

ST. MARK UNIVERSITY PARISH

The Catholic Community of University of Alaska Fairbanks

1316 Peger Rd., Fairbanks, AK 99709-5199

Email: stmark@cbna.org Webpage: https://stmarksuaf.org

Sunday Mass Schedule:

Vespers: 4:45 pm @ Sacred Heart Cathedral (SHC)

Mass: 5:30 pm @ Sacred Heart Cathedral

Sacrament of Reconciliation at Sacred Heart Cathedral

Saturday from 3:00 to 4:00 PM or by Appointment

EUCHARISTIC HOLY HOUR-11AM & MASS-Noon

Join our priests *every Wednesday* as we pray for the next Bishop of Fairbanks at Sacred Heart Cathedral.

Clergy

Fr. Ross Tozzi: rtozzi@cbna.org Ph:907-347-3005

Fr. Piotr Oprych: poprych@cbna.org

Deacon Warren Lucero

Administration

Mary Pat Boger, Parish Admin. Ph.907-374-9564 stmark@cbna.org

Office hours: 10am - 12noon

Marilis Bennett, Bookkeeper: Ph. 907-590-9291 George Stefan, Music Director: Ph. 907-687-0077

Devan Larson, Catholic Student Assn Advisor: <u>UAF-catholic-</u>

Club@alasks.edu

Pastoral Council

Marilis Bennett, John Fox, Cynthia Klepaski, Ritchie Musick, Jen & Sean Tucker

Sacraments

Confession- Saturday 3:00-4:00pm at SHC or arrange a time with a priest.

Baptism, Marriage, Anointing of Sick – contact our office at 907-374-9564.

Sacraments of Initiation/Vocations—contact Fr. Robert Fath at rfath@cbna.org or Ph. 907-374-9504

MISSION STATEMENT

St. Mark's University Parish provides a welcoming faith community for students, families, and individuals that share a geographic, intellectual, or historic connection to the University of Alaska Fairbanks (UAF). We exist to encourage, inform, and support the faith journey of

all who have come to UAF with a background in the Catholic tradition. St. Mark's also provides reliable information for non-Catholics inquiring about our faith and contributes to inter-faith discussion and ecumenical action.

Latin Phrases Every Catholic Should Know:

Ora et Labora

Pray and Work

Made famous by St. Benedict's famous saying. It emphasizes that prayer should be united with activity; when we combine our efforts, they are multiplied. Most often, ora et labora is said about monasticism; it emphasizes how prayer (<u>oratio</u>) helps one perfect their work (labor).

"Jesus does not demand great actions from us, but simply surrender and gratitude." St. Therese of Lisieux

Solemnity of Our Lord Jesus Christ, King of the Universe (34th Sunday in Ordinary Time)



First Reading: Samuel 5:1-3

David is anointed king.

Responsorial: *Psalm 122:1-2,3-4,4-5*Enter the house of the Lord rejoicing. **Second Reading:** *Colossians 1:12-20*Hymn to Jesus as the first-born of all creation.

Gospel Reading: Luke 23:35-43

Jesus is crucified under the title King of the Jews.

DATES TO REMEMBER:

Nov 20 & 27: Advent Items available for homes. Nov 23: Saint Zelie Martin – Women's Group @ ICC Nov 24: Thanksgiving (UAF Break 23-27)

Nov 27: 1st Sunday in Advent

Dec 3: 9am-6pm SHC Christmas Bazaar Dec 10: UAF Last Day of Instructions Dec 12-17: UAF Final Examinations

Pope Pius XI instituted the feast of "Christ the King" in 1925 with his encyclical *Quas primas* ("In the first") to respond to growing secularism and atheism. He recognized that attempting to "thrust Jesus Christ and his holy law" out of public life would result in continuing discord among people and nations. This solemnity reminds us that



while governments come and go, Christ reigns as King

forever. https://www.uscb.org

THANKSGIVING BLESSINGS

Give thanks to the Lord for he is good; His love endures forever. 1 Chronicles 16:34











Reconciliation - Saturday 3:00-4:00pm at SHC or by arrangement with Fr. Ross Tozzi or Fr. Piotr Oprych by calling SHC - 907-474-9032

For Baptism, First Communion, Confirmation, Marriage, Anointing of Sick – contact our office at 907-374-9564 or

Sacraments of Vocations-contact Fr. Robert Fath at rfath@cbna.org or Ph. 907-374-9504

Oratory Religious Education Classes meet at SHC on Saturday afternoons.

