



# ST. MARK UNIVERSITY PARISH

The Catholic Community of University of Alaska Fairbanks

1316 Peger Rd., Fairbanks, AK 99709-5168

Email: [stmark@cbna.org](mailto:stmark@cbna.org) Webpage: <https://stmarksuaf.org>

## MISSION STATEMENT

St. Mark's University Parish provides a *welcoming faith community* for students, families, and individuals that share a geographic, intellectual, or historic connection to the University of Alaska Fairbanks (UAF). We exist to *encourage, inform, and support* the *faith journey of all who have come to UAF* with a background in the Catholic tradition. St. Mark's also provides reliable information for non-Catholics inquiring about our faith and contributes to inter-faith discussion and ecumenical action.

### St. Mark Mass & Confession Schedules

**Sunday Vespers:** 4:45 PM at Sacred Heart Cathedral

**Confessions:** Saturdays 3-4 PM at SHC and ICC.

**Sunday Mass:** 5:30 PM @ SHC

*Unable to receive normal hosts?* Please arrive before mass and see the priest or sacristan (Jennifer Chown) about the availability of low gluten.

### Lenten Penance Services

**St. Nicholas Church in North Pole**

Friday, March 8 (6:00 to 8:00 PM)

**Sacred Heart/Immaculate Conception**

*Combined Penance Service at Sacred Heart Cathedral*

Tuesday, March 19 (7:00 pm)

**St. Raphael's Parish**

Thursday, March 21 (7:00 pm)

### PASTOR

Fr. Ross Tozzi: [rtozzi@cbna.org](mailto:rtozzi@cbna.org) Ph: 907-347-3005

Fr. Piotr Oprych: [poprych@cbna.org](mailto:poprych@cbna.org) Ph: 907-347-9805

### DEACON

Warren Lucero

### Catholic Student Association

7:00pm Wednesday Mass – in UAF Upper Lola Tilly.

Religion Education for students – Contact Fr. Ross Tozzi if you have questions [rtozzi@cbna.org](mailto:rtozzi@cbna.org) or Ph: 907-347-3005.

### LATIN MASS SCHEDULE:

Held at 6:00pm at SHC – February 3 & 17.

### PARISH OFFICE

**Office Hours:** 10am – 12noon

**Parish Admin:** Mary Pat Boger – Ph. 907-374-9564

**Bookkeeping:** Marilis Bennett - Ph. 907-590-9291

**Music Director:** George Stefan - Ph. 907-687-0077

**CSA Advisor:** Devan Larson: [UAF-catholic-Club@alasks.edu](mailto:UAF-catholic-Club@alasks.edu)

### Pastoral Council

Marilis Bennett, Cynthia Klepaski, Ritchie Musick, Jen & Sean Tucker, Fr. Ross Tozzi.

**Finance Council** Marilis Bennett, Jen Tucker, Fr. Ross Tozzi

### CALENDAR of EVENTS: \*Correct Dates

**Now to 3/16 (Sat):** 9:00 - 10:30am Marriage Classes

**2/17:** 6:00 pm Latin Mass at SHC

**2/18:** 4:00 pm Rite of Election at SHC

**2/17-25:** Marriage Encounter Weekend at St. Nicholas

**3/4-7:** Priest Convocation in Anchorage

**3/10:** Daylight Savings Time – Spring Forward

**3/12:** 7:00 pm Chrism Mass at SHC

**3/19:** 7:00 pm Lenten Reconciliation Service at SHC

**\*3/24:** Palm Sunday

**\*3/31:** EASTER SUNDAY

**4/7:** 4:00 pm Easter Concert at Sacred Heart Cathedral

## February 18, 2024 1<sup>st</sup> Sunday of Lent, Cycle B



### First Reading: **Genesis 9:8-15**

God establishes a covenant with Noah, giving a rainbow as its sign.

### Responsorial: **Psalm 25:4-5, 6-7, 8-9**

A prayer of praising God for his covenant.

### Second Reading: **1 Peter 3:18-22**

In our baptism, we are saved through Christ's death and Resurrection.

### Gospel Reading: **Mark 1:12-15**

Jesus is tempted in the desert by Satan.



