



**August 22, 2021- 21<sup>st</sup> Sunday in Ordinary Time**  
**4:45pm Evening Vespers prior to**  
**5:30pm Mass at Sacred Heart Cathedral**

**Hymns for 5:30pm Mass:**

**383** Here I Am Lord

**382** The Summons

**336** One Bread One Body

**605** Your Grace Is Enough

*Share your music talent! Vocalists and Musicians wanted!*

*Contact George Stefan after Mass.*

**Reading 1: Joshua 24:1-2a, 15-17, 18b** Joshua and the people declare that they will serve the Lord.

**Psalms 34:2-2, 16-17, 18-19, 20-21** The Lord hears the cries of the just.

**Reading II: Ephesians 5:21-32** Husbands and wives should love one another as Christ loves the Church.

**Gospel: John 6:60-69** Simon Peter confesses his faith that Jesus alone has the words of the eternal life.

**St. Mark Parish:** Ph. 907-374-9564

Email: [stmark@cbna.org](mailto:stmark@cbna.org)

Website: <http://www.stmarksuaf.org>

Office Hours: Tues-Fri: 10am – 12noon.

**Pastor:** Fr. Robert Fath Ph. 907-374-9504

Email: [rfath@cbna.org](mailto:rfath@cbna.org)

Podcast: <https://frrobertfath.podbean.com/>

**Deacon:** Warren Lucero

**Parish Admin.:** Mary Pat Boger Ph. 907-374-9564

**Bookkeeper:** Marilis Bennett Ph. 907-590-9291

**Music Director:** George Stefan Ph. 907-978-6953

**Sacraments & Becoming Catholic:**

Contact Mary Pat Boger at [stmark@cbna.org](mailto:stmark@cbna.org)

**Vocations:** See Fr. Robert Fath

**Parish Council:** Marilis Bennett, John Fox,

Cynthia Klepaski, Ritchie Musick, Jen & Sean Tucker



**Holy Father's Prayer Intentions - August 2021**  
**Respect for the Planet's Resources**

We pray that the planet's resources will not be plundered but shared in a just and respectful manner.

**Let Us Pray For:** Pope Francis; Bishop Chad Zielinski, Fr. Robert Fath, Diocesan priests & seminarians; Dot Keith Bray's granddaughter – Reagan, Ben Or, Sean Tucker, Dorothy Keith, Mike Johnson, Jim Radigan, and all who are sick or recovering from surgery. For our faithful departed. Pray for the people of Afghanistan and Haiti.

## Catholic Student Association & Catholic Young Adults

*We are a community of faith and caring.*

**First Day of Instructions: Monday, August 23<sup>rd</sup>**

**CSA Sunday Evening Mass:** 5:30pm held at Sacred Heart Cathedral, 1316 Peger Road. If you need a ride, or willing to provide a ride, please call 907-374-9564 to arrange a ride at least 36 hours ahead of Mass.

**St. Mark University Parish and the Diocese of Fairbanks** welcome back new and returning students! We are here to support you and provide opportunities for your college experience. Catholic Student Association (CSA) will meet once a week (Thursday) for Mass and discussion with Fr. Robert Fath. Catholic Young Adult (CYA) events are held off campus that may be of interest and will be posted ahead of the event.

**PARTY IN THE PARK** - Orientation for Clubs and Organizations on the UAF campus will take place on Tuesday, August 24<sup>th</sup> at 12noon. Stop by the table and say meet Fr. Robert Fath and Ben Colwell who will be leading activities off campus for young adults.

### ST. MARK SCHOLARSHIPS & AWARDS:

Applications can be found at [www.stmarksuaf.org/#](http://www.stmarksuaf.org/#).

### FEAST AND FAITH BONFIRE KICKOFF

Feast and Faith is back, and we are kicking it off with a bang! *Catholic Young Adults* (18-39ish) come together to build comradery around the fire. There will be games, snacks, and of course plenty of smiling faces! BYOC (bring your own chair) and BYOB (bring your own beverages.) There will be information about upcoming gatherings as well as information about various ministries you can get involved in going forward. Grab a friend and let's celebrate our faith and friendship Friday August 27<sup>th</sup> from 7pm to 10pm at the Blessed Pier Giorgio Frassati House of Discernment 1318 Peger Road Fairbanks, AK.

