

**ST. MARK UNIVERSITY PARISH**  
The Catholic Community of University of Alaska, Fairbanks  
PO Box 750166 Fairbanks, AK 99775-0166  
Email: [stmark@cbna.org](mailto:stmark@cbna.org) Webpage: [stmarksuaf.org](http://stmarksuaf.org)



**July 18, 2021- 16<sup>th</sup> Sunday in Ordinary Time**  
**4:45pm Evening Vespers prior to 5:30pm Mass**

**Reading 1: Jeremiah 23:1-6** The Lord promises to shepherd his people, Israel.

**Psalm 23:1-3, 2-4, 5, 6** The Lord is our shepherd.

**Reading II: Ephesians 2:13-18** Christ has reconciled us With God and united us in peace.

**Gospel: Mark 6:30-34** Jesus invites his disciples to rest after their ministry, and Jesus is moved with pity for the crowds who pursue them.

**Catholic Student Association**

*We are a community of faith and caring.*

Residence halls open Wed., Aug. 18<sup>th</sup> & 19<sup>th</sup>.

Orientation for new students – Aug 18<sup>th</sup> -21<sup>st</sup>

**First day of instructions: Monday, August 23<sup>rd</sup>.**

Needing a ride to Catholic gatherings off campus this summer? Contact Mary Pat Boger in advance of event at: 907-374-9564.

St. Mark Parish: Ph. 907-374-9564

Email: [stmark@cbna.org](mailto:stmark@cbna.org)

Website: <http://www.stmarksuaf.org>

Office Hours: Tues-Fri: 10am – 12noon.

Pastor: Fr. Robert Fath Ph. 907-374-9504

Email: [rfath@cbna.org](mailto:rfath@cbna.org)

Podcast: <https://frobertfath.podbean.com/>

Deacon: Warren Lucero

Parish Admin.: Mary Pat Boger Ph. 907-374-9564

Bookkeeper: Marilis Bennett Ph. 907-590-9291

Music Director: George Stefan Ph. 907-978-6953

Reconciliation: Confessions at SHC, Sat. 3 -4pm.

Sacraments & Becoming Catholic:

Contact Mary Pat Boger at [stmark@cbna.org](mailto:stmark@cbna.org)

Vocations: See Fr. Robert Fath

Parish Council: Marilis Bennett, John Fox,

Cynthia Klepaski, Ritchie Musick, Jen & Sean Tucker



**Holy Father's Prayer Intentions – July 2021**  
**Social Friendship**

We pray that, in social, economic, and political situations of conflict, we may be courageous and passionate architects of dialogue and friendship.

**Let Us Pray For:** Pope Francis; Bishop Chad Zielinski, Fr. Robert Fath, priests, seminarians, religious, deacons, & all volunteers serving in Diocese of Fairbanks; Dot Keith Bray's granddaughter – Reagan & her family, Carol Johnson's brother Ron Drewiany, Ben Orr, Sean Tucker, Dorothy Keith, Mike Johnson, Jim Radigan; summer traveler; and our faithful departed and those they leave behind.

**July 18th ~ 5:30pm Mass Hymns:**

310 Table of Plenty

369 Shepherd of Souls

458 Shepherd Me, O God

485 Love Divine, All Loves Excelling

Contact George Stefan after Mass to learn more about joining our Music Ministry!



**Dates to Remember:**

- ✚ **July 22 – August 26:** Beloved Series for those preparing for marriage, as well as married couples interested in energizing your marriage. All are invited to come and take these classes, married as well as engaged. Held at Immaculate Conception Church every Thursday evening from 6:30-8:00pm. Contact Fr. Tom at [tkuffel@cbna.org](mailto:tkuffel@cbna.org) or 907-434-6117 or Deacon Sean & Jodi Stack at [stackcompanyinc@gmail.com](mailto:stackcompanyinc@gmail.com).
- ✚ **Ben Colwell** started his new job (July 13<sup>th</sup>) as the new Director of Faith and Family Formation for the Diocese of Fairbanks. We look forward to meeting him in the future.
- ✚ **July 24<sup>th</sup>: Latin Mass at SHC 6:30pm. No Latin Mass July 10<sup>th</sup>.**
- ✚ **July 25<sup>th</sup>:** World Day for Grandparents and Elderly
- ✚ **August 3<sup>rd</sup>-5<sup>th</sup>:** Priestly Formation Days. Diocesan priests gather
- ✚ **August 4<sup>th</sup>:** *Mass for the Reconciliation and Healing for our Native Alaskan Communities.* Following the Mass there will be a luncheon in the social hall of SHC. Participants are encouraged to bring a side dish to share.
- ✚ **August 14<sup>th</sup>:** Sr. Dorothy Giloley, SSJ, will be in providing a special “*Year of St. Joseph*” retreat at Sacred Heart Cathedral in the Social Hall. Please pre-register using the link on the flyer or email or text your reservation to the number or address provided. Lunch will be provided. Pre-registering helps to plan the correct number for materials and food. The retreat will offer the opportunity to obtain special indulgences that are offered in this year honoring St. Joseph.