- 1:30 PM ORATORY
- 2:45 pm Good afternoon talk by a priest or sister
- 3:00 PM Break with snacks.
- 3:15 PM Catechism Class.
- 4:15 PM Parents pick children up to either take them to the 4:30 PM Vigil Mass or return home.

Confirmation and Youth Group – No classes this week due to Thanksgiving Break.

Rite of Christian Initiation for Adults (RCIA) meets 7:30 -8:45 PM – Wednesday evenings at Sacred Heart Cathedral. This is the formal process for entering into the Catholic Church, or those interested in attending to understand and become familiar with the Catholic Faith. This is a process of learning about the Catholic Faith.

Catholic Student Association – Thursday Meeting at 7pm in Lathrop Building Room 112 (subject to change). Topics of interest regarding the Church (sacraments, teachings, etc.) UAF-catholic-Club@alaska.edu Contact for more information.



Justice Challenge: This Sunday the Catholic parishes of the United States take up a collection for the Catholic Campaign for Human Development, the domestic anti-poverty, social justice program of the U.S. Catholic Bishops.

Based in Washington, D.C., the Catholic Campaign, or CCHD, describes its mission on the www.usccb.org website: "to address the root causes of poverty in America through promotion and support of community-controlled, self-help organizations and through transformative education." Your challenge this week is to learn something about CCHD and to discuss as a family what contribution you can make financially to support the work of CCHD across the country. If there is a CCHD project in your local community (and you can find that out by going to www.usccb.org/cchd), consider a visit to learn what CCHD is doing and how you might get involved.





November 20th & 27th St. Mark's will have Advent items available for a small donation. Advent Calendars, Tree Calendars, Liturgical Calendars (for Cycle A), bookmarks, Diocesan ornaments, and cards. A



basket will be put out for a small donation to help in providing items for your home for Advent in 2023!

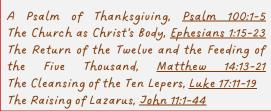
FREE CHRISTMAS CARD EXCHANGE!



Bring in your extra Christmas cards you've been hanging onto over the years and put them on our FREE table. Gift tags and other items are acceptable (NO WRAPPING PAPER). Feel free to take what you want. Leftovers will be donated to the seniors at Pioneer Home.

Students: Take this opportunity to pick up cards for sending greetings to family and friends!

Five stories from Scripture to read and reflect on at Thanksgiving:





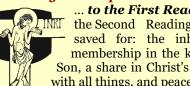
Sacred Heart Cathedral's Hospitality Committee is holding their Christmas Bazaar on Saturday, December 3rd, from 9:00 AM to 6:00 PM at the Cathedral, 1300 Peger Road, Fairbanks. Proceeds from bazaar's items (all donated by SHC parishioners) support SHC. Come to find a git, buy delicious baked goods, or have some homemade soup.

STEWARDSHIP MOMENT

"....giving thanks to the Father, who has made you fit to share in the inheritance of the holy ones in light." COLLOSIANS 1:12

God wants us to be happy! Instead of looking at the Ten Commandments as being restrictive and telling us what we can't do, look at them as guides for living a joy-filled and peaceful life. Most of our problems arise when we put our own needs first or we spend most of our time trying to acquire more stuff. Instead, try putting God first in all things. We were made for God. Open your heart and let Him in!

Connecting the Gospel



... to the First Reading: Paul expresses in the Second Reading what we have been saved for: the inheritance of holiness, membership in the kingdom of the beloved Son, a share in Christ's fullness, reconciliation with all things, and peace.

... to experience: What we are celebrating with this solemnity is not a style of government (earthly kings and kingdoms), but the victory of Christ over all things-even death. Christ the King makes possible among us a reign of goodness, mercy, forgiveness, justice, reconciliation, peace.

"No duty is more urgent than that of returning thanks." St. Ambrose

The Catholic Company presents GET FED Rite-Sized Faith

Who was called "Bishop Boots?"

We all know him as the teacher and defender of St. Thomas Aquinas.

