



# ST. MARK UNIVERSITY PARISH

The Catholic Community of University of Alaska Fairbanks

1316 Peger Rd., Fairbanks, AK 99709-5168

Email: [stmark@cbna.org](mailto:stmark@cbna.org) Webpage: <https://stmarksuaf.org>

## Sunday Mass Schedule:

**Vespers:** 4:45 pm @ Sacred Heart Cathedral (SHC)

**Mass:** 5:30 pm @ Sacred Heart Cathedral

**Reconciliation:** at Sacred Heart Cathedral

Saturday from 3:00 to 4:00 PM or by Appointment

*Experience the joy of forgiveness....*

## **EUCCHARISTIC HOLY HOUR-11AM & MASS-NOON**

Join our priests *every Wednesday* as we pray for the next Bishop of Fairbanks at Sacred Heart Cathedral.

## **Sixth Sunday in Ordinary Time, Cycle A February 12, 2023**



### Clergy

Fr. Ross Tozzi: [rtozzi@cbna.org](mailto:rtozzi@cbna.org) Ph:907-347-3005

Fr. Piotr Oprych: [popyrch@cbna.org](mailto:popyrch@cbna.org)

Deacon Warren Lucero

### Administration

Mary Pat Boger, Parish Admin. Ph.907-374-9564

[stmark@cbna.org](mailto:stmark@cbna.org)

Office hours: 10am – 12noon

Marilis Bennett, Bookkeeper: Ph. 907-590-9291

George Stefan, Music Director: Ph. 907-687-0077

Devan Larson, Catholic Student Assn Advisor: [UAF-catholic-Club@alasks.edu](mailto:UAF-catholic-Club@alasks.edu)

### Pastoral Council

Marilis Bennett, John Fox, Cynthia Klepaski, Ritchie Musick, Jen & Sean Tucker

### Sacraments

Confession- Saturday 3:00-4:00pm at SHC or arrange a time with a priest.

Baptism, First Communion, Confirmation, Marriage, Anointing of Sick – contact our office at 907-374-9564.

Sacraments of Vocations– contact Fr. Robert Fath at [rfath@cbna.org](mailto:rfath@cbna.org) or Ph. 907-374-9504

### **First Reading: Sirach 15:15-20**

The eyes of God see all he has made.

### **Responsorial: Psalm 119:1-2, 4-5, 17-18, 33-34**

Happy are those who walk in the way of the Lord.

### **Second Reading: 1 Corinthians 2:6-10**

God has revealed this wisdom to us through the Spirit.

### **Gospel Reading: Matthew 5:17-34**

I have not come to abolish the law and the prophets but to fulfill them.

### **DATES TO REMEMBER:**

**Feb 7-14:** National Marriage Week

**Feb 11:** World Day of the Sick

**Feb 12:** World Marriage Day ICC

**Feb. 11, 18, 25, Mar 4 & 11:** Marriage Class Winter '23

**1st & 3rd Friday:** Homeschool Group meets at ICC.

**Feb 17-19:** Engaged Encounter Weekend

**Feb 22:** ASH WEDNESDAY – SHC Mass Schedule  
7:30 AM, 12:10 PM, and 7:00 PM

**Feb 22-Apr 8:** Lent observed beginning with Ash Wed.

**Mar 3-5:** "Answer the Call" Men's Retreat

**Every Tues:** Voices of Hope Prayer Group at SHC

**Every Fri:** Young Adult Group at ICC 6:00PM

### **MISSION STATEMENT**

St. Mark's University Parish provides a *welcoming faith community* for students, families, and individuals that share a geographic, intellectual, or historic connection to the University of Alaska Fairbanks (UAF). We exist to *encourage, inform, and support the faith journey of all who have come to UAF* with a background in the Catholic tradition. St. Mark's also provides reliable information for non-Catholics inquiring about our faith and contributes to inter-faith discussion and ecumenical action.

### **Latin Phrases Every Catholic Should Know:**

**missa** ~ originates in the Latin words of dismissal, *Ite missa est*, often interpreted as "Go, the Mass is ended."

*Ite* means go and *est* means *it is*. But what does *missa* really mean? It is a participle from the verb *mitto*, to send, throw, hurl, cast, let out, release, dismiss. So a better translation of *Ite missa est* would be *Go it is sent*.

<https://catholicexchange.com>

### **PRAYER FOR A NEW BISHOP**

Almighty God,

Who by the Holy Spirit moves the hearts of Your people,

Direct the counsels of those who are

Appointed to choose a bishop for

The Diocese of Fairbanks, that we may

Be given a pastor who in faithfulness and Wisdom shall lead Your people In the way of holiness.

Through Jesus Christ our Lord, Amen.

