



ST. MARK UNIVERSITY PARISH

The Catholic Community of University of Alaska Fairbanks

1316 Peger Rd., Fairbanks, AK 99709-5168

Email: stmark@cbna.org Webpage: <https://stmarksuaf.org>

MISSION STATEMENT

St. Mark's University Parish provides a *welcoming faith community* for students, families, and individuals that share a geographic, intellectual, or historic connection to the University of Alaska Fairbanks (UAF). We exist to *encourage, inform, and support* the *faith journey of all who have come to UAF* with a background in the Catholic tradition. St. Mark's also provides reliable information for non-Catholics inquiring about our faith and contributes to inter-faith discussion and ecumenical action.

St. Mark Mass & Confession Schedules

Sunday Vespers: 4:45 PM at Sacred Heart Cathedral

Confessions: Saturdays 3-4 PM at SHC and ICC.

Sunday Mass: 5:30 PM @ SHC

Unable to receive normal hosts? Please arrive before mass and see the priest or sacristan (Jennifer Chown) about the availability of low gluten.

Lenten Penance Services

St. Nicholas Church in North Pole

Friday, March 8 (6:00 to 8:00 PM)

Sacred Heart/Immaculate Conception

Combined Penance Service at Sacred Heart Cathedral

Tuesday, March 19 (7:00 pm)

St. Raphael's Parish

Thursday, March 21 (7:00 pm)

PASTOR

Fr. Ross Tozzi: rtozzi@cbna.org Ph: 907-347-3005

Fr. Piotr Oprych: poprych@cbna.org Ph: 907-347-9805

DEACON

Warren Lucero

Catholic Student Association

7:00pm Wednesday Mass – in UAF Upper Lola Tilly.

Religion Education for students – Contact Fr. Ross Tozzi if you have questions rtozzi@cbna.org or Ph: 907-347-3005.

LATIN MASS SCHEDULE:

Held at 6:00pm at SHC – February 3 & 17.

PARISH OFFICE

Office Hours: 10am – 12noon

Parish Admin: Mary Pat Boger – Ph. 907-374-9564

Bookkeeping: Marilis Bennett - Ph. 907-590-9291

Music Director: George Stefan - Ph. 907-687-0077

CSA Advisor: Devan Larson: UAF-catholic-Club@alasks.edu

Pastoral Council

Marilis Bennett, Cynthia Klepaski, Ritchie Musick, Jen & Sean Tucker, Fr. Ross Tozzi.

Finance Council Marilis Bennett, Jen Tucker, Fr. Ross Tozzi

CALENDAR of EVENTS:

Now to 3/16 (Sat): 9:00 - 10:30am Marriage Classes

3/8: CABRINA movie showing at Regal Cinema

3/10: Daylight Savings Time – Spring Forward

3/11-3/15: Spring Break – UAF & FNSBSD

3/12: 7:00 pm Chrism Mass at SHC

3/19: 7:00 pm Lenten Reconciliation Service at SHC

3/22: 5-8:00 pm Knights of Columbus Fish Fry at Monroe

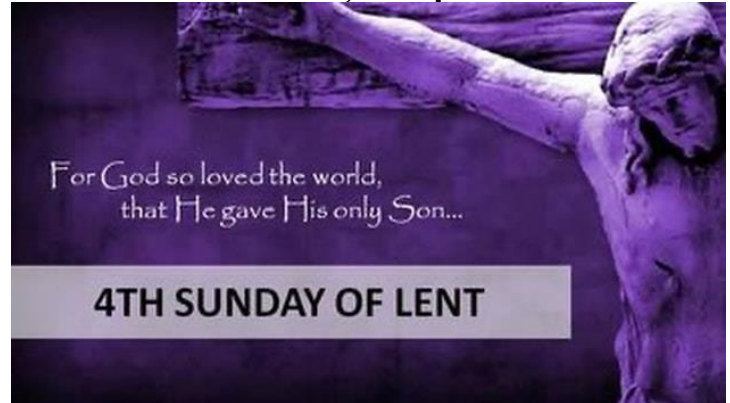
3/24: Palm Sunday

3/28-29: Holy Thursday/Good Friday/Holy Saturday

3/31: EASTER SUNDAY

4/7: 4:00 pm Easter Concert at Sacred Heart Cathedral

March 10, 2024



First Reading: 2 Chronicles 36:14-16, 19-23

The causes for the Israelites' captivity in Babylon are described.

Responsorial: Psalm 137:1-2, 3, 4-5, 6

A lament from exile for the loss of Jerusalem.