### St. Mark 5:30 pm Music of the Mass

**130** Forty Days and Forty Nights

**123** Again We Keep This Solemn Fast

**128** Led By the Spirit

**133** Save Your People

**139** Lord, Who Throughout These Forty Days

“**Quadragesima Sunday**” or “**Invocavit Sunday**” is the Sunday occurring after Ash Wednesday. The term Quadragesima is derived from the Latin word for “fortieth”, as there are exactly forty days from Quadragesima Sunday until Good Friday. Sundays are not counted among the forty days of Lent. This is six full weeks (with six days of fasting in each week) plus four extra days—Ash Wednesday and the Thursday, Friday and Saturday that follow it.



**Upcoming Event:** Knights of Columbus Fish Fry at Fairbanks Catholic Schools – March 22<sup>nd</sup> – 5:00-8:00 PM.



**Oratory:** Every Saturday at Sacred Heart Cathedral from 1-2:45PM. Ages 5-17.

**Summer Oratory Summer Catholic camp** for youth ages 6 to 17 will be held Wednesday June 5<sup>th</sup> to Friday June 14<sup>th</sup>. Contact [servidoras@cbna.org](mailto:servidoras@cbna.org) for more information. Registrations are due May 1, 2024.

**Religious Education:** Classes 3-4:15PM. For more information contact [servidoras@cbna.org](mailto:servidoras@cbna.org)

**Confirmation/Youth Group:** Thurs -5pm- Feb 8 @ SHC; Feb 15 @ ICC Contact [servidoras@cbna.org](mailto:servidoras@cbna.org) for more information.

**Voces Verbi Young Adult Group:** 6pm Adoration, Pizza, and formation at ICC for Young Adults 18-35 @ ICC.

**Catholic Student Association** – 7 pm weekly Mass (Wed) at Upper Lola Tilly Commons on Campus – 1850 Tanana Loop. Contact [UAF-catholic-Club@alaska.edu](mailto:UAF-catholic-Club@alaska.edu) for information.

**Winter Marriage Preparation Classes:** Feb 17, March 2, 9, and 16. Contact Fr. Ross Tozzi at [rtozzi@cbna.org](mailto:rtozzi@cbna.org) or call (907) 347-3005.

**7 pm Traditional Latin Mass at Sacred Heart** - Feb. 17 – Mar. 9 & 16 – Apr 6 & 20

**Catholic Engaged Encounter Weekend:** February 23-25. Please register for when registering for Marriage Preparation Classes.

**Voice of Hope Prayer Group:** 6PM Tues evenings at SHC.

**Women's Group:** 6:30PM every Tuesday at the Sister's convent for Women over 18. Contact the sisters for more info: [servidoras@cbna.org](mailto:servidoras@cbna.org)

**Men's Group:** 7:30PM every Thursday at ICC. Adoration & fellowship downstairs ICC.

**Voices in the Wilderness:** 6:30PM Fridays at ICC. Contact Joe Malen 388-2550 or Annie Dobbs 479-8567.

**SHC Book Club:** 12:30PM 1<sup>st</sup> Monday of the month in SHC Community Rm. Contact: Janet Fortune – [43janetf@gmail.com](mailto:43janetf@gmail.com)

**ICC Our Lady of Fatima:** Contact Shannon Christensen at (907) 388-1825.

**Knights of Columbus:** 6:30PM 2<sup>nd</sup> Thursday of the month downstairs @ SHC. Become an active part in the civic lives of our country, states, and local communities.

**Legion of Mary:** 6PM Tuesday Legion of Mary Meetings ~ ICC.

**Franciscan Community:** 6:30PM on 1<sup>st</sup> Thursday of the month at St. Raphael Church. For information contact Gloria Slagle [stclare4@gmail.com](mailto:stclare4@gmail.com)

**Marriage Preparations** – Contact Fr. Ross six (6) months prior to wedding. Contact [rtozzi@cbna.org](mailto:rtozzi@cbna.org) to register or call (907) 347-3005 to register or talk with priest.

**Funerals:** Contact Parish Office at SHC – 907-474-9032.



**A SEASON FOR REFLECTION** During this holy time, we are called to pause and pay closer attention to our relationship with God and our neighbors. Reflect on how the Lenten pillars of prayer, fasting and almsgiving can guide your journey and how the Eucharist helps us to live in solidarity with our sisters and brothers around the world. Visit [crsricebowl.org](http://crsricebowl.org) to learn more and read this week's Story of Hope. Visit [crsricebowl.org](http://crsricebowl.org) to learn more.

