



# ST. MARK UNIVERSITY CATHOLIC PARISH

The Catholic Community of University of Alaska, Fairbanks

PO Box 750166 Fairbanks, AK 99775-0166

Email: [stmark@cbna.org](mailto:stmark@cbna.org) Webpage: [stmarksuaf.org](http://stmarksuaf.org)

## March 7, 021 Second Sunday of Lent

Year of St. Joseph Dec. 8, 2020-Dec. 8, 2021

*"He [St. Joseph] is head of the Holy Family, father of the trinity on earth which resembles so closely the Holy Trinity on high."*

-St. Peter Julian Eymard.

Sunday Sung Vespers 4:45pm at Sacred Heart Cathedral

### Wisdom of Jesus

**Exodus 17:3-7** God delivers the commandments

**Psalms 95:1-2, 6-7, 8-9**

**Romans 5:1-2, 5-8** Paul preaches of God's wisdom

**John 4:5-42** Jesus destroys the temple

St. Mark Parish: Ph. 907-374-9564

Email: [stmark@cbna.org](mailto:stmark@cbna.org)

Website: <http://www.stmarksuaf.org>

Office Hours: Tues-Fri: 10am – 12noon.

Pastor: Fr. Robert Fath

Ph. 907-374-9504 Email: [rfath@cbna.org](mailto:rfath@cbna.org)

Podcast: <https://frrobertfath.podbean.com/>

Deacon: Warren Lucero

Parish Administrator: Mary Pat Boger Ph. 907-374-9564

Bookkeeper: Marilis Bennett Ph. 907-590-9291

Music Director: George Stefan Ph. 907-978-6953

Reconciliation: Confessions at SHC, Sat. 3 -4pm.

Sacraments & Becoming Catholic:

Contact Mary Pat Boger at [stmark@cbna.org](mailto:stmark@cbna.org)

Vocations: See Fr. Robert Fath

Parish Council: Meets 2<sup>nd</sup> Sun/month after Mass

Marilis Bennett

John Fox

Cynthia Klepaski

Ritchie Musick

Jen & Sean Tucker.



### Holy Father's Prayer Intentions - March 2021: Sacrament of Reconciliation

Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

**Anointing of the Sick** – If you or a family member are sick, going into the hospital, or a nursing home – please contact Fr. Robert Fath or Mary Pat Boger to be included in our special intentions, prayers or wish to receive communion.



### March 7 Songs for 5:30pm Sunday

#### Mass:

310 Table of Plenty

433 Amazing Grace

125 Save Your People

473 Christians, Let Us Love One Another

*During Lent we will use Chant Mass Settings found in Breaking Bread Missal – 855, 857, 858 & 861.*

<https://www.youtube.com/watch?v=sRQ11bYvfVQ>

<https://www.youtube.com/watch?v=vofXMAJ1xLY>

### A Prayer for Pope Frances

*On March 13<sup>th</sup>, we celebrate the eighth anniversary of Pope Francis' election! Say a prayer for the Holy Father.*

O God, shepherd, and ruler of all the faithful, look favorably on your servant Francis, whom you have set at the head of your Church as her shepherd;

Grant, we pray, that by word and example he may be of service to those over whom he presides so that, together with the flock entrusted to his care, he may come to everlasting life.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, fore ever and ever.  
**Amen.**

### March 14 ~ Day Light Savings

Remember to "spring forward" with your clocks by an hour Saturday night (3/13).

### Spring Break March 8-12.

Keep every member of our community in your prayers that they may be protected during this coming week. Whether they travel, study, play, or relax; may they come back ready to put 100% effort back into their work/studies.



**THIRD WEEK OF LENT  
SUSTAINABILITY IN EL SALVADOR**

Drought has become a big problem across El Salvador, making it difficult for farmers to produce enough crops to support their families. But new farming techniques—and a new generation of young farmers—are making a difference. What would you do if your livelihood was threatened? How can you support young people in your community and around the world? Visit [crsricebowl.org](http://crsricebowl.org) to learn more.

The Catholic Relief Services Collection supports six Catholic agencies that serve the vulnerable and marginalized at home and abroad. We encourage all parishioners to support this cause.

**Chancery Employment Opportunity:** The Diocese of Fairbanks is seeking a part-time Accounting Assistant for 20 hours per week. This position supports the Accounting department by performing clerical tasks, processing, and recording transactions, fielding communications with parish personnel and vendors, fact checking, filing, and other duties as needed. Working knowledge of Microsoft Office including Excel and QuickBooks is required. The successful applicant will have accounting experience or be pursuing an accounting degree. All duties and responsibilities should be performed in alignment with the mission, vision, and values of the Catholic Diocese of Fairbanks. Position will remain open until filled. To apply please send your resume to [humanresources@cbna.org](mailto:humanresources@cbna.org).