Thank You to all who keep prayers coming when asked. This past week we had two requests and the response was overwhelming! Should you want on our prayer list or need prayers or request a Mass offered for family or friend, contact: Mary Pat Boger at email: [stmark@cbna.org](mailto:stmark@cbna.org) or leave a message: 907-374-9564.

## Commentary on the Readings for the Eighth Sunday after Pentecost

"There was a certain rich man who had a steward reported. . . as squandering his counting of thy stewardship, . . . thou canst be steward no longer" (Gospel)



As children we have access to our Father's "possessions" (Gospel). "By virtue" of our Baptism, "we (all) cry, . . . Father! unto our God (Epistle).

In the business of salvation the Father has appointed us as "stewards" over human goods and Divine graces, to use, not to abuse them. The Introit recalls that even though we now receive "mercy," yet one day we must stand before "Justice."

The meaning of this Gospel story is: "Act prudently," you children of God; use material treasures so as to make eternal friends; exercise your talents in the spiritual and corporal works of mercy. Those whom you help to save, will help save you. Excerpted from *My Sunday Missal*, Confraternity of the Precious Blood <https://liturgy.slu.edu>

### Connecting the Gospel ...

... **to the First Reading:** When authority is misused, the sheep are scattered, driven away, not cared for; the shepherd will be punished. Jeremiah foresees the coming of a good and righteous shepherd, Jesus, who teaches us all we need to know to come to salvation.



... **to experience:** We are driven to do whatever is necessary to overcome physical difficulties. We must be equally relentless in overcoming whatever keeps us from growing spiritually and coming to fullness of life in Christ. <https://liturgy.slu.edu>

### Congress: "NO" to Taxpayer Abortion

Congress is trying to force Americans to pay for abortion. The Hyde Amendment and similar laws have protected taxpayers from funding elective abortion for 45 years. Now, powerful members of Congress want to take away these laws that both Democrats and Republicans have supported for nearly half a century. Sign the petition to Congress. Do not force Americans to subsidize the taking of innocent life. Oppose any bill, including any appropriations bill, that expands taxpayer funding of abortion. Sign it today: [www.nottaxpayerabortion.com](http://www.nottaxpayerabortion.com)



**ICC SOUP KITCHEN** – If you thin you can help the Catholic Soup kitchen by volunteering your time or donate need items or money to help the homeless – contact Nick Shamrell at [iccsoupkitchen@cbna.org](mailto:iccsoupkitchen@cbna.org) or call ICC to reach Nick at 907-452-3533. This is a mission that all the Fairbanks Catholic Parishes are involved with.

## Lastly, St. John is represented by the rising eagle.

The Gospel begins with the "lofty" prologue and "rises" to pierce most deeply the mysteries of God, the relationship between the Father and the Son, and the incarnation: "In the beginning was the Word, the Word was in God's presence, and the Word was God. He was present to God in the beginning. Through Him all things came into being, and apart from Him nothing came to be" (Jn 1:1-3). And "The Word became flesh and made His dwelling among us, and we have seen His glory: The glory of an only Son coming from the Father filled with enduring love" (Jn 1:14). The Gospel of St. John, unlike the other Gospels, engages the reader with the most profound teachings of our Lord, such as the long discourses Jesus has with Nicodemus and the Samaritan woman, and the beautiful teachings on the Bread of Life and the Good Shepherd. Jesus, too, identified Himself as "the way, the truth, and the life," and anyone who embraces Him as such will rise to everlasting life with Him. <https://catholicexchange.com>



Do I have enough faith to believe: *"The Lord is my shepherd; there is nothing I shall want" (Ps 23:1)?*

