



ST. MARK UNIVERSITY PARISH

The Catholic Community of University of Alaska Fairbanks

1316 Peger Rd., Fairbanks, AK 99709-5199

Email: stmark@cbna.org Webpage: <https://stmarksuaf.org>

Mass Schedule:

Sunday Vespers: 4:45 pm @ SHC

Sunday: 5:30 pm @ Sacred Heart Cathedral (SHC)

***First Friday & Stations of the Cross times during Lent can be found on our website next week.*

Sacraments

Confession- Saturday 3:00-4:00pm at SHC or arrange a time with a priest.

Confession on UAF - Arrangements can be made with Fr. Robert Fath @ 907-374-9504 if you can't make it to SHC on Saturday.

Baptism, Marriage, Anointing of Sick – contact our office at 907-374-9564.

Sacraments of Initiation/Vocations– contact Fr. Robert Fath.

MISSION STATEMENT

*St. Mark's University Parish provides a **welcoming faith community** for students, families, and individuals that share a geographic, intellectual, or historic connection to the University of Alaska Fairbanks (UAF). We exist to **encourage, inform, and support the faith journey of all who have come to UAF with a background in the Catholic tradition.** St. Mark's also provides reliable information for non-Catholics inquiring about our faith and contributes to inter-faith discussion and ecumenical action.*

St. Mark Parish Office:

Office Hours: Tues-Fri: 10am – 12noon

Ph.907-374-9564

Email: stmark@cbna.org

Website: <http://www.stmarksuaf.org>

Pastor: Fr. Robert Fath

Ph. 907-374-9504

Email: rfath@cbna.org

Podcast: <https://frrobertfath.podbean.com/>

Deacon: Warren Lucero

Parish Admin.: Mary Pat Boger

Bookkeeper: Marilis Bennett Ph. 907-590-9291

Music Director: George Stefan Ph. 907-687-0077

Parish Council: Marilis Bennett, John Fox, Cynthia Klepaski, Ritchie Musick, Jen & Sean Tucker

Bring your palm leaves – We will have a collection site in the Church entrance for the next two weekends for you to drop off palm leaves from the previous year.

March 6, 2022

First Sunday in Lent – Cycle C



First Reading: Deuteronomy 26:4-10

Moses describes the offering of praise for God's deliverance of Israel.

Responsorial Psalm 91:1-2, 10-11, 12-13, 14-15

A prayer for God's protection.

Second Reading: Romans 10:8-13

Paul teaches that we are saved by faith.

Gospel Reading: Luke 4:1-13

In the desert, Jesus is tempted by the devil.

DATES TO REMEMBER

- ❖ **Mar 6: Rite of Election & Continuing Conversion at SHC at 4pm**
- ❖ **Mar 12 & 19:** Beloved Series 9:00 – 11:00 am at Sacred Heart Cathedral (Saturdays)
- ❖ **Mar 7-11:** UAF Spring Break
- ❖ **Mar 12 & 19:** Latin Mass – 6:30pm @ SHC
- ❖ **Mar 13:** Daylight Saving Time
- ❖ **Mar 19:** Online Dynamic Women of Faith Conference. Check flyer on St. Mark webpage.
- ❖ **Mar 26:** Traversing the Paschal Triduum Retreat – 8:00 am – 8:00 pm at Harding Lake. For Catholic Young Adults and CSA.

Catholic Student Association

We are a community of faith and caring

On UAF Campus (Lathrop Hall Room 112):

No Thursday Mass during **Spring Break** [Mar 7-11]

Off UAF Campus:

Every Sunday at 5:30 p.m. there is Mass at Sacred Heart Cathedral.

Need a ride to club or church events? Let us know!