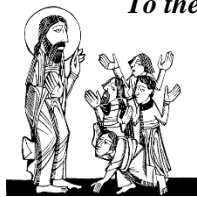
Jesus did not come to make you boring, take away your fun, and plague you with guilt. You can keep the most precious gift you have—your faith—and go to college without losing your way. Real Life Catholic is here to help you! Check out <https://reallifecatholic.com> with Chris Stefanick

## Dates to Remember:

- ✦ **Our old St. Mark Gmail account is being phased out and no longer will be used.** Please direct all email to our new account at [stmark@cbna.org](mailto:stmark@cbna.org).
- ✦ **Reconciliation can be heard at SHC, Sat. 3-4pm.**
- ✦ **Aug 26<sup>th</sup>:** Beloved Series at ICC 6:30-8pm. Contact Fr. Tom at [tkuffel@cbna.org](mailto:tkuffel@cbna.org) or 907-434-6117 or Deacon Sean & Jodi Stack at [stackcompanyinc@gmail.com](mailto:stackcompanyinc@gmail.com).
- ✦ **Aug 27<sup>th</sup>:** Feast & Faith 7-10pm.
- ✦ **Oct 1-3:** Eucharist Rosary Congress Friday and Saturday Night; all night adoration.
- ✦ **Aug 28:** 6:30pm SHC Latin Rite Mass
- ✦ **Sept 11:** 6:30pm SHC Dominican Rite Mass
- ✦ **Sept 11:** 3:30pm Informational meeting for Seven Sisters Apostolate downstairs at Sacred Heart Cathedral.
- ✦ **Sept 22-Oct :** 40 Days for Life

## **Focusing the Gospel**

**Key words and phrases:** This saying is hard, disciples were murmuring, said to the Twelve, Do you want to leave?



**To the point:** In this Sunday's Gospel it is not the crowd who murmurs but Jesus' own disciples. Only intimacy with Jesus such as the Twelve experienced can bring anyone to stay with Jesus despite the challenge of what he says. When the disciples hear Jesus' words, they voice what many feel: "This saying is hard." And indeed it is! The choice that confronts those disciples confronts us: will we accept the hard saying? Will we stay with Jesus or not? <https://liturgy.slu.edu>

## **Commentary on the Readings for the Thirteenth Sunday after Pentecost**

"Were not the ten (lepers) made clean? Where are the (other) nine" (Gospel)?

Leprosy, dread disease, meant exile "afar off" as a cast out from home and city. Mankind, rejecting Divine Life, became leprous, cast out from Eden here, from heaven hereafter.

How amazing, then, that God should make a "covenant" with man as though he were His equal (Epistle)! What is this "covenant?" By it God bestows on all "those who believe" in Jesus the right to inherit His Life, promised to Abraham; not to those who look merely to "the Law" of Moses.

Be not content, as were "the nine," with mere health of body but with the "increase of faith, hope and charity" (PRAYER). As with the lepers, so our prayer is: "Have regard, O Lord, to Thy covenant, and forsake not . . . Thy poor . . . (do not) cast us off" (Introit).

--Excerpted from *My Sunday Missal*, Confraternity of the Precious Blood



**JOB OPENING:** St. Raphael Parish is seeking an office manager for a part time position of 15-20 hours per week with regular office hours. The position calls for a cheerful, welcoming presence to greet the public as the first point of contact within the parish. Strong communication skills, the ability to work independently, and a can-do attitude are necessary. Computer skills include managing the website, parish database, and proficiency in MS Office. They will work for the Pastor and in conjunction with pastoral ministers, a maintenance manager, and bookkeeper. For more information, please contact Fr Ross Tozzi, [rtozzi@cbna.org](mailto:rtozzi@cbna.org)

**Pot 'O' Gold Raffle Tickets ~ BE A WINNER.** Knights of Columbus are selling tickets for their 25<sup>th</sup> annual Pot 'O' Gold cash raffle. You can be a winner by purchasing a \$25 raffle ticket after Mass on the weekend of August 21 & 22. Grand prize \$15,000 and fifteen additional prizes totaling \$12,500. The drawing will be held on Saturday December 11. For more information please contact Tom Malone 460-1398.

## **Legion of Mary sponsors Eucharistic Rosary Congress**

**Oct 1 -3** - in honor of our First Friday Devotions.

Fr. Hugh Gillespie, a DeMonfort Priest from New York will offer 4 talks on **True Devotion to Our Lady: On the Importance of Marian Devotion, learning to say Yes to God's will — not my will**

Oct 1 - 7pm; Oct 2 - 10am; Oct 2 - 7pm; Oct 3 - 3pm.

**Immaculate Conception SOUP KITCHEN** is always in need of volunteers and donations. There is more information on the website: <https://iccfairbanks.org/soup-kitchen> You can also donate \$\$ directly to the soup kitchen thru Immaculate Conception Church's giving link on the website. Contact Nick Shamrell to volunteer: [iccsoupkitchen@cbna.org](mailto:iccsoupkitchen@cbna.org)

## **ICC SOUP KITCHEN: VOLUNTEERS NEEDED**

Thank you to everyone who helps making this a successful mission! If you have donations to drop of at our kitchen, please do it between 9:00am - 1:00pm. If this doesn't work for you, please contact Nick Shamrell at 907-452-3533 or email: [iccsoupkitchen@cbna.org](mailto:iccsoupkitchen@cbna.org)

# LOVE INC

Love In the Name of Christ of the Tanana Valley

**Now Hiring!** 16 Full time positions! Show up at 609 3<sup>rd</sup> St., Fairbanks, Alaska, Wednesday, August 25, 2021 at 6:00pm (*Housing Relief Specialists* hired will be responsible for processing housing relief applications for families in need). These are grant funded positions. For more information, call Love Inc at 452-3876.