**A Well-Formed Conscience:** The Church equips its members to address political and social questions by helping them to develop a well-formed conscience. Catholics have a serious and lifelong obligation to form their consciences in accord with human reason and the teaching of the Church. Conscience is not something that allows us to justify doing what-ever we want, nor is it a mere "feeling" about what we should or should not do. Rather, conscience is the voice of God resounding in the human heart, revealing the truth to us, and calling us to do what is good while shunning what is evil. Conscience always requires serious attempts to make sound moral judgments based on the truths of our faith. As stated in the *Catechism of the Catholic Church*, "Conscience is a judgement of rea-son whereby the human person recognizes the moral quality of a concrete act that he is going to perform, is in the process of performing, or has already completed. In all he says and does, man is obliged to follow faithfully what he knows to be just and right".  
~ USCCB *Forming Consciences for Faithful Citizenship*





## Everyday Stewardship - WHAT WE CARRY FROM TOWN TO TOWN

In my experience, there are two kinds of people: the folks who kick off their shoes the second they walk through the door, and the ones who don't. People can feel strongly about this on both sides. The main thrust of the Shoes-Off Brigade seems to be this: we track a lot of weird stuff on the soles of our feet. Little reminders of all the places we've been — whether it's a private home or a public bathroom — cling to our shoes long after we leave.

This same theory applies to our spiritual lives. As human beings and as disciples, we visit a lot of figurative towns and pick up a lot of figurative dust. Sinfulness. Shame. Defeat. Anger. Fear. Doubt. No matter how hard we try to keep free of it, these things have a way of attaching themselves to us, sometimes without us even noticing. We need to take a good look at what unhelpful and unconstructive baggage from our past we're tracking into our present and future encounters.

What is the "town" God is asking you to visit today in His name? Is it a tough conversation with a friend, a brief witness to a stranger in the checkout line, a call to be present to someone in your family? Before you go, remember, shake off the dust. Don't let a past disappointment constrain you. Don't allow yesterday's failures or burdens to keep you from the joy of today's witness, whatever form it might take.

— Tracy Earl Welliver, MTS



I AM WITH YOU  
ALWAYS

WORLD DAY  
FOR GRANDPARENTS  
AND THE ELDERLY

#IAMWITHYOUALWAYS

July 25, 2021



**Catholic Schools of Fairbanks**  
Classes begin August 16<sup>th</sup>

Contact ICC/Monroe at

Ph: 907-313-3062

<https://www.catholic-schools.org>

Monroe Foundation, Inc.

Ph: 907-313-329

**Shepherd image** – we think it applies only to bishops or priests, successors of the apostles. The shepherd role at one level or another also applies to all kinds of leadership. We are invited today by God's word to examine what our own leadership is like.



**How can I stay focused during my Holy Hour?** Do you finally get to adoration, only to fidget the entire time and think too much about earthly troubles instead of focusing on our

Lord: Find out here how to have a good holy hour?

We know that spending an hour with Jesus in perpetual adoration is certainly good for our souls and minds.

Do you ever wonder how you can make the most out of that small time with Jesus?

There is no single, specific approach to make a good holy hour. Some people prefer to say a rosary or read Scripture, some like to write in a journal, and some just enjoy sitting in the peace that comes in adoration.

However, in an age where we are constantly glued to our phones and instant communication is constant, it's easy to spend our entire holy hour thinking about everything we have to do at school or work, all the texts we need to respond to, and more.

If you struggle to make a good holy hour devoted to God, Mike Aquilina and Regis J. Flaherty provide some tips in their book *The How-To Book of Catholic Devotions*.

Aquilina and Flaherty suggest that you divide your hour into four fifteen-minute segments. Your first fifteen minutes can be spent in **meditation**. Meditate on Jesus and His presence before you.

The next fifteen minutes can be spent in **thanksgiving**. Thank God for all that He has bestowed upon you, especially through the sacraments.

In the third segment, you can recite prayers of **petition**. Pray that God's will be done for all as you make your requests known to Him. Pray for the needs of yourself, your friends and family, and the Church. You can also pray for the sick, the poor, and the lonely.

Finally, you can use your last fifteen minutes in **adoration**. Reflect on the areas in your spiritual life where you can improve and express sorrow for your sins.