Email or Call: stmark@cbna.org (907) 374-9564



Traversing the Paschal Triduum Retreat - Young Adults 18-40ish please

consider attending a Lenten day retreat and explore the richness of Holy Thursday, Good Friday, and the Easter Vigil. Date: Saturday March 26 Time: 8:00 am – 8:00 pm Where: Harding Lake RSVP By: Friday, March 19 Cost will be paid for members of CSA or UAF students Contact the Diocese Director of Faith and Family Formation, Ben Colwell, by email at bcowell@cbna.org or by phone 907-374-9526 if you have questions or to RSVP. Check out <http://www.stmarksuaf.org> **Mark your calendar and sign up now!**



STATIONS OF THE CROSS started on March 4th (Friday). This is a mini pilgrimage for us to walk through from station to station. At each station, we recall and meditate on a specific event from Christ's last day – from condemnation to being taken down from the cross. Specific prayers are recited, then we move on to the next station until we have completed all 14. We are all encouraged to make this a Lenten tradition to encourage us to reflect on Jesus' passion in the context of family life. We take time to pray for all families in light of the Way of the Cross. You are encouraged to attend the stations at our local churches.... but if you are unable to, look at other options – by reading or joining an online option.

Father, help me to see this holy season of Lent as a time of spiritual renewal, rather than a time of deprivation. Motivate me to reach a new level of experiencing your grace.

The Pillars of Lent – As we begin our journey in Lent, reflect on how your prayers, fasting and almsgiving can guide you. Visit

<https://crsricebowl.org> to learn more.



Why can't Catholics eat meat on Fridays in Lent?

When did the tradition start?

Have you ever accidentally eaten a piece of meat on a Friday in Lent and thought, "darn! I forgot it's Friday!"

It's not easy to avoid meat on Fridays in Lent. Not to mention, it is also inconvenient. Have you ever wondered why we have this rule in place? Well, the rule used to be that Catholics couldn't eat meat on any Friday of the year. However, through the 1983 revised *Code of Canon Law*, the United States Conference of Catholic Bishops were given authority to require American Catholics to abstain from meat on only Ash Wednesday, Good Friday, and Fridays during Lent. It is important to note that Catholics are still urged to offer a sacrifice on all Fridays, but it does not need to be abstaining from meat.

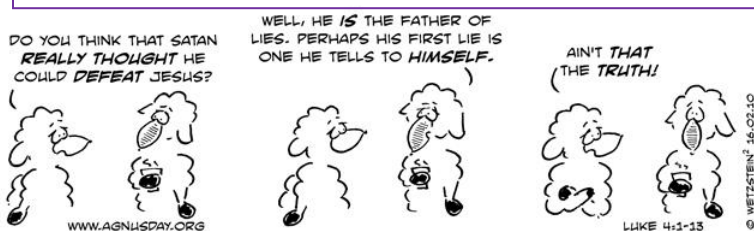
Jesus suffered and died on a Friday, so Christians have always honored Jesus' sacrifice on Fridays in some form or capacity.

During Lent, we especially remember how Christ sacrificed his flesh for us. To offer penance for our sins on the day that Jesus died to save us from sin, we abstain from "flesh meat" which is meat from mammals and poultry, what the USCCB considers "land animals." The Latin word for meat is *carnis*, which has only applied to meat derived from land animal flesh.

So, how come we ARE allowed to eat fish on Fridays? The USCCB explains how fish are cold-blooded animals and do not come from the land, so fish is not the same as *carnis* meat. Also, historically, meat was more expensive and eaten mainly at celebrations and festivities, while people ate fish on a daily basis. So, the Early Church was asking people to sacrifice something celebratory during Lent.

Whenever we have to say no to meat on Fridays, as hard as that can be, it is a great opportunity to reflect on the sacrifice Christ made for us and remember the purpose of Lent. Some people choose to abstain from meat on Fridays all year round. While this practice is not required in the Church, it is a good opportunity to remember how Christ suffered and died for us on a weekly basis throughout the year

<https://www.catholiccompany.com/getfed>



Connecting the Gospel ...

... **to the First Reading:** In the Gospel the devil sets himself up as Lord when he tempts Jesus to worship him. Paul reminds us in the second reading that the One whom we are to profess



... **to experience:** All temptation presents us with a choice in the face of a perceived good. We are able to see through the ruse of the perceived good to the inherent selfishness of all temptation when we spend our lives deepening our sense of who we are in relation to God.