Born into German nobility in the early 1200s, St. Albert the Great displeased his family very much when he answered the call to Dominican life. The Dominicans were a fairly new and poor order, considered beneath the highborns' notice. But Albert loved the Dominican rule and delighted in studying and teaching. In fact, he himself was so uncannily brilliant that jealous people went about saying he practiced magic.



He was appointed Bishop of Regensburg in 1260 obediently (but а little reluctantly) took it up. He was a very active bishop. He visited all the parishes in his diocese, traveling far and frequently but he refused to ride a horse or even a donkey. He walked everywhere. So, his faithful affectionately dubbed him "Bishop Boots."

Because of his great love for study, however, he resigned the

position after two years and returned to the colleges of Cologne and Paris. Even though he was soon called away to serve the pope and the Dominicans, he still found time to write extensively and add to his great knowledge through study.

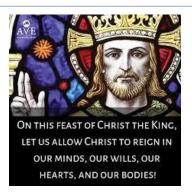
It was through teaching at Paris that Albert first met Thomas Aquinas. Thomas was a large young man and a quiet, slow thinker, leading his classmates to call him the "Dumb Ox." But Albert could see the genius in him that most could not see. He prophesied Thomas's future impact on theology, saying, "We call this man a dumb ox, but his

We owe a lot to Albert for advances in the liberal sciences. In fact, we owe a lot to many fellow Catholics whose intelligence led to breakthroughs and developments in scientific fields. https://www.catholiccompany.com



"Jesus, remember me when you come into Your kingdom." Will you make Christ the King and His merciful love remembered as a priest, deacon or in the consecrated

life? Contact the Vocation Office at (907) 374-9504 or email: rfath@cbna.org .



Everyday Stewardship

Eyes On Your Own Paper

"Nation will rise against nation, and kingdom against kingdom. There will be powerful earthquakes, famines, and plagues from place to place."

Looking at these words, I have to wonder. Am I reading the Bible or today's newspaper headline?

It's never easier to despair than when you glance up and take a good look at what's going on in the world: disasters, natural and contrived, wars, resentments, rivalries, and divisions. It is almost too much sometimes, isn't it? The twenty-four-hour news cycle doesn't help. Add social media and it's enough to push anyone into a nervous breakdown.

When you find yourself in this place of despair, remember Paul's admonishment in his letter to the Thessalonians. Work quietly and eat your own food.

It's not so different from the old "keep-your-eyes-on-your-own-paper" rule of the classroom. Poking our noses into other people's business, we may think we are getting a shortcut to the right answer, but we're really just getting distracted. When we become too preoccupied with events that we cannot control — whether they are happening in our neighborhood or half-a-world away — we are tempted to leave off the very specific work God has given us in our own lives. We are easily lured into anger, bitterness, and anxiety.

What is the work that God has called you to? Is it your career? Your family? Your community? What is your food — what nourishes you, sustains you, connects you to something real, powerful, and life-giving? This is what you should be concerned with. This is where your thoughts and your efforts should be.

Work quietly and eat your own food.

— Tracy Earl Welliver, MTS



ADORATION TIMES

Sacred Heart Cathedral

Thursday 8:00 AM – 12:00 PM Saturday 3:00 PM – 4:00 PM

Immaculate Conception Church

Tuesday 7:00 – 8:00 PM Wednesday 6:00 – 7:00 PM Saturday 3:00 – 4:00 PM

St. Raphael Catholic Church

Tues & Thurs 8:30 – 9:30 AM Wed 4:30 AM – 5:30 PM Fri. 7:00 AM – 6:00 PM

St. Nicholas Catholic Church Mon, Tues, Thurs, Fri. 8:00 AM

PARISH STEWARDSHIP

November 13 - \$ 1,643.00

Collection for Fiscal Year 7/1/22-6/30/: \$ 19,089.09

We are grateful to all those who are making sacrifices to support our Church financially!

3% of November's collection will go Diocese of Fairbanks Special Collection. Funds donated will be split between the Diocese of Pankshin and Maiduguri in Nigeria and Mutare in Zimbabwe. We have priests serving us in Northern AK who call these Dioceses' home. Donations can be made in person or website: https://www.stmarksuaf.org

REGIONAL SOUP KITCHEN

For more information or to help out, visit the webpage at https://iccfairbanks.org/soup-kitchen or you can call Soup Kitchen Coordinator, Nick Shamrell at (907) 452-3533.