## RELIGIOUS EDUCATION OPPORTUNITIES

**RCIA Program Beginning in September:** Interested in joining the Catholic Church or learning more about your faith? Feel called to walk with those growing their faith in Christ? Christian Initiation meetings will be held at Sacred Heart Cathedral on Thursday nights from 7:30 to 8:45 PM. The first meeting will be on September 9th. All are invited to attend—there is no commitment required, only an interest in growing your faith.

**A new continuing education opportunity for Catechists and all Parishioners!** The Diocese of Fairbanks has partnered with *Franciscan University of Steubenville's Catechetical Institute called Franciscan at Home*. We have joined a network of over 150 dioceses from 27 nations. The Catechetical Institute exists to train and support catechists—priests, deacons, parents, teachers, or laity, whether professional or volunteer. The Institute allows dioceses and parishes to partner with them to offer flexible workshops, ministry certification and on-going formation for those responsible for teaching the faith. The program is being funded through the Office of Faith and Family Formation at the diocese and will not cost the parishes or parishioners to use it. The courses offered can be done individually or with the support of an online mentor. Check out a sample workshop at the following link: [https://Franciscan\\_at\\_Home.com/sample-workshop](https://Franciscan_at_Home.com/sample-workshop)

**Catechism for students in Grades 1-12** – We encourage you to enroll in Religious Education at Sacred Heart where there will be others in the group. St. Mark will pay for the materials. When you register, please let them know you are registered at St. Mark. If you prefer to enroll in classes at Immaculate Conception, St. Raphael, or St. Nick (North Pole), please do. Our numbers are small and there will be more interaction when there are more than 1 in a class. If you have questions, please contact Mary Pat @ 907-374-9564 or email: [stmark@cbna.org](mailto:stmark@cbna.org).



### SEVEN SISTERS APOSTOLATE

**WHO:** Catholic Women

**WHAT:** Seven or more women commit a Holy Hour once a week for one specific priest

**When:** Each woman receives a day of the week, and commits to a Holy Hour on that day...FOR ONE WHOLE YEAR!

**WHERE:** It is ideal to pray in front of the Blessed Sacrament, either in adoration or in front of a Tabernacle, but this is not necessary.

**WHY:** "In strengthening the priest you strengthen the whole Church... Strengthen the priest and you strengthen the whole foundation, you strengthen everything in the Church." — Fr. Gerald Fitzgerald, S.P.

Please join us for an informational meeting, no commitment required on September 11, Saturday. We will meet downstairs at Sacred Heart Cathedral at 3:30pm. More information can be found at: [sevensistersapostolate.org](http://sevensistersapostolate.org)



### Start Praying the Liturgy of the Hours Today

We continue to cover the article on the *Liturgy of the Hours* by Fr. Ed Broom, OMV. Let it become a daily practice that is not abandoned!

**11. WHAT ELSE?** In addition to the Psalms in the Liturgy of the Hours are other elements: An opening hymn, short Biblical Reading, Responsory, Canticle of Zechariah (Morning Prayer); Canticle of Mary (Evening Prayer). Then there are prayers of intercession for the Church and the world at large in both Morning and Evening Prayer. Finally the Lord's Prayer is prayed, followed by a closing blessing.

**12. PRAYED WITH WHOM?** The Liturgy of the Hours can be prayed alone by oneself. God hears our prayers whether we pray individually or collectively. However, the Liturgy of the Hours (sometimes called the Breviary) can be prayed collectively in a group. As a priest and Religious, I regularly pray the Liturgy of the Hours in the Morning with a fellow-priest. When done in a group, the prayer of the Psalms is alternated.

**13. LAY PARTICIPATION.** Over the past years, the Laity have formed groups in which they come together in prayer and in praying the Liturgy of the Hours. At times there is a combination of the Laity praying with priests and Religious. In the monthly publication of the Magnificat there is inserted the Liturgy of the Hours—both Lauds (Morning Prayer) and Vespers (Evening Prayer)

**14. MODES OF PRAYING THE LITURGY OF THE HOURS.** Contemplative monks, as well as Sisters, often have formed the habit of not only praying the Liturgy of the Hours but praying through song or chant. As Saint Augustine asserts: "He who sings, prays twice!" So, it is with the Liturgy of the Hours.