Second Reading: Ephesians 2:4-10

In grace we have been saved, so that we may do the work of the Lord.

Gospel Reading: John 3:14-21

Jesus tells Nicodemus that the Son of Man will be raised up so that those who believe in him will have eternal life.



St. Mark 5:30 pm Music of the Mass

605 Word of God, Come Down on Earth

485 What Wondrous Love is This

671 Be Still My Soul

140 Parce Domine

597 I Want to Walk as a Child of the Light

CHRISM MASS: Tuesday, March 12th Bishop Steven J. Maekawa, O.P. will preside over this special liturgy at Sacred Heart Cathedral at 7:00pm. He will consecrate the *chrism* used to anoint the newly baptized, to seal candidates for confirmation, and to dedicate new Churches and Altars. The oil of catechumens, used with those preparing for baptism; and oil of the sick, used to offer comfort, support, and healing to the aged and infirm, are also blessed at this time. A reception will follow in the Social Room downstairs. *All are invited!*

HOLY WEEK & EASTER SUNDAY SCHEDULE

Mar. 28: Holy Thursday Mass of the Lord's Supper 7:00 PM

Mar. 29: Good Friday Passion of the Lord

7:00 PM (Stations at 3:00 PM)

Spanish: 4:30 PM (Stations at 4:00 PM)

Mar. 30: Easter Vigil in the Holy Night 8:00 PM

Mar. 31: Easter Sunday 8 & 11 AM; 1 PM Spanish Mass

No 5:30 pm Easter St. Mark Mass



24-Hours for the Lord – Mar 8-9 (Fri-Sat) Lenten initiative of prayer and reconciliation introduced at St. Raphael. Adoration of the Blessed Sacrament from the conclusion of Stations of the Cross on Friday, March 8th (approximately 7:00pm) until 5:30 pm before Saturday Mass.

SHC Book Club: 12:30PM 1st Monday of the month in SHC Community Room. Contact: Janet Fortune – 43janetf@gmail.com

Oratory/Religious Education: Every Saturday at Sacred Heart Cathedral Oratory from 1-2:45PM. Ages 5-17. Religious Ed Classes 3-4:15PM. For more info contact servidoras@cbna.org

Summer Oratory Summer Catholic camp for youth ages 6 to 17 will be held Wednesday June 5th to Friday June 14th. Contact servidoras@cbna.org for more information. Registrations are due May 1, 2024.

Confirmation/Youth Group: Thurs -5pm- Mar 7 @ SHC . Contact servidoras@cbna.org for more information.

Voces Verbi Young Adult Group: 6pm Adoration, Pizza, and formation at ICC for Young Adults 18-35 @ ICC.

Catholic Student Association – 7 pm weekly Mass (Wed) at Upper Lola Tilly Commons on Campus – 1850 Tanana Loop. Contact UAF-catholic-Club@alaska.edu for information.

Winter Marriage Preparation Classes: March 9 and 16. Contact Fr. Ross Tozzi at rtozzi@cbna.org or call (907) 347-3005.

7 pm Traditional Latin Mass at Sacred Heart - March 9 & 16, April 6 & 20.

Voice of Hope Prayer Group: 6PM Tues evenings at SHC.

Women's Group: 6:30PM at the sister's convent every Tuesday (rosary/lecture/refreshment) for women over 18. (Series on the history of the Church.) Contact info: servidoras@cbna.org .

Men's Group: 7:30PM at ICC every Thursday. Adoration - followed by meeting downstairs.

Voices in the Wilderness: 6:30PM Fridays at ICC. Contact Joe Malen 388-2550 or Annie Dobbs 479-8567.

ICC Our Lady of Fatima: Contact Shannon Christensen at (907) 388-1825.

Knights of Columbus: 6:30PM **2nd Thursday of the month** downstairs @ SHC. Become an active part in the civic lives of our country, states, and local communities.

Legion of Mary: 6PM Tuesday Legion of Mary Meetings ~ ICC.

Franciscan Community: 6:30PM on **1st Thursday of the month** at St. Raphael Church. For information contact Gloria Slagle stclare4@gmail.com

Marriage Preparations – Contact Fr. Ross *six (6) months prior to wedding*. Contact rtozzi@cbna.org to register or call (907) 347-3005 to register or talk with priest.

Funerals: Contact Parish Office at SHC – 907-474-9032.