1st Week of Lent Justice Challenge:

This Sunday's Gospel describes Jesus' temptation in the desert. Jesus was tempted with three things: satisfying the flesh by breaking his fast and eating

the bread; becoming instantly famous by performing a super-hero act; and seizing power by making a pact with the devil. Jesus rejected all three temptations. Your challenge this week is to examine your own life to determine the temptations which the devil is placing in front of you. What do you need to say no to? What are you tempted to do which would cause others' lives to be lessened if you indulged in it?

1st Sunday of Lent

***"I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me."* DEUTERONOMY 26:10**

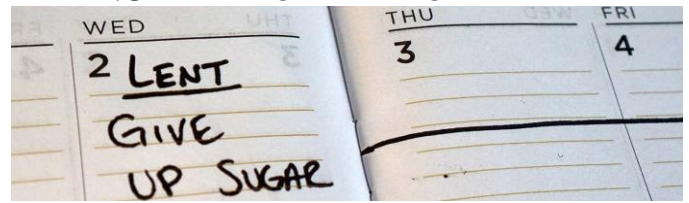
This line from the Old Testament offers two challenges. First, do you give to God from your "first fruits" - the first and best that you have to offer, or do you give from what you have leftover? Second, do you realize that everything you have and that everything you are has been given to you by God? Ask God for a grateful and generous heart, every day, in all circumstances.

The Servadoras are coming! The servers of the Lord and the Virgin of Matara are establishing a convent in Fairbanks. The diocese has purchased a house near Sacred Heart Cathedral for these sisters who will serve in the city of Fairbanks.

Help is needed in the way of financial donations! For more information you may call the diocese at 907-347-5500 and leave your name and number for a call back. The sisters will be furnishing the house in keeping with their vow of poverty and simple life. Keep them in your prayers and welcome them to Fairbanks when they arrive!

Everyday Stewardship

FILLING THE BASKET THIS LENT



Lent calls us into deeper everyday stewardship because it beautifully creates opportunities to be mindful of the call of Christ in even the most mundane moments of our day.

Many of us will participate in the time-honored tradition of doing penance, or "giving something up" for Lent. When we do this, we are mimicking the Israelites who filled their baskets with the first fruits of their harvest, "and having set them before the Lord, your God, (bowing) down in his presence" (*Deuteronomy 26:10*).

What are we going to bring before the Lord this Lent? What are our first fruits?

If you're struggling with ideas for how to "fill your basket," it can help to come at the problem from the opposite side. Take a look at the six characteristics of Everyday Stewardship and think about the moments in your day when you fail to fulfill the virtues to which they call you.

What is keeping you from being mindful of the call of Christ throughout your day? I promise you, if you listen, you'll hear it more than once.

What is keeping you from being prayerful? When you have set your first fruits before the Lord, what keeps you from down in His presence to finish the offering?

What keeps you from being grateful — especially of the small things that so often go unnoticed? What keeps you from being gracious, from leaving people smiling as they walk away?

What keeps you from being committed and accountable? Where do your excuses come from and what makes you indulge them?

Tracy Earl Welliver, MTS

ICC SOUP KITCHEN NEEDS:

Kitchen Items: Eggs (fresh or hard-boiled)

Bags of chips

Fruit/Applesauce Cups

Granola Bars

Other Items: Gloves, Winter Socks, Winter Hats,

Sweatshirts, Snow gear, Hand Warmers, Foot

Warmers, Travel-size Hygiene items

If you could help by donating needed items or helping out in the kitchen, please contact the Soup Kitchen via email – iccsoupkitchen@cbna.org or

phone – 907-452-3533.

Prayers are always encouraged!

St. Patrick's Day Raffle

<https://www.catholic-schools.org>

Purchase your ticket (\$25 each) before March 17 online or by calling 907-313-3291

\$5,000 in CASH prizes

All proceeds benefit the Catholic Schools of Fairbanks. Drawing held March 17 at 6pm. Need not be present to win.