**15. IN THE CONTEXT OF A MASS.** Furthermore, the Liturgy of the Hours can be prayed in the context of the Mass. In fact, the prayer is called The *LITURGY* of The Hours. Thus, it can be inserted within the context of the Liturgy, the Mass itself.

**16. ELECTRONICALLY.** The Liturgy of the Hours in its totality consists of four big volumes. However, especially for those who travel, one can obtain the App I Breviary and pray the Liturgy of the Hours electronically on your phone or other electronic devices.

~ We conclude with the "Fruits of Praying the Liturgy" next week. <https://fatherbroom.com/blog>

**Any plans for including men in the Seven Sisters Apostolate prayer efforts?** Men are wonderful and willing substitutes for Holy Hours, but the Apostolate remains true to the original inspiration for seven women—Seven Sisters. There are many other groups that offer prayers for priests. We encourage men to find time to pray priests in our Diocese.

**Twenty-first Sunday in Ordinary Time -- Aug. 22, 2021**

“You have the words of eternal life.” Will your path of holiness be as a priest, deacon or in the consecrated life? Contact the Vocation Office at (907) 374-9504 or email: [vocations@cbna.org](mailto:vocations@cbna.org) .

**WHEN TO CALL A PRIEST:** When a loved one is ill, please remember to call Fr. Robert Fath before it is too late to give last rites. Many times people wait too long, thinking things will get better or waiting until as close to the very end as possible. No need to wait! Call Father as soon as things are going downhill. Remember that a person can receive the Sacrament of the Anointing many times in his or her life.

**21st Sunday in Ordinary Time**

*“If it does not, please you to serve the Lord, decide today whom you will serve...As for me and my household, we will serve the Lord.” JOSHUA 24:15*

When we commit to serve the Lord, we must be willing to become a disciple in the work of the Lord. A disciple is a person who spends time in prayer every day, joyfully participates in charitable works and generously supports their local parish and Church mission. If we say we serve God, we must do something and not merely talk about it!



**Last Week's Collection:**

**August 15, 2021.... \$ 1,384.00  
Total (7/1/21-6/30/22) \$ 8,102.50**

WeShare is a safe and secure site found on our webpage for online

giving - <http://www.stmarksuaaf.org> One can continue to give by dropping their donation in the basket or mailing to “St. Mark University Parish, 1316 Peger Rd, Fairbanks, AK 99709-5199. Thank you for supporting us!



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“The words I have spoken to you are spirit and life.”

**Sheepish Question:**

Where are the words of spirit and life that I hear today coming from? What are they?

**NEIGHBORING PARISH WEEKEND MASSES**

(\*=*Live Streamed*)

**Sacred Heart Cathedral 474-9032**

Saturday Vigil: 4:30pm  
Saturday Latin Mass: 6:30pm- Feb 6,13; Mar 13, 27  
Sunday: 8:00 & \*11:00am  
Sunday Spanish Mass: 1:00pm  
St. Mark Sunday Mass: 5:30pm  
<https://www.sacredheartak.org/>

**Immaculate Conception 452-3533**

Saturday Vigil: 4:00pm  
Sunday: 7:30am, 10:00am  
<https://iccfairbanks.org/>  
<https://www.facebook.com/ICCFairbanks>

**Saint Raphael 457-6603**

Saturday Vigil: 6:00pm  
Sunday: 9:30am  
<https://www.straphaelfairbanks.org/>

**Saint Nicholas, North Pole 488-2595**

<https://signup.com/go/ZjtAQHb>  
Saturday Vigil: \*5:00pm  
Sunday: 9:00am, 12:00pm  
<http://www.stnicholasnp.org/>

**Good Shepherd, Ft. Wainwright**

Sunday: 9:00am, SLC  
Adoration: Thursday 6:00 – 7:00 pm, SLC  
Catholic Women of the Chapel: Wed - 9am, SLC

**Our Lady of Snows, Eielson Air Force Base**

Sunday: 10:30am  
Daily Mass: Tuesday-Friday – 11:30am

**Traditional Latin Mass Schedule:**

All Latin Masses will be held at Sacred Heart Cathedral

Saturdays at 6:30 PM  
Aug 28<sup>th</sup>; Sept 11<sup>th</sup> & 18<sup>th</sup>; Oct 9<sup>th</sup> & 23<sup>rd</sup>  
Nov 20<sup>th</sup>; Dec 18<sup>th</sup>



**Mass at St. Mary's of the Lake ~ Harding Lake** Fr. Welcome has begun celebrating Sunday Mass at St. Mary's of the Lake on Sundays at 3pm through Labor Day Weekend.

**Traveling?** Check out mass times in Alaska using the following information: <http://dioceseoffairbanks.org/> (Diocese of Fairbanks) and <https://aoaj.org> (Archdiocese of Anchorage Juneau).

Never go out without your wingman -  
St. Michael the Archangel.