



## May 30, 2021- Trinity Sunday

**Reading 1: Deuteronomy 4:32-34, 39-40** Moses teaches the people that Yahweh is the only God.  
**Psalms 33:4-5, 6, 9, 18-19, 20, 22.**

A prayer for the Lord's mercy.

**Reading II: Romans 8:14-17.** Through the Spirit, we have been adopted as children of God.

**Gospel: Matthew 28:16-20** Jesus sends his disciples to make disciples of all nations.

### Catholic Student Association

*We are a community of faith and caring.*

Needing a ride to Catholic gatherings off campus this summer? Contact Mary Pat Boger in advance of event at: 907-374-9564.

**St. Mark Parish:** Ph. 907-374-9564

Email: [stmark@cbna.org](mailto:stmark@cbna.org)

Website: <http://www.stmarksuaf.org>

Office Hours: Tues-Fri: 10am – 12noon.

**Pastor:** Fr. Robert Fath Ph. 907-374-9504

Email: [rfath@cbna.org](mailto:rfath@cbna.org)

Podcast: <https://frrobertfath.podbean.com/>

**Deacon:** Warren Lucero

**Parish Admin.:** Mary Pat Boger Ph. 907-374-9564

**Bookkeeper:** Marilis Bennett Ph. 907-590-9291

**Music Director:** George Stefan Ph. 907-978-6953

**Reconciliation:** Confessions at SHC, Sat. 3 -4pm.

**Sacraments & Becoming Catholic:**

Contact Mary Pat Boger at [stmark@cbna.org](mailto:stmark@cbna.org)

**Vocations:** See Fr. Robert Fath

**Parish Council:** Marilis Bennett, John Fox,

Cynthia Klepaski, Ritchie Musick, Jen & Sean Tucker



### Holy Father's Prayer Intentions - May 2021: The World of Finance

Let us pray that those in charge of finance will work with governments to regulate the financial sphere and protect citizens from its dangers.

**Anointing of the Sick** – If you or a family member are sick, going into the hospital, or a nursing home – please contact Fr. Robert Fath or Mary Pat Boger to be included in our special intentions, prayers or wish to receive communion.



### May 30<sup>th</sup> Sunday 5:30pm Hymns:

541 Praise God, From Whom All Blessings Come  
70 Creator of the Stars of Night  
536 Abba! Father  
719 Alleluia! Sing to Jesus

### Dates to Remember:

- ✚ St. Raphael's is offering the **Beloved Series** classes for engaged couples with Session 5, Wednesday, **June 2<sup>nd</sup>, 6-7:30pm**. Register by contacting Camille or Marie at 457-6603 or email [straphaelcatholicparish@gmail.com](mailto:straphaelcatholicparish@gmail.com)
- ✚ **June 4-5: First Friday Devotions at Immaculate Conception Church.** Starting with Mass at 5:30pm, All-Night Adoration; 6:00am Patriotic Rosary with Confessions and ending with 7:00am Mass on Saturday. Come and spend some time with the Lord listening to his wisdom and counsel.
- ✚ **VBS** –Fairbanks/North Pole parish children Grades K-6 are invited to attend the youth summer vacation bible school - **ROAR!** - weekday mornings from **June 28 to July 2** at SHC. Go to <https://sacredheartak.org/vbs>. to register. *Registration is limited to 30 participants on a first-come, first-serve basis. Do not wait.* Sign up now to help with planning.
- ✚ **Value Village Clothing Drive FINAL DROP OFF DATE IS MONDAY, JUNE 21<sup>st</sup>.** Help raise money to support the Diocesan Regional Council. For more information reach out to the Chancery at 374-9500 ext. 136 or the St. Mark webpage to read the flyer that has all the information: <https://stmarksuaf.org> .
- ✚ **June 25-July 6:** 15 Focus Missionaries are coming to Fairbanks. Focus Mission is a college-based organization that sends college students to various parts of the world to go on mission. These young adults come seeking to deepen their faith and missionary zeal all the while experiencing Christ. Daily they have mass, holy hour, and time to share their experiences. They will also be helping us with Vacation Bible School. If you see them welcome them. Please pray for them as they discern their vocational calling either to marry, join the priesthood or religious life, or stay single. Pray also that they may consider joining our diocese as a missionary.