**INCREASING DISASTERS,
INCREASING RESILIENCE**



Located in Southeast Asia between the Pacific and Indian Oceans, Indonesia has beautiful beaches, diverse cultures, and the world's fourth largest population. Many of the country's more than 17,000 islands are in the Ring of Fire, where volcanic eruptions and earthquakes are common. Climate-related disasters such as cyclones are also becoming more frequent and destructive. Find out how—with the support of Catholic Relief Services and generous communities like yours—Evita and her disaster preparedness group are working to keep their community safe. Visit crsricebowl.org to read this week's Story of Hope.

MARRIAGE CLASSES at Sacred Heart continue to meet from 9-10:30am March 9 & 16 on Saturday in the Social Hall. This is a city-wide marriage preparation course using the Beloved Series. All interested – engaged or thinking about marriage – are invited to attend and learn the ABC's of how to have a healthy, happy, and holy relationship. Contact Fr. Ross Tozzi at rtozzi@cbna.org to register or call (907) 347-3005.



Knights of Columbus **BISON HUNT RAFFLE** tickets are on sale! Drawing to be held May 12, 2024. One drawing for each 1300 tickets sold! Tickets are \$20/ea – transferable. The Prize is a Guided Bison hunt on Kodiak Island including 3 day's meals and ground transportation during the hunt or \$3,500. Proceeds benefit Knights of Columbus charitable works in Alaska. For Tickets: Contact a Knight or call 907-378-9709. Check out <https://alaskakofcstate.com> .



Knights of Columbus
Archbishop Seghers Council #5011, Fairbanks
Friday, March 22nd 2024
Time: 5:00-8:30pm
Location: Monroe Catholic School (Illinois St.)
Suggested Donation: \$15
Stations of the cross at 5:30pm

Proceeds will benefit: Knights of Columbus Support of Monroe Foundation



Justice Challenge: The Gospel reading for Cycle B teaches us that God loved us so much that he sent his only Son into the world. The Son brought light into the darkness of sin in our lives. Jesus told us that we also are the light of the world. Your challenge this week is to look at where in our world sin has brought darkness—through greed or hate or violence or prejudice. The reflect on how you can be and bring light into this ugly situation. How can you be the light of the world for those who live in darkness? <https://pastoral.center>

**Area Lenten Friday Devotions
Sacred Heart Cathedral**

5:30 pm Mass - 6 pm Stations of the Cross
Simple Meatless Potluck Meal in Social Hall afterwards

Immaculate Conception Church

5:30 pm – Stations of the Cross

St. Raphael Catholic Church

6:00 pm Mass followed by Stations of the Cross
Ending with Simple Meatless Soup & Bread

St. Nicholas Church in North Pole

6:00 pm Simple Supper followed by

7:00 pm Stations of the Cross



How can I stay focused during my Holy Hour?

Do you finally get to adoration, only to fidget the entire time and think too much about earthly troubles instead of focusing on our Lord? Find out here how to have a good holy hour.

We know that spending an hour with Jesus in perpetual adoration is certainly good for our souls and minds.

Do you ever wonder how you can make the most out of that small time with Jesus?

There is no single, specific approach to make a good holy hour. Some people prefer to say a rosary or read Scripture, some like to write in a journal, and some just enjoy sitting in the peace that comes in adoration.

However, in an age where we are constantly glued to our phones and instant communication is constant, it's easy to spend our entire holy hour thinking about everything we have to do at school or work, all the texts we need to respond to, and more.

If you struggle to make a good holy hour devoted to God, Mike Aquilina and Regis J. Flaherty provide some tips in their book *The How-To Book of Catholic Devotions*.

Aquilina and Flaherty suggest that you divide your hour into four fifteen-minute segments. Your first fifteen minutes can be spent in **meditation**. Meditate on Jesus and His presence before you.

The next fifteen minutes can be spent in **thanksgiving**. Thank God for all that He has bestowed upon you, especially through the sacraments.

In the third segment, you can recite prayers of **petition**. Pray that God's will be done for all as you make your requests known to Him. Pray for the needs of yourself, your friends and family, and the Church. You can also pray for the sick, the poor, and the lonely.

Finally, you can use your last fifteen minutes in **adoration**. Reflect on the areas in your spiritual life where you can improve and express sorrow for your sins.

Most of all, as Mike Aquilina and Regis J. Flaherty emphasize, the most important part of a holy hour is to listen throughout your time with Jesus and to allow Him to speak to your heart.

In your Holy Hour, God desires to speak to you. Learn how to hear his voice more clearly in the powerful book [How to Listen When God is Speaking](#). This book will help you listen to God's powerful voice and hear him speaking lovingly, even when you are suffering in some way. Order your copy today from The Catholic Company!