Most of all, as Mike Aquilina and Regis J. Flaherty emphasize, the most important part of a holy hour is to listen throughout your time with Jesus and to allow Him to speak to your heart.

For more tips on growing in your spiritual life through devotion, check out Mike Aquilina and Regis J. Flaherty's *The How-To Book of Catholic Devotions*.

<https://www.catholiccompany.com/getfed> Photos by Allison Girone



### **16th Sunday in Ordinary Time**

"They were like sheep without a shepherd." Does a life of prayer and service as a priest, deacon or in the consecrated life attract you? Contact the Vocation Office at (907) 374-9504 or email: [vocations@cbna.org](mailto:vocations@cbna.org).



### Year Of Saint Joseph

#### Our Model of Faith and Trust in God

Saturday, August 14<sup>th</sup>: 9:30am – 4:30pm

Ending with SHC 4:30pm Mass

Guest Speaker: Sr. Dorothy Giloley, SSJ

Hosted By: Sacred Heart Cathedral &

The Associates of the Sisters of St. Joseph

Pre-Register at: <https://signup.com/go/mvtvphg>

Please find more information on our website:

<https://www.stmarks@uaf.org> .



### Stewardship Moment

*“He said to them, “Come away by yourselves to a deserted place and rest a while.” MARK 6:31*

Do you spend time, every day, alone and in silence listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and more importantly, listen to God every day, how else will we know how He is calling us? Consider making a retreat this year, spend some “alone” time with God.

### Parish Stewardship Report



#### Last Week's Collection:

June 11, 2021.....\$ 831.69

#### Actual Collection YTD

(7/1/21-6/31/22): \$ 2,197.50

Please consider scheduling an automatic recurring electronic contribution today. Go to our Parish Website at <http://www.stmarksuaf.org> and click on the “WeShare” icon. Our parish is grateful for the continued support!



© Jean Denton flock.pastoralcenter.com

“His heart was moved with pity for them, for they were like sheep without a shepherd.”

#### Sheepish Question:

So why might this “vacuum” be a looming concern for me—or my loved ones?

## NEIGHBORING PARISH WEEKEND MASSES

### Sacred Heart Cathedral 474-9032

Saturday Vigil: \*4:30pm (\*=Live Streamed)

Saturday Latin Mass: 6:30pm- Feb 6,13; Mar 13, 27

Sunday: 8:00 & \*11:00am

Sunday Spanish Mass: 1:00pm

St. Mark Sunday Mass: 5:30pm

<https://www.sacredheartak.org/>

### Immaculate Conception 452-3533

Saturday Vigil: 4:00pm

Sunday: 7:30am, 10:00am

<https://iccfairbanks.org/>

<https://www.facebook.com/ICCFairbanks>

### Saint Raphael 457-6603

Saturday Vigil: 6:00pm

Sunday: 9:30am

<https://www.straphaelfairbanks.org/>

### Saint Nicholas, North Pole 488-2595

<https://signup.com/go/ZjtAQHb>

Saturday Vigil: \*5:00pm

Sunday: 9:00am, 12:00pm

<http://www.stnicholasnp.org/>

### Good Shepherd, Ft. Wainwright

Sunday: 9:00am, SLC

Adoration: Thursday 6:00 – 7:00 pm, SLC

Catholic Women of the Chapel: Wed - 9am, SLC

### Our Lady of Snows, Eielson Air Force Base

Sunday: 10:30am

Daily Mass: Tuesday-Friday – 11:30am

### Traditional Latin Mass Schedule:

*All Latin Masses will be held at Sacred Heart Cathedral*

Saturdays at 6:30 PM

July 24<sup>th</sup>; Aug 14<sup>th</sup> & 28<sup>th</sup>; Sept 11<sup>th</sup> & 18<sup>th</sup>; Oct 9<sup>th</sup> & 23<sup>rd</sup>

Nov 20<sup>th</sup>; Dec 18<sup>th</sup>



### Mass at St. Mary's of the Lake ~

**Harding Lake** Fr. Welcome has begun celebrating Sunday Mass at St. Mary's of the Lake on Sundays at 3pm through Labor Day Weekend.

**Traveling?** Check out mass times in Alaska using the following information: <http://dioceseoffairbanks.org/> (Diocese of Fairbanks) and <https://aoaj.org> (Archdiocese of Anchorage Juneau).

Pray for all without access to Mass in our Diocese.