Mary, Mother of the Church,

pray for us



**Sacrament of Reconciliation** - Saturday 3-4:00pm at Sacred Heart Cathedral (SHC).

**Altar Serving Training** –Open to anyone, male or female, who has made his or her First Communion – both children and adults. Next training TBA.

**Oratory Religious Education Classes** at SHC - **Saturday** afternoons – downstairs. 1:30 PM –3:15 PM. Parents pick children up to either take them to the 4:30 PM Vigil Mass or return home. \*Ages 4-17 for all children in Diocese.

**Confirmation– Thursday evenings** 6 - 7 PM at SHC downstairs followed by **Youth Group** 7 to 8:45 PM

**Rite of Christian Initiation for Adults (RCIA)** meets 7:30 – 8:45 PM – **Wednesday evenings** at SHC.

**Catholic Student Association – Thursday** Mass - 12 PM. **Weekly Club Meeting Thursday** – 7 PM. Mass & meetings held at UAF Lathrop Building in Room 112. Contact club at [UAF-catholic-Club@alaska.edu](mailto:UAF-catholic-Club@alaska.edu) for information.

**Voces Verbi Young Adult Group – Fridays at ICC-** 6PM

**Homeschool Group – 1st & 3rd Friday** in Murphy Hall at ICC after 12:10pm Mass.

**Sacraments of Vocations**– contact Fr. Robert Fath at [rfath@cbna.org](mailto:rfath@cbna.org) or Ph. 907-374-9504

**Marriage Preparations** – Please contact Fr. Ross six (6) months prior to wedding. Contact [rtozzi@cbna.org](mailto:rtozzi@cbna.org) to register or call (907) 347-3005 to register or talk.

**Marriage Class (Winter '23)**– 9-10:30 AM at SHC Social Hall. **Feb. 18, 25, March 4 & 11**

**Engaged Encounter Weekend (Winter '23) – Feb 17-19** at St. Nicholas Church in North Pole.

**SHC Book Club** – Feb 13 this month. For more info contact Janet Fortune – [43janetf@gmail.com](mailto:43janetf@gmail.com) .

**Knights of Columbus** –2nd Thu of the month 6:30 pm.

**ICC Faith-Film-Food – Every 3rd Friday – (2/17)** 6:30pm potluck ~ 7:00 movie. All held at ICC, downstairs in Murphy Hall. Feb Movie: “Liberating a Continent: John Paul II and the Fall of Communism”

**Saint Louis Martin Men’s Group – Every other Thursday (2/23)** for men of All ages! at 6:45 pm at ICC (TBA). For men of all ages!

**Saint Zelig Martin Women’s Group – Every other Wednesday (2/15)** for women of ALL ages! 5:30pm Holy Mass; -6-7pm Adoration; 7:15 meet in the hall or formation, fellowship, and refreshments.

**Funerals** – Contact Parish Office at SHC – 907-474-9032



Honor the three martyrs named **Saint Valentine** and wear red – read the history of each at <https://catholiceducation.org/>

“We love because he first loved us.”

- 1 John 4:19

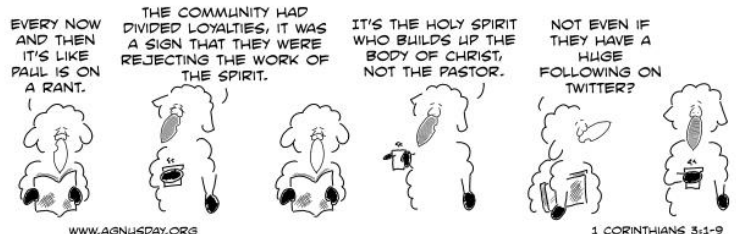
The Diocese has paired with the **Franciscan University of Steubenville's Catechetical Institute** to offer free online classes available for every parishioner to take. These free classes go at your own pace and available all year. Courses cover different topics including, The Eucharist, Ministering as Parents, Faith in the Home, The Catechism 101, and many more. Take advantage to learn more about their Catholic faith. To sign up for free classes, go to <https://franciscanathome.com/register>. More information is available on the diocesan website under the Faith Formation Page.



**Justice Challenge:** The Gospel for Sunday is part of the Sermon on the Mount. Jesus is focusing on keeping the commandments. He emphasizes that the Fifth Commandment, “Thou shalt not kill,” means more than not taking someone’s life. It also means not being angry or destroying someone’s self-esteem by calling them names. Your challenge this week is to look at your life and examine where you might have hurt someone—physically, emotionally through negative gossip, cyber criticism, or derogatory words, or even spiritually by giving bad example. Make a commitment to changing that hurtful behavior, say a prayer for the person you have hurt, and try to have the courage to ask forgiveness in person.