**MARRIAGE CLASSES** at Sacred Heart continue to meet Feb 17, March 2, 9, & 16 on Saturdays in the Social Hall from 9-10:30am. This is a city-wide marriage preparation course using the Beloved Series. All interested – engaged or thinking about marriage – are invited to attend and learn the ABC's of how to have a healthy, happy, and holy relationship. Register NOW for *Catholic Engaged Encounter Feb 23-25* at St. Nicholas Catholic Church in North Pole. Contact Fr. Ross Tozzi at [rtozzi@cbna.org](mailto:rtozzi@cbna.org) to register or call (907) 347-3005.



**What:** Chrism Mass  
**When:** 7 pm on Mar 12<sup>th</sup>  
**Where:** Sacred Heart

Bishop Steven J. Maekawa, O.P. will preside over this special liturgy where he will consecrate the *Oils of the: Catechumens, the Sick, and the Holy Chrism* to be distributed to each church in our diocese for use during the liturgical year. Priests will gather to renew their priestly promises and recommit themselves to ordained ministry. Lay people present recommit themselves to the service of God and others that is rooted in their baptismal mission, whatever their vocation in life. This Mass is an important liturgy in the life of our church.

If you are interested in singing in the Choir for Chrism Mass, please contact Sr. New Eve at [iccsecretary@cbna.org](mailto:iccsecretary@cbna.org).



**Justice Challenge:** This week we enter into the first full week of our Lenten journey—a journey to the Cross and then to Resurrection. We know we can't go straight to Resurrection.

As with Jesus, the sacrifice of the Cross is a necessary part of our journey. Your challenge this week, but really for all of Lent, is to think of someone in the world who is experiencing their own cross. It might be the cross of hunger, of human trafficking, of living in a war-torn village or city, or of being denied freedom of expression. Even though you don't know this person's name, imagine how this person looks, how old they might be, and even where they live. Then choose something to give up this Lent, something which may cause a bit of suffering and sacrifice on whose pain is—and should be—our pain. Offer up your sacrifice on their behalf. Every day, as members of our one human family, say a prayer for this person. Use the time or the money you would have spent on whatever you give up to support an organization in your parish or in our universal Catholic Church which works to end injustice for those who suffer. Some possible choices include your local St. Vincent de Paul chapter, the Catholic Campaign for Human Development, Catholic Charities, or Catholic Relief Services. <https://pastoral.center>

**A Change of Heart**

*"For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God."*

-- 1 Peter 3:18

**Adults:** When or how could you step away from your daily responsibilities to renew yourself, so that you can do a better job of following in the footsteps of Jesus?

**Kids:** What good habit could you work on during Lent so you could grow closer to God?

**Lent's 3 Pillars: Prayer, Fasting, Almsgiving**



## Why can't Catholics eat meat on Fridays in Lent?

*When did the tradition start?*

Have you ever accidentally eaten a piece of meat on a Friday in Lent and thought, "Darn! I forgot it's Friday!"

It's not easy to avoid meat on Fridays in Lent. Not to mention, it is also inconvenient. Have you ever wondered why we have this rule in place?

Well, the rule used to be that Catholics couldn't eat meat on any Friday of the year. However, through the 1983 revised *Code of Canon Law*, the United States Conference of Catholic Bishops were given authority to require American Catholics to abstain from meat on only Ash Wednesday, Good Friday, and Fridays during Lent.

It is important to note that Catholics are still urged to offer a sacrifice on all Fridays, but it does not need to be abstaining from meat.

Jesus suffered and died on a Friday, so Christians have always honored Jesus' sacrifice on Fridays in some form or capacity.

During Lent, we especially remember how Christ sacrificed his flesh for us. To offer penance for our sins on the day that Jesus died to save us from sin, we abstain from "flesh meat" which is meat from mammals and poultry, what the USCCB considers "land animals." The Latin word for meat is *carnis*, which has only applied to meat derived from land animal flesh.

So, how come we ARE allowed to eat fish on Fridays?

The USCCB explains how fish are cold-blooded animals and do not come from the land, so fish is not the same as *carnis* meat. Also, historically, meat was more expensive and eaten mainly at celebrations and festivities, while people ate fish on a daily basis. So, the Early Church was asking people to sacrifice something celebratory during Lent.

Whenever we have to say no to meat on Fridays, as hard as that can be, it is a great opportunity to reflect on the sacrifice Christ made for us and remember the purpose of Lent. Some people choose to abstain from meat on Fridays all year round. While this practice is not required in the Church, it is a good opportunity to remember how Christ suffered and died for us on a weekly basis throughout the year.