<https://www.catholiccompany.com/getfed>

The Uncomfortable Life in The Light



If you have ever been a woman over the age of 30 who stayed in a budget motel, you know the horror of awakening in a dark room, switching on the bathroom lights and screaming at the shriveled-up she-witch you find hiding there.

And you know the feeling of disappointment that blooms in the pit of your stomach as you realize the shriveled-up she-witch is your own reflection staring back at you beneath the merciless glare of overhead fluorescent lighting.

You may also know the relief of visiting a nice restaurant after dark and catching sight of yourself in the mirror. You lean forward, mesmerized by how different — how matte! How smooth! — the contours of your face look in what we call “forgiving light.” But this turn of phrase is simply not correct. It is not light, and it does not forgive. It is darkness, and it merely conceals.

But it feels so much better, doesn't it? Salvation can feel like condemnation, when being lost is all you know. Sometimes it is so much more comfortable to live lost in the shadows.

It is possible to yearn for darkness. Darkness gives cover to so many things. The light has a harshness that can almost seem demanding, exposing. Light can bleach. Light can burn.

“Is this really me?” you think in that budget hotel bathroom, examining acne scars you never saw before and crow's feet that seem to have developed overnight. The answer is yes. Yes, that is really you, all of it, every inch. There's nothing to be afraid of, just step into the light and own it.

“And this is the verdict, that the light came into the world, but people preferred darkness to light, because their works were evil.” — John 3:19

Colleen Jurkiewicz Dorman – Feb 29, 2024 ©LPI.

THROUGH THE EYES OF FAITH

Jesus said to Nicodemus, “Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.” (John 3:17)

Adults: Do you see the world as basically evil, or as good?

What difference does this make in the way you live?

Kids: Where do you see goodness in God's world?

Focusing the Gospel...

Key words and phrases: lifted up, believes, eternal life, God so loved, gave his only Son, darkness, light, evil, truth

To the point: Such depth of God's love this Gospel reveals: God gave the only; Son, allowed the only Son to be “lifted up” on a cross, and now remains patient with us while we struggle with choosing between darkness and light, evil and truth. Moreover, in the very midst of our ongoing struggle, it is God who brings us to greater belief and leads us to eternal life. Such is the depth of love God has for us!



We have a CASH RAFFLE, an Alaska Airline Ticket RAFFLE (2 tickets) AND a St. Patrick's Day Corned Beef DINNER on March 16th!



We have a really FUN St. Patrick's Day AUCTION starting on March 1st.



WE'D LOVE FOR YOU TO PURCHASE TICKETS & COME TO THE DINNER! FUN FUNS RAISED BENEFIT THE CATHOLIC SCHOOLS OF FAIRBANKS

WE'D LOVE FOR YOU TO REGISTER TO BID! IT'S QUICK, EASY, AND FUN! Winner Foundation, Inc. proudly supports Catholic Schools of Fairbanks 907-533-5395

MARCH IS THE MONTH OF ST. JOSEPH

PARISH STEWARDSHIP

February 25, 2024: \$ 1,162.95

Actual Collection YTD

7/1/23-6/30/24: \$ 47,152.18

Thank you for your generosity and continued support!

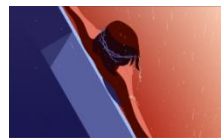
Visit WeShare for online giving at: www.stmarksuaf.org.

Catholic Relief Services (CRS) Operation Rice Bowl (2/14-3/31). 25% of this collection supports diocesan anti-poverty efforts.

Pontifical Good Friday Collection for the Holy Land supports the preservation of Holy Places and welfare of Christians living in the Holy Land.



Stewardship
a way of life



Lent Fasting Ideas:

Kids/Teen – Drink only water at school

General Ideas – Keep the thermostat several degrees cooler.

Lent Prayer Ideas:

Kids/Teen – Pay special attention to the intercessions at Mass and choose one to pray for this week.

Adult – Go to confession.

Lent Almsgiving/Charity/Donation Ideas:

Kids/Teen/General – Donate food to the Knights of Columbus food drive at SHC. <https://hallow.com/blog>

STEWARDSHIP MOMENT

“For God so loved the world that he gave his only Son...”

John 3:16

Of all the wonderful gifts that God has given to us, the gift of His own Son is truly the greatest. How can we ever thank God for a gift like that? God does not ask us to sacrifice our own precious firstborn, but He does ask that we are grateful and generous with our God-given gifts. That we nurture and develop our gifts, and in gratitude, generously give back with increase our time in prayer, our talent in charitable works and our treasure to support the mission and ministry of our parish and greater Church.