**INSIDE OUR SACRED SPACE**

**Ambo** - the focal point for the Liturgy of the Word. From this kind of tall, elevated desk, “only the readings, the responsorial psalm and Easter proclamation (*Exsultet*) are to be proclaimed; it may be used also for giving the homily and for announcing the intentions of the prayer of the faithful” (General Instruction of the Roman Missal, No. 309). The design and location of the altar and ambo emphasize the close relationship between the Liturgy of the Word and the Liturgy of the Eucharist: from the holy altar we receive the body and blood of Christ, and from the ambo, Christ’s holy doctrine. In this regard the ambo, like the altar, is not just an object but a sacred place. <https://www.oursundayvisitor.com/inside-our-sacred-space/>





### “What is Spiritual Communion ?”

When we are not able to receive the Body, Blood, Soul, and Divinity of Jesus in the Eucharist, Catholics are encouraged to make a spiritual communion. What does that mean?

The Baltimore Catechism says that spiritual communion “is an earnest desire to receive Communion in reality, by which desire we make all preparations and thanksgivings that we would make” if we were about to receive Jesus sacramentally in the Eucharist. It is an invitation to Our Lord to dwell within our souls spiritually, even when we can’t receive Him in Holy Communion.

The soul which makes a spiritual communion is blessed with abundant graces. Spiritual communion cannot replace sacramental Communion, but it greatly enriches the soul and fosters constant desire for Our Lord in the Eucharist.



Jesus Himself, speaking to St. Catherine of Siena, told her that He placed her sacramental Communion in a gold chalice, and her spiritual communions in a silver chalice.

“Both chalices are quite pleasing to me,” Our Lord said.

While there is no official prayer for making a spiritual communion, St. Alphonsus Liguori’s beautiful prayer is a favorite:

My Jesus, I believe that You are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

The method, however, is universal: we prepare for a spiritual communion the way we would prepare to receive Jesus in the Eucharist.

Humbly and reverently, we mentally place ourselves before Our Lord in the tabernacle. With an attitude of contrition for our sins and a desire to receive Jesus, we invite Him into our souls with a prayer. Afterward—just as we would after sacramental Communion—we give thanks for the communion and praise Our Lord. <https://www.catholiccompany.com/getfed>

**VOLUNTEERS NEEDED!** Contact **SHC Food Box Distribution** (907-374-0572) to help on Fridays. Contact **Regional Soup Kitchen** for more information on how you can help by working or donating needed supplies - Soup Kitchen Coordinator, Nick Shamrell at <https://iccfairbanks.org/soup-kitchen> or call (907) 452-3533.

“If you believe what you like in the gospel, and reject what you don’t like, It is not the gospel you believe but yourself.”  
~ St. Augustine



### Feelings and Shiny Things

A friend of mine has a tradition on the first birthday of her children. Three items — a coin, a shot glass, and a rosary — are placed in front of the one-year-old, and whatever object he grasps supposedly bears insight into his future. A coin promises wealth, the rosary indicates holiness, and the shot glass...well, I’m sure you can guess.

Of course, the kid just grabs whatever looks coolest. They’re not really choosing money or God or a party. Their choice is ruled by impulse.

These days, “I’m not feeling it,” is a genuine excuse to avoid something. “I feel that” we say to indicate agreement. “I feel like...” is an acceptable way to offer our opinion. Feelings carry a lot of weight.

Before Christ, there was only the law, and the law dealt primarily with actions. *Do this. Do not do this.* All well and good. But with the fulfillment of the law, Christ wants us to look inwardly. He wants us to consider the influence of our feelings on our actions, and to understand how our chosen actions can, in turn, inspire certain feelings.

I’m a millennial, so, depending on your age, you may think that I feel either too much or too little. One thing I have learned, though, is that when I give my feelings free rein, my instincts immediately turn into actions. I become the toddler grasping at shiny objects with no thought for what they represent. Anger becomes unkindness. Jealousy becomes cruelty. Fear becomes selfishness.

Free will, I have come to understand, means freedom from the tyranny of feelings. If a feeling is strong enough, it can build a prison.

*“If your right hand causes you to sin, cut it off and throw it away.” — Matthew 5:30*

Colleen Jurkiewicz Dorman ©LPi

### Focusing the Gospel ...

**Key words and phrases:** law ... fulfill, until all things have taken place, kingdom of heaven, righteousness surpasses

**To the point:** What does it mean for Jesus to fulfill the law? Jesus sees in the law the means to the fulfillment of time (“until all things have taken place”), when the law will be replaced by righteous relationships within the kingdom of heaven.