Pope Francis' November Intentions: *Children Who Suffer* - We pray for children who are suffering, especially those who are homeless, orphans, and victims of war; may they be guaranteed access to education and the opportunity to experience family affection.

Please Pray For....Pope Francis; Diocese of Fairbanks Apostolic Administrator — Archbishop Andrew Bellisario; Fr. Ross Tozzi, Fr. Piotr Oprych, and Deacon Warren Lucero; priests and religious in our Diocese. St. Mark Parishioners. Our students at UAF and in our community of Fairbanks and surrounding areas. Fallen Away Catholics to return to the sacraments. For our elderly and those who are sick. All who live in areas of unrest. Pray for our loved ones who have died.



Prayer for a New Bishop

Almighty God, who by the Holy Spirit moves the hearts of Your people, Direct the counsels of those who are appointed to choose a bishop for the Diocese of Fairbanks, That we may be given a pastor who, in faithfulness and wisdom, Shall lead Your people in the way of holiness. Through Jesus Christ, our Lord. Amen.

Mary, Mother of the Church, Pray for us.

Diocesan Employment Opportunities

The Diocese of Fairbanks is hiring for the following positions.

- Director of Annual Giving (Full-time)
- Payroll Technician (15-20 hrs./month)
- Project Manager (Full-time)
- Safe Environment/Victim Assistance Coordinator (15-30 hrs./week)

Learn more at <u>dioceseoffairbanks.org/job-postings</u>! To apply, submit a résumé and cover letter to humanresources@cbna.org.

Safe Environment

Our diocese is committed to creating a safe environment for everyone. If you are aware of abuse, you are encouraged to report the abuse to local law enforcement agencies and to contact our Victim Assistance Coordinator, Alicia Menard, by calling (907) 374-9553 or emailing amenard@cbna.org. For more information, access the Diocese safe environment link through. https://dioceseoffairbanks.org/bishop-abuse-reporting.

CHILDREN'S CHRISTMAS CONCERT AT THE CATHEDRAI



The sisters are organizing a Christmas Concert! Anyone is invited to come participate.

Rehearsals are on Saturdays at 12:30pm at Sacred Heart Cathedral Starting November 12th.

Rehearsals: 12:30pm

Saturdays

@ Sacred Heart Cathedral

Contact Sr. New Eve with any questions! 907-987-9598 servidoras@chna.org The concert will be the week following Christmas.
Time and date TBD



When do we bow our heads during Mass?

The General Instruction of the Roman Missal (GIRM) explains, "A bow signifies reverence and honor shown to the persons themselves or to the signs that represent them. There are two kinds of bows: a bow of the head and a bow of the body [also known as a profound bow]." The GIRM then lays out several moments during the Mass when those present should bow.

- **1) During the Creed** —At the words "by the power of the Holy Spirit . . . and became man" all make a profound bow; but on the solemnities of the Annunciation and of the Nativity of the Lord, all genuflect" (GIRM 137).
- 2) After the consecration (if you are not kneeling) -

"In the dioceses of the United States of America, [the faithful] should kneel beginning after the singing or recitation of the *Sanctus* until after the Amen of the Eucharistic Prayer, except when prevented on occasion by reasons of health, lack of space, the large number of people present, or some other good reason. Those who do not kneel ought to make a profound bow when the priest



genuflects after the consecration" (GIRM 43).

- 3) Before receiving the Holy Eucharist at Communion
- "When receiving Holy Communion, the communicant bows his or her head before the Sacrament as a gesture of reverence and receives the Body of the Lord from the minister" (GIRM 160)
- **4) During a solemn blessing at the end of Mass** "If a prayer over the people or a solemn formula for the blessing is used, the deacon says, "Bow your heads and pray for God's blessing." (GIRM 185).
- **5)** When hearing the name of God or specific saints "A bow of the head is made when the three Divine Persons are named together and at the names of Jesus, of the Blessed Virgin Mary, and of the Saint in whose honor Mass is being celebrated" (GIRM 275).

https://aleteia.org

ADVENT is around the corner. This means December 25th will be here before you know it. Remember what the season is for and prepare for making a holy Advent worth the season! Let <u>Good Catholic</u> from the Catholic Company help you: <u>www.goodcatholic.com/five-steps-to-prepare-yourself-for-a-holy-advent</u>