**Commentary for the Readings in the Extraordinary Form: Trinity Sunday**

"Blessed be the Holy Trinity" (Introit) "in the name of the Father and of the Son, and of the Holy Spirit" (Gospel).



The Most Adorable Trinity! "All things" good, in nature and grace, flow from and return to the Trinity; "from Him," God the Father, our Creator; "through Him" God the Son, our Redeemer; "unto Him," God the Holy Spirit, our Sanctifier (Epistle).

May we ever be "on the alert" to the presence of the Trinity in our souls! At Baptism we became the adopted "sons of the Father," "co-heirs with Christ," "temples of the Holy Spirit!"

In our offering of Holy Mass, "we will give glory to" the Trinity (Introit), and God will show "mercy to us" (Offertory, Communion). On this Feast we should also renew our baptismal vows that this "profession of our faith. . . may be of profit to our health, in body and soul" (Postcommunion). <https://liturgy.slu.edu>

**Expressions of God:** The Trinity can be thought of in these three expressions:

**God is "beyond us."**

We can never really fathom what God is, but we know that He is far beyond our limited human nature or anything we can come to know in that human experience. God is the ultimate mystery, the question that we never fully answer. This is God the Father — the creator, the one who is beyond all understanding.

**God is also "among us."**

We come to know God in the person of Jesus. God takes on our human nature and becomes "one of us."

Catholics also believe that this human experience of God continues in the sacrament of the Eucharist. God the Son is among us.

**God is also "within us."**

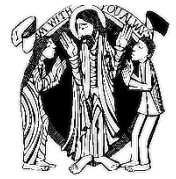
God is the "divine spark" that awakens us to the fact that we are alive. God imbues us with our creativity, our gifts and talents, and our limitations as well. As we come to know ourselves as people, we also come to know God — who knows us better than we know ourselves. This is the experience of God the Holy Spirit.

*God is all these things and more. We don't know all that God is, but this is how God has been revealed to us throughout the course of our history — how we have come to best express God.* <https://bustedhalo.com>



**Connecting the Gospel ...**

... *to the Second Reading:* God's life in us is not something abstract but a relationship of children to our "Abba, Father." This is the work and gift of the Spirit of God through Christ.



... *to experience:* The Trinity is not just a dogma but an indwelling presence of three Persons who continually create, save, and sustain us and all of creation. <https://liturgy.slu.edu>



**YOU DON'T HAVE WHAT IT TAKES – BUT YOU WILL**

Those of us in ministry love this saying: God doesn't call the equipped. He equips the called.

We all know that sort of queasy feeling we get in the pit of our stomachs when it becomes clear what we're supposed to do, in any situation. It's that feeling of: Oh, no. Not me. Not now. I can't.

We've all got our list of reasons why not, don't we? We do it for everything, from big life problems to small everyday choices. I'm not going to invite my neighbor to church because I don't want to come across as pushy. I'm not going to make amends with my cousin because she'll just walk all over me again. I'm not going to say a Rosary tonight because I'm tired and it'll just stress me out.

However, even if we all put our lists of "reasons why we can't" together, I don't think any of us have reasons quite as valid as the apostles. Their job was to convert the nations — and here they are, a bunch of fishermen who haven't been out of Judea, who speak only their own languages. Were they supposed to preach the Gospel via a particularly compelling game of charades?

But even that big, giant, stop-you-dead-in-your-tracks Reason Why We Can't was nothing, because God had a plan. He didn't call a bunch of equipped men. He called them, and He equipped them. Cue the tongues of fire!

God doesn't call us to do His will because we have what it takes. He calls us because He's ready to give us what it takes. Being a good steward is to answer the call of Christ knowing he will provide.

*Tracy Earl Welliver, MTS*

**HOW TO KEEP A CATHOLIC HOME: Parental Blessings**

Parents can trace the Sign of the Cross with their thumb or forefinger on their child's forehead at any time while asking God to bless him or her



“The joy of the Lord is your strength.”  
 – Nehemiah 8:10



**Do Other Churches Believe in the Real Presence?**

Do Lutherans and Anglicans believe Jesus is present in the Eucharist? Not exactly.