**ICC Employment Opportunity:**

**Security Personal:** Looking for security experienced person to work part-time on weekends during our soup kitchen hours which are flexible: Sat from 10:30 AM—5:00 PM and Sunday from 7:30 AM—1:00 PM. Must have computer knowledge, communication skills, and ability to deal with law enforcement public safety, adhere to CBNA Policies and pass a background check. Send Resume to [iccsecretary2@cbna.org](mailto:iccsecretary2@cbna.org) or call 435-3533.

**Assistant Manager:** Looking for assistant manager position with excellent computer skills: web design, Facebook, Microsoft Office and outlook, managerial skills, organizational abilities, customer service, light housekeeping, and attention to details. Flexible Hours 9:00 AM—3:00 PM Wed and Thurs. Applicants need to pass background check and adhere to CBNA Policies

“We proclaim Christ crucified.” Does a life dedicated to furthering the grace of reconciliation in Christ for others appeal to you? Consider a vocation as a priest, deacon or in the consecrated life. Contact the Vocation Office at (907) 374-9504 or email: [vocations@cbna.org](mailto:vocations@cbna.org).

**Commentary for the Readings in the Extraordinary Form: Third Sunday of Lent**

"When (Jesus) cast out the devil, the dumb man spoke." But as indicated by the little whining group to the right, some complained: "By Beelzebub, the prince of devils, He casts out devils" (Gospel).



Formerly, on this day, candidates were examined in preparation for Baptism on Holy Saturday. The first effect of Baptism is to free the souls from the power of the devil. The *house* of which Jesus speaks is the human soul before His coming, degraded by idolatry, by sensuality, under the tyranny of the evil spirit.

Mary holding the Infant (pictured in the upper left corner) is a symbol of our Baptism. Mary gives birth to us as members of the Mystical Body of her Christ. Moreover, like her, "Blessed are they who hear the word of God and keep it" (Gospel).

These baptismal duties of *death to sin* and *life in God* (Epistle are meant to gladden, not to oppress the human heart (Offertory), intended by God for Divine possession (Communion Verse), safe from diabolical obsession.

Excerpted from *My Sunday Missal*, Confraternity of the Precious Blood

**Stewardship Moment**

*"You shall not carve idols for yourselves in the shape of anything..." - Exodus 20:4*

How many “gods” do you put before God? “Idols” do not always take the shape of physical things, things we can touch and feel. Those are easy to recognize. Many times they take the form of things we cannot touch and are much harder to spot like pride, power, ego, time, comfort, or health. Pray for God’s help to prune our vices and to grow in virtue



**Stewardship Report**  
**February 28, 2021.....\$ 406.75**  
Actual Collection YTD  
(7/1/20-6/31/21): \$ 35,335.90

*Thank you for your generosity to St. Mark! God Bless.*



### **Connecting the Gospel ...**

**to the First Reading:** Only the power of God could build a new and permanent temple—the risen Body of Christ. We proclaim Christ crucified because in the seeming foolishness of his death we know the wisdom and strength of the God of life.



**... to experience:** The pressures of life often keep us from taking the time to stop and listen—to each other, to ourselves, and to God. But only by taking the time to listen can we grow in our relationships, in our quality of life, in self-understanding, and in discipleship.

<https://liturgy.slu.edu>

### **STATIONAL CHURCHES**

#### **Third Sunday of Lent, Station with *San Lorenzo fuori le Mura* (St. Lawrence Outside the Walls):**



The Station is in the basilica of St. Lawrence *outside the walls*--the walls being the old walls that marked the boundary and protected Rome. The name of this, the most celebrated of the martyrs of Rome, would

remind the catechumens that the faith they were about to profess would require them to be ready for many sacrifices. In the primitive Church, the third Sunday in Lent was called *Scrutiny Sunday*, because it was on this day that they began to examine the catechumens, who were to be admitted to Baptism on Easter night.

<https://www.catholicculture.org>

Follow the Lenten Station Churches of Rome on a virtual pilgrimage through Rome's churches with a new video, a new podcast, and a new article each day of Lent: <https://thecatholictraveler.com/lenten-station-churches-of-rome>

"The fight for the right to life is not the cause of a special few, but the cause of every man, woman and child who cares not only about his or her own family, but the whole family of man."