Pope Francis' March Prayer Intentions:

For the new martyrs: We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.



Please Pray for (+): Pope Francis; Bishop Steven Maekawa, O.P., Fr. Ross Tozzi, Fr. Piotr Oprych, and all priests, brothers, sisters, and deacons working in our diocese.

- + An end to conflict, persecution, and violence in the world.
- + For our community, that we recognize how our actions impact the planet and make increasing efforts to care for God's creation.
- + All catechumens who will be receiving the sacraments of initiation at the Easter Vigil.
- + All young adults, children, and families, may they have a safe Spring Break.
- + All who suffer physically, emotionally, or spiritually' especially those done through violence.
- + For the unborn and their mothers.
- + Families and friends of the St. Mark Community.
- + The repose of the souls of all the faithful departed.

PRAY FOR VOCATIONS. “Whoever lives the truth comes to the light.” Your vocation is your sanctification in this life to lead you to sainthood in the next. Are you called to belong to Christ alone as a priest or through consecrated life? Talk to your priest or reach out to the Vocation Office at (907) 374-9504 and talk to Fr. Robert Fath, the Vocations Director at or email: rfath@cbna.org

CABRINA (2024) opens at Regal Cinema with 7 showings this Friday, March 8th. **CABRINA** tells the true story of Francesca Cabrini - an immigrant born in 1850 who immigrated to New York in 1889 and became the first US citizen saint. She is credited with creating 67 institutions including orphanages, schools, and hospitals. Read more about it at the Angel Studios website. Take advantage of this Catholic programming during Lent and bring the family to see it. <https://www.regmovies.com/theatres/regal-goldsteam-0601>



REGIONAL SOUP KITCHEN AT ICC: For more information on food and clothing needs or to help out, visit the Soup Kitchen <https://iccfairbanks.org/soup-kitchen> or you may call (907) 452-3533 to speak with someone on how you can volunteer or help in donating items needed.

ADORATION TIMES ~ Fairbanks & North Pole

Sacred Heart Cathedral

Wed: 11 AM to 12 PM ~ Thurs: 8 AM - 12 PM ~ Sat: 3 PM -4PM

Immaculate Conception Church

Tues: 6:30 PM – 7:30 PM ~ Wed: 6 - 7 PM ~ Sat: 3 – 3:50 PM

St. Raphael Catholic Church

Tues. & Thurs 8:30 - 9:30 AM ~ Wed. 4:30 AM - 5:30 PM

2nd Thurs 4 - 8 PM ~ Fri. 7 AM - 6 PM

St. Nicholas Catholic Church

Mon., Tues., Thurs., Fri., 8:00 AM



The Diocese of Fairbanks is currently seeking the following: **Maintenance Technician** (full-time w/benefits) and

Director of Faith and Family Formation (full-time w/benefits) . For more information about open positions visit their website at <https://dioceseoffairbanks.org/job-postings>. To request a formal job description or to submit a cover letter and resume please email humanresouces@cbna.org.

SACRED HEART CATHEDRAL OUTREACH COORDINATOR
Sacred Heart Cathedral is hiring a part-time **Outreach Coordinator**. Responsibilities include Stephen Ministry Outreach, Safe Environment, and Emergency contact for citywide callout of priests to respond to people in danger of death or in special need of pastoral visits. Please submit a letter of interest, a resume, and three references to Rev. Ross Tozzi, Sacred Heart Cathedral. rector@cbna.org or Ph: (907) 347-3005 with questions.

SCAM ALERT

None of our priests will EVER mail or text you asking for money or gift cards. Do not be taken in by this scam.

SAFE ENVIRONMENT Our diocese is committed to creating a safe environment for everyone. If you are aware of abuse, you are encouraged to report the abuse to local law enforcement agencies and to contact our Victim Assistance coordinator, Jocelyn Niedziela by calling (907) 374-9553 or emailing vac@cbna.org. For more information, access the Diocese safe environment link through <https://dioceseoffairbanks.org/report-abuse>

Sacramental Guidelines

Anointing of the Sick, Homebound: Please keep Fr. Ross Tozzi, Fr. Piotr Oprych, or the Parish Office of Sacred Heart Cathedral (907-474-9032) or St. Mark's (907-374-9564) informed of anyone who is homebound, hospitalized, seriously ill or wishes to receive Holy Communion or Anointing of the Sick.