Some people think that the Lutheran and Anglican churches align with the Catholic Church in professing the Real Presence of Jesus in the Eucharist.

While various Lutheran and Anglican churches retain aspects of Catholic theology, their stance on the Real Presence is not the same as the Catholic Church’s teaching.

In his book *What Catholics Really Believe: 52 Answers To Common Misconceptions About the Catholic Faith*, Karl Keating explains that Lutherans and Anglicans believe in *consubstantiation*, which is not the same as the Catholic teaching on *transubstantiation*.

Consubstantiation says that the body and blood of Christ are with—or alongside, so to speak—the substance of bread and wine. Transubstantiation, on the other hand, professes that the whole substance of the bread and wine literally changes into the body and blood of Jesus, while maintaining only the appearance of bread and wine.

Karl Keating discusses how the term “transubstantiation” was defined at the Fourth Ecumenical Council of the Lateran, and it is the only word that accurately describes the mystery of the Real Presence. Jesus didn’t say, “This bread *contains* my body.” He said, “This **IS** my body” (Matthew 26:26, Luke 22:19, Mark 14:22).

Transubstantiation is rooted in Scripture and explained further in Cyril of Jerusalem’s *Catechetical Discourses* in 350 A.D., which states that Catholics receiving communion must be “fully convinced that the apparent bread is not bread, even though it is sensible to the taste, but the body of Christ, and that the apparent wine is not wine, even though the taste would have it so.”

For more further explanation on basic Catholic teaching, check out Karl Keating’s *What Catholics Really Believe*. <https://www.catholiccompany.com/getfed/>

WAIT! I AM IN DEBT TO THE HOLY SPIRIT? I THOUGHT SALVATION WAS FREE!



WWW.AGNUSDAY.ORG

YOU HAVE BEEN ADOPTED INTO THE FAMILY OF GOD. YOU ARE A CO-HEIR WITH CHRIST. YOUR DEBT IS LOVE.



WHICH, I WILL REMIND YOU, KEEPS NO RECORDS.\*



ROMANS 8:12-17

\* 1 CORINTHIANS 13:5  
 © WETZSTEIN 21.05.26

The **Regional Soup Kitchen**, hosted at Immaculate Conception Church, is always in need of donations, and volunteers each day from 9 AM to 3 PM. Mark your calendar once a month to donate needed food, give a donation, or spend time helping to make a difference! Additional information or to help at the Soup Kitchen, can be found by calling Nick Shamrell, Soup Kitchen Coordinator, at 452-3533 or checking out their webpage at <https://iccfairbanks.org/soup-kitchen>.



As often as you did it for one of my least brothers, You did it for me.

This Memorial Day Catholics rightly honor our heroes and remember our Church, who has defended the dignity and freedom of the human person for two-thousand years

**STEWARDSHIP MOMENT**  
**The Most Holy Trinity**

***“The Spirit itself bears witness with our spirit that we are children of God, and if children then heirs, heirs of God and joint heirs with Christ...” - ROMANS***

**8:16-17** If we are heirs to the kingdom of God, shouldn’t we work to build up His kingdom? Shouldn’t we be good stewards of our inheritance, using our time in prayer, our talent in charitable works and our treasure to care for the Church that God has left to us? Our Church is a treasured heirloom from God. Do we treat it that way?

**The Most Holy Trinity -- May 30, 2021**

“Go, therefore, and make disciples of all nations.” How do you hope to share in God’s glory...as a priest, deacon or in the consecrated life? Contact the Vocation Office at (907) 374-9504 or email:

[vocations@cbna.org](mailto:vocations@cbna.org).

**Pray For:** Pope Francis; Bishop Chad Zielinski, Fr. Robert Fath, priests, seminarians, religious, deacons, & volunteers serving in Diocese of Fairbanks; our newly confirmed young adults in the diocese; Ben Orr, Sean Tucker, Dorothy Keith, Mike Johnson; Little Sister Odette (d), Elaine Elbert (d), Nancy Kelly(d) and Miyang Kim (d).