<https://getfed.catholiccompany.com/why-do-we-put-ashes-on-our-heads-every-year/>



## Lent and the Flood



I would bet money that somewhere in your church this Lent, there's a bare tree branch draped in purple fabric and an empty bowl filled with rocks.

I'm not poking fun, the desert imagery that surrounds the season of Lent isn't a cliché — or if it is, it's only because clichés are essentially true. Lent is the desert. Lent is the wilderness. Lent is the time of less.

But what if Lent was also the flood?

It seems counterintuitive, floods are excessive, and we don't think of Lent as a time for superabundance. Lent is when we limit experiences outside of ourselves in order to limit proclivities within ourselves. Lent is not a time for anything to be washing over us, consuming us, carrying us away on a tide.

Unless...it is.

Consider the flood of the Old Testament. An act of destruction, yes, but also an act of purification. An endurance test for the soul, an epic trust fall exercise between God and Noah in which Noah had to ride the literal waves, clinging to life as God wiped away everything familiar. Everything sinful.

In Lent, we relinquish our weaknesses and our infirmities to the flood. It's frightening, certainly. But it's also exciting. Because just as the flood destroys everything, it also makes everything possible. It is a baptism.

Lent, like the flood, makes the world new.

*"Put to death in the flesh, he was brought to life in the Spirit."*  
— 1 Peter 3:18

Colleen Jurkiewicz Dorman – Feb 15, 2024©LPI.

### Area Lenten Friday Devotions

#### **Sacred Heart Cathedral**

5:30 pm Mass - 6 pm Stations of the Cross

Simple Meatless Potluck Meal in Social Hall afterwards

#### **Immaculate Conception Church**

5:30 pm – Stations of the Cross

#### **St. Raphael Catholic Church**

6:00 pm Mass followed by Stations of the Cross

Ending with Simple Meatless Soup & Bread

#### **St. Nicholas Church in North Pole**

6:00 pm Simple Supper followed by

7:00 pm Stations of the Cross

**Easter Memorial Lilies** – Sacred Heart Cathedral displays Lilies in the sanctuary during the Easter Season. If you would like



to help by donating \$25.00 in memory of a deceased family member look for envelopes on the credenza between the offices that you can fill out, put your money in and drop in the collection basket. One name (or family name) per donation. If you have questions, please call SHC parish office at 907-474-0932.

## PARISH STEWARDSHIP

**February 11, 2024:** \$ 685.50

**Actual Collection YTD 7/1/23-6/30/24:** \$ 44,322.93

Thank you for your generosity and continued support!

Visit WeShare for online giving at: [www.stmarksuaq.org](http://www.stmarksuaq.org) .

A percentage of donations in February and March will go towards the following special collections:

Catholic Relief Services (CRS) Operation Rice Bowl (2/14-3/31). 25% of this collection supports diocesan anti-poverty efforts.

Black & Indian Mission supports evangelization work throughout our diocese and USA.

Pontifical Good Friday Collection for the Holy Land supports the preservation of Holy Places and welfare of Christians living in the Holy Land.

## STEWARDSHIP MOMENT

*"After John had been arrested, Jesus came to Galilee proclaiming the gospel of God..." - Mark 1:14*

Have you ever thought about how difficult it must have been for Jesus to go to Galilee, knowing that John had just been arrested for teaching the same message that He was proclaiming. It took great love and trust for Jesus to do what the Father had sent Him here on earth to do. In the same way, living a stewardship lifestyle takes great love and trust from us. We must be willing to surrender completely to God, trusting that He will always give us all that we need to fulfill His plan for us.

## Pope Francis' February Prayer Intentions:

**For the terminally ill:** We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

**Please Pray for (+):** Pope Francis; Bishop Steven Maekawa, O.P., Fr. Ross Tozzi, Fr. Piotr Oprych, Dcn. Warren Lucero; and all priests, brothers, sisters, deacons, who have committed to consecrated life in our diocese.

+ Peace in the world, for an end to all wars, persecution, violence, and aggression, and for all who seek justice.

+ All may discern God's unique plan for us and have the strength to follow through during Lent.

+ All who are facing illnesses, loneliness, and other challenges.

+ Families and friends of the St. Mark Community.

+ The repose of the souls of all the faithful departed.