The fundamental law is gift of self to others. When self-giving is lacking in any act of keeping the law, the law in fact is not kept. We are to keep the law as the way to enter a manner of caring for and relating to others that leads to fullness of Life. Our model for so doing is Jesus. <https://liturgy.slu.edu>

**STEWARDSHIP MOMENT –**  
**“For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”**  
**MATTHEW 5:20**

The Pharisees lived according to the letter of the law and they used this to elevate themselves above the other people. Jesus is clear – it’s the love that you have in your heart, for God and others, that will get you to heaven. Simply following church rules to the letter and not out of love, does not necessarily put you on the path to heaven. Attending Sunday Mass and then gossiping about a fellow parishioner on the parking lot is an example of being a modern-day Pharisee.

**Sixth Sunday in Ordinary Time – February 12**  
Catholics believe marriage to be a sacrament. By this we mean that the faithful love of husband and wife is a sign of Christ’s lasting love for us. On this World Marriage Day, let us pray that those who are married seek to bring each other closer to heaven each day.



**PARISH STEWARDSHIP**

February 5, 2023 - \$ 1,381.00  
Collection for Fiscal Year  
7/1/2022 – 6/30/2023: \$ 32,544.09  
**Thank you for your generosity  
and continued support!**



**Pope Francis’ February Intentions:**  
**For Parishes:** We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

**Pray For:** Pope Francis; Archbishop Andrew Bellisario - Apostolic Administrator; Fr. Ross Tozzi, Fr. Piotr Oprych, and Deacon Warren Lucero; all serving in our Diocese; Fallen away Catholics; the homebound and sick; unborn and elders; and our deceased loved ones. Pray for laws and culture that recognize the centrality and integrity of marriage for children and society.

**Remember** the people in Turkey and Syria who suffered from the earthquake and lives were altered with death and destruction. Bless those helping to continue to search for more survivors and help in cleaning up the destruction.

**Prayer of the Faithful:** That our faith grows, and we generously share out of love and not out of obligation.

**Answer The Call: What Does It Mean To Be A Catholic Man?**

A Men’s Retreat organized by the Diocese of Fairbanks  
When: March 3-5, 2023  
Cost: \$40  
To Register or for more info contact Benjamin Colwell at (907) 374-9526 or email [bcowell@cbna.org](mailto:bcowell@cbna.org)  
Included in retreat: Meals, reflections, prayer, fraternity.

**DIOCESAN EMPLOYMENT OPPORTUNITIES**  
**NOW HIRING!**

The **Diocese of Fairbanks** is hiring for the following positions.

- Director of Annual Giving (Full-time)
- Construction Project Manager (Full-time)

Learn more at [dioceseoffairbanks.org/job-postings](http://dioceseoffairbanks.org/job-postings)! To apply, submit a résumé and cover letter to [humanresources@cbna.org](mailto:humanresources@cbna.org).

**St. Raphael Parish** has immediate opening for two positions:

- Office Manager ~ Tues-Fri, 10 AM 3 PM with additional hours as needed (up to 25 hrs/wk). *Duties include:* bulletin, scheduling, parishioner needs, coordination with volunteer recruitment and pastor and parish, some bookkeeping duties, and other parish responsibilities.
- Lay Pastoral Minister ~ Part-time position 15-20 hrs/wk and involves liturgy collaboration with Fr. Jingbe to include on Sunday and occasionally Saturday masses, holy days, and holy seasons; volunteer recruitment and coordination; communication with parishioners; facilitating ongoing religious education for all in the parish; pastoral care, and administration.

If interested, contact Fr. Jingbe at (907) 328-9424 or email [sjingbe@cbna.org](mailto:sjingbe@cbna.org) or Camille Connelly-Terhune via email [secretary@straphaelfairbanks.org](mailto:secretary@straphaelfairbanks.org)

**Catholic Schools** is hiring full and part-time.

- **Child Care Specialists** for their After School Program 2-6 pm M-F\* (\**Specific days of the week can be accommodated.*)

**Qualifications:** 18+ years old; Will work with successful candidate to obtain the training necessary. Contact: Ms. Beach Child Coordinator at 907-519-6316; email [cshabram-beachcsf@catholic-schools.org](mailto:cshabram-beachcsf@catholic-schools.org) or check website <https://www.catholic-schools.org/employment.html>

‘Don’t be a quitter!’ is only good advice if your goal is realistic. Otherwise, you almost certainly need to start over with something else. —Fr. J. Augustine Wetta, O.S.B

**SAFE ENVIRONMENT** Our diocese is committed to creating a safe environment for everyone. If you are aware of abuse, you are encouraged to report the abuse to local law enforcement agencies and to contact our Victim Assistance coordinator, Jenny Michaelson by calling (907) 374-9553 or emailing [vac@cbna.org](mailto:vac@cbna.org). For more information, access the Diocese safe environment link through <https://dioceseoffairbanks.org/report-abuse>