*“Be on your guard: stand firm in the faith, be men of courage: be strong. – 1 Corinthians 16:13*

## NEIGHBORING PARISH MASS SCHEDULES

### Sacred Heart Cathedral 474-9032

Saturday Vigil: \*4:30pm (\*=Live Streamed)  
Saturday Latin Mass: 6:30pm- Feb 6,13; Mar 13, 27  
Sunday: 8:00 & \*11:00am  
Sunday Spanish Mass: 1:00pm  
**St. Mark Sunday Mass: 5:30pm**  
Daily Mass: Mon-Fri 7:30am; Thurs 7:00pm  
Monday: 7pm Spanish Mass  
Confessions Heard: Sat 3:00-4:00pm  
Adoration of Blessed Sacrament: Thu 8:00am-12noon  
<https://www.sacredheartak.org/>

### Immaculate Conception 452-3533

\*All masses are live streamed.  
Saturday Vigil: 4:00pm  
Sunday: 7:30am, 10:00am  
Daily Mass 12:10pm: Mon, Tues, Thurs, Fri.  
5:30pm: Wednesday  
Adoration of Blessed Sacrament: Wed. 6-7:00pm  
*Confessions with Adoration*  
First Friday (5:30pm) ~Saturday (7am) Mass  
*followed by Adoration: 6:00pm-6:00am*  
Confessions: 11:30am-12pm (*Confessions are in the pastor's office*) - M, Tu, Th, F; W - 6-7pm; Sat 3-4pm  
<https://iccfairbanks.org/>  
<https://www.facebook.com/ICCFairbanks>

### Saint Raphael 457-6603 (\*Live streamed Masses)

Saturday Vigil: 6:00pm  
Sunday: \*9:30am (\*go to website Facebook link  
Daily Mass: Thurs 9:30am; \*Wed 5:30pm w/ Rosary.  
Adoration: Thu 7:00 - 8:00pm & 2<sup>nd</sup> Sunday of the Month  
<https://www.straphaelfairbanks.org/>

### Saint Nicholas, North Pole 488-2595

*Sign up required to attend for Weekend Masses.*  
<https://signup.com/go/ZjtAQHb>  
Saturday Vigil: \*5:00pm  
Sunday: 9:00am, 12:00pm  
Daily Mass: Mon, Tue, Thu; Fri 8:45am; Wed. 6:00pm  
Adoration: Wed 6pm Mass, Adoration w/Rosary.  
<http://www.stnicholasnp.org/>

### Good Shepherd, Ft. Wainwright

Sunday: 9:00am, SLC  
Adoration: Thursday 6:00 - 7:00 pm, SLC  
Catholic Women of the Chapel: Wed - 9am, SLC

### Our Lady of Snows, Eielson Air Force Base

Sunday: 10:30am  
Daily Mass: Tuesday-Friday - 11:30am

## Parish Stewardship Report

**Last Week's Collection:** May 23, 2021.....\$ 695.00  
**Actual Collection YTD**  
(7/1/20-6/31/21): \$ 51,759.86

Donations can be made electronically through WeShare - check out <https://stmarksuaf.org>. On Sunday, your donation can be dropped in the basket at church entrance or mail a check to St. Mark University Parish, PO Box 750166, Fairbanks, AK 99775-0166.  
Thank you for your generosity and continued support!

**St. Joseph, Patron**.... Of the Universal Catholic Church; Unborn Children; Fathers; Immigrants; Workers; Employment; Explorers; Pilgrims; Carpenters; Travelers; Engineers; Realtors; a Happy Death; and Against Doubt and Hesitation.

*Remember us, Custodian of Christ,  
and plead for us to your foster child*



### Traditional Latin Mass Schedule:

All will be held at Sacred Heart Cathedral  
Saturdays at 6:30 PM  
June 12<sup>th</sup> & 19<sup>th</sup>; July 24<sup>th</sup>; Aug 14<sup>th</sup> & 28<sup>th</sup>  
Sept 11<sup>th</sup> & 18<sup>th</sup>; Oct 9<sup>th</sup> & 23<sup>rd</sup>  
Nov 20<sup>th</sup>; Dec 18<sup>th</sup>



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"Go and make disciples of all nations."

### Sheepish Question:

Crustaceans aside, to whom does Jesus send me, specifically?