Vigil: 4:00pm

Confessions - Saturday 3-3:45pm, 5:30pm

Latin Mass (twice a month)

Mon, Tues, Thurs, Fri Mass: 12:10pm

Wed 5:30pm, followed by Adoration & Confession

Saint Nicholas, North Pole

Sunday: 9:00am, 12:00pm

Saturday Vigil: 5:00pm

Weekday: Mon, Tue, Thu, Fri 9:00am,

Wed 5:30pm

Our Lady of the Snows, Eielson AFB

Sunday: 10:30am.

Catholic Adoration in Fairbanks Area

Sacred Heart Cathedral: Thu. 8:00am -12:30 pm

Saturdays 2:30 -4:00pm

Immaculate Conception

Wed 5:30pm, Mass 6:00pm - 7:00pm, Adoration with Confessions

First Friday Devotions

5:30pm Mass

St. Raphael

2nd Thursday 3:00 pm to 8:00 pm

Good Shepherd: Thu. 6:00pm -7:00pm (Most weeks)

St. Nicholas: Wednesday 7:00 -8:00pm

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in Love"
Queen of Heaven
and Earth Radio*