Walk with Jesus this Lent and draw close to him. "Let us not allow this season of grace to pass in vain! Let us ask God to help us set out on a path of conversion." Pope Francis

Please Pray For.... Pope Francis; Bishop Chad Zielinski; Fr. Robert Fath; Deacon Warren Lucero; Priests and religious in our Diocese. An increase in vocations – priesthood, diaconate, and consecrated life. For peace in Ukraine. The sick, homebound, and hospitalized in our parish, and their caretakers. For UAF students safety during spring break. Members of our parish and our deceased loved ones.



Pope Francis' Prayer Intentions:

Feb. 2022 Religious Sisters and Consecrated Women: We pray for religious sisters and consecrated women; thanking them for their mission and their courage; may they continue to find new responses to the challenges of our times.

Sacrament of Reconciliation

Schedules below or by Appointment.

Lenten Reconciliation Services and Open Reconciliation during Holy Week will be announced later this month.



St. Mark University Catholic Parish
By appointment - Fr. Robert Fath 907-374-9504

Sacred Heart Cathedral
Saturday 3:00 PM – 4:00 PM

Immaculate Conception
Mon-Fri 11:30 AM – 12:00 PM
Saturday 3:00 PM – 3:30 PM

St. Raphael: Saturday 5:00 – 5:30 PM

St. Nicholas, North Pole – Wed 6 PM/Sat 4 PM

Give up something for Lent so that you have more time for God!

Check out bustedhalo for ideas:

<https://bustedhalo.com/>

"The word is near you, on your lips and in your heart."

Jesus the Eternal Word continues to call many to lives of holiness as priests, deacons and in the consecrated life. Could you be one of them? Contact the Vocation Office at (907) 374-9504 or email: rfath@cbna.org

FAIRBANKS AREA MASS SCHEDULES

Sacred Heart Cathedral 474-9032

Weekly Monday-Friday 7:30 am

Saturday Vigil: 4:30 pm

Saturday Latin Rite Mass: 6:30pm – Feb 12 & 19

Sunday: 8:00 & 11:00 am

Sunday Spanish Mass: 1:00 pm

Sunday Vespers: 4:45 pm

Adoration: Tue (Spanish) 7:00-8:00 pm

Thu 8:00 am – 12:00 pm (English)

<https://www.sacredheartak.org/>

St. Mark University Parish 374-9564

Sunday: 5:30pm at **Sacred Heart Cathedral**

Thursday: 12:10pm CSA Campus Mass in Room 112 in Lathrop Building next to SRC.

Immaculate Conception 452-3533

Saturday Vigil: 4:00 pm

Sunday: 7:30am & 10:00 am

Weekday: Mon, Tue, Th & Fri: 12:10 pm; Wed 5:30 pm

Adoration: Wed 6:00 – 7:00 pm

First Friday: 6:00 pm – 6:00 am

<https://www.iccfairbanks.org/>

<https://www.facebook.com/ICCFairbanks>

Saint Raphael 457-6603

Saturday Vigil: 6:00 pm

Sunday: 9:30 am

Weekday: Tue & Thu 9:30 am; Wed 5:30 pm

Adoration: 2nd Thu of the Month 4:00 – 8:00 pm

<https://www.straphaelfairbanks.org/>

Saint Nicholas, North Pole 488-2595

Saturday Vigil: 5:00pm

Sunday: 9:00am & 12:00pm

Weekday: Mon, Tue, Thu & Fri 9:00 am; Wed 6:00 pm

Adoration: M, T, Th, F 8:30 am & Wed 6:30 pm

<http://www.stnicholasnp.org/>

Good Shepherd, Ft. Wainwright

Sunday: 9:00 am, SLC

Adoration: Thursday 6:00 – 7:00 pm, SLC

Catholic Women of the Chapel: Wed - 9am, SLC

Our Lady of Snows, Eielson Air Force Base

Sunday: 10:30 am

Daily Mass: Tuesday-Friday – 11:30 am