**PRAY FOR VOCATIONS.** "I establish My covenant with you." If in your listening to the Lord you are sensing the invitation to follow Christ as a priest, sister, or brother, talk to your priest or reach out to the Vocation Office at (907) 374-9504 and talk to Fr. Robert Fath, the Vocations Director at or email: [rfath@cbna.org](mailto:rfath@cbna.org)

## Sacramental Guidelines

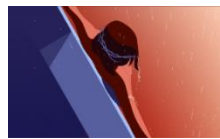
**Anointing of the Sick, Homebound:** Please keep Fr. Ross Tozzi, Fr. Piotr Oprych, or the Parish Office of Sacred Heart Cathedral (907-474-9032) or St. Mark's (907-374-9564) informed of anyone who is homebound, hospitalized, seriously ill or wishes to receive Holy Communion or Anointing of the Sick.

## Welcome to St. Mark!

St. Mark Parish is happy to welcome all people. If you would like to join us in supporting Catholics on the University of Alaska Fairbanks Campus or receive emails on activities, please register with us by contacting Mary Pat Boger at [stmark@cbna.org](mailto:stmark@cbna.org).

"Lent comes providentially to reawaken us,  
to shake us from our lethargy."

—Pope Francis



## Lent Fasting Ideas:

Kids/Teen – Give up a favorite toy or game.

General Ideas – Give up coffee or alcohol.

## Lent Prayer Ideas:

Kids/Teen – Play Guess the Saint each day.

General Ideas – Attend daily Mass once a week.

## Lent Almsgiving/Charity/Donation Ideas:

Kids/Teen/General – Support a business that supports the Catholic Church. <https://hallow.com/blog>

"So you say you love the poor? Name them."

– Fr. Gustavo Gutierrez

## SOUP KITCHEN AT ICC NEEDS THE FOLLOWING:

Clothing Items: Hats, Wool Socks, Gloves, and Warm Sleeping Bags.

Food items: Granola bars, Jelly, Fresh Fruit (Bananas, apples, oranges, etc.), Desserts, Eggs.

Volunteering and/or prayers are always needed.

Contact: <https://iccfairbanks.org/soup-kitchen>

or call (907) 452-3533 to speak with someone in the ICC Office and find out how you can help.

## ADORATION TIMES ~ Fairbanks & North Pole

*\*\*Notice ICS Adoration time change for Tuesday.*

### Sacred Heart Cathedral

Wed: 11 AM to 12 PM ~ Thurs: 8 AM - 12 PM ~ Sat: 3 PM -4PM

### Immaculate Conception Church

Tues: 6:30 PM – 7:30 PM ~ Wed: 6 - 7 PM ~ Sat: 3 - 4 PM

### St. Raphael Catholic Church

Tues. & Thurs 8:30 - 9:30 AM ~ Wed. 4:30 AM - 5:30 PM

2nd Thurs 4 - 8 PM ~ Fri. 7 AM - 6 PM

### St. Nicholas Catholic Church

Mon., Tues., Thurs., Fri., 8:00 AM



## DIOCESAN EMPLOYMENT OPPORTUNITIES

The Diocese of Fairbanks is currently seeking the following:

**Maintenance Technician** (full-time w/benefits) and **Director of Faith and Family Formation** (full-time w/benefits) . For more information about open positions visit their website at <https://dioceseoffairbanks.org/job-postings>. To request a formal job description or to submit a cover letter and resume please email [humanresources@cbna.org](mailto:humanresources@cbna.org).

## SACRED HEART CATHEDRAL OUTREACH COORDINATOR

Sacred Heart Cathedral is hiring a part-time **Outreach Coordinator**. Responsibilities include Stephen Ministry Outreach, Safe Environment, and Emergency contact for citywide callout of priests to respond to people in danger of death or in special need of pastoral visits.

Please submit a letter of interest, a resume, and three references to Rev. Ross Tozzi, Sacred Heart Cathedral. [rector@cbna.org](mailto:rector@cbna.org) or Ph: (907) 347-3005 with questions.

**SAFE ENVIRONMENT** Our diocese is committed to creating a safe environment for everyone. If you are aware of abuse, you are encouraged to report the abuse to local law enforcement agencies and to contact our Victim Assistance coordinator, Jocelyn Niedziela by calling (907) 374-9553 or emailing [vac@cbna.org](mailto:vac@cbna.org). For more information, access the Diocese safe environment link through <https://dioceseoffairbanks.org/report-abuse>