Dr. Mildred Jefferson

*"What do the scars of Christ teach us? They teach us that life is a struggle: that our condition of a final resurrection is exactly the same as his; that unless there is a cross in our lives, there will never be an empty tomb; that unless there is a Good Friday, there will never be an Easter Sunday; that unless there is a crown of thorns, there will never be a halo of light; and that unless we suffer with him, we shall not rise with him."*

— Archbishop Fulton Sheen

### **LOCAL CATHOLIC EVENTS OF INTEREST:**



- **7:00 pm Stations of the Cross** every Friday during Lent at SHC, St. Raphael (6pm), St. Nick and ICC (ICC starts with 5:30pm Mass).
- **Fr. Tom will be on retreat from March 8-17.** No weekday masses will be held during these dates at ICC. Daily masses will start again on March 18<sup>th</sup>.
- **March 13<sup>th</sup> -6 am-6 pm** ~ 12 Hours of Adoration at St. Raphael concludes with 6pm Mass.
- **March 16<sup>th</sup> – Chrism Mass** at SHC 7:00pm  
The annual Chrism Mass, at which the Holy Oils are blessed, and the priests renew their ordination promises, will be celebrated by Bishop Zielinski on Tuesday, March 16 at 7:00pm at Sacred Heart Cathedral. During this liturgy, the three sacramental oils used by all our churches during the year will be consecrated; Chrism... for anointing the newly baptized, sealing candidates for confirmation, and dedicating new churches and altars...Oil of Catechumens, used for anointing those pre-paring for baptism...and Oil of the Sick, used to offer comfort, support, and healing to the aged and infirm. A set of holy oils, to be used in the year ahead, will be distributed-ed to each parish or ministry.
- **Reconciliation Lenten Services:**  
March 18 – St. Nicholas – 6:00-8:00pm  
March 23 – St. Raphael – 6:00-8:00pm  
March 24 - SHC and ICC 5:30pm Mass, 6:00-8:00pm Adoration and Confession at Sacred Heart Cathedral.
- **2021 marks the 100th Anniversary of the Legion of Mary - world-wide Lay Apostolate-** The Annual Legion of Mary Acies Ceremony- Marian Consecration for all Active & Auxiliary Members will be held @ ICC on Thursday March 25<sup>th</sup> -Feast of the Annunciation. We will begin with Rosary @ 5:00PM, followed by Mass, Eucharistic Adoration and a brief allocutio(talk). We invite anyone who did not make their Marian Consecration on New Year's Day to join us. Further info: Call 907-452-3701 Please note: All COVID-19 protocol is encouraged
- **USCCB Lent 2021 – Reflect. Repent. Restore.**  
[https://www.usccb.org/resources/Lent-2021-calendar\\_English.pdf](https://www.usccb.org/resources/Lent-2021-calendar_English.pdf)

## Greetings from the ICC Soup Kitchen!

Our Soup Kitchen ministry is busy, despite the number of guests dropping as the temperature has dropped. Ever since October, we have had fewer guests, but we consistently serve 250-350 meals a week. Some days, we have served 15 meals; other days we have served 100, usually on the weekends.

The Advent Calendar in which the parishes promoted and collected different items each day of Advent successfully filled our shelves with much needed food stuffs and even clothing. Your generosity and support was overwhelming and I want to thank each and every person who participated. We now have items we can use for the next several months as we know the first months of the year are traditionally slower months for donations. Our clothing ministry has kept our guests warm as people have given winter gear, some of it brand new, so we can provide some comfort to confront the cold.

### *Thank you!*

Serving the needy is a ministry, and whether we serve 1 or 100, we never become disheartened for it is not in our power to control the weather or the number of people who come. It is the purpose of the ministry that guides us:

**Whatever you do to the least of my brethren you do for me!**

We are here ready and willing to serve anyone who comes to our church because each person is another Christ. This is God's ministry and the ones who come are the ones God wanted us to serve today. So, we pray before we serve our meals, and we pray afterwards, thanking God, Our Father, that we had the opportunity to serve the least, who somehow bring out the best in us.

Bringing out the best in ourselves invites us to do our best for others. As we know there are three pillars of stewardship: time, talent, and treasure. And as every other non-profit organization, we struggle with talented people giving their time and talent to our ministry. **"The harvest is plenty, but the laborers are few."**

We have a talented core group of volunteers who serve, but we seek others like you who have talents too. The struggle of course is your time. **An hour a day keeps the homeless alive today.**

Right now, as I evaluate our ministry, in our kitchen I see plenty of treasure, food and supplies, that you all have generously donated, but... **Are you able to give of your time and talent too?**

We work every day from 9:00 AM – 2:00 PM and if you have spare time or can make time, call the office, or send an email so we can arrange our schedule to fit your schedule. We have a variety of tasks from food prep, kitchen clean-up, housekeeping duties, even light maintenance, and landscaping. We also have need for security as the weather warms up. Please reach out and contact us either in person, over the phone at **452-3533 ext. 22**, or via e-mail at **iccsoupkitchen@cbna.org**.

May God bless you all!

*Nick Shamrell*

Soup Kitchen Coordinator

## GREAT THINGS TO DO FOR LENT [bustedhalo.com](http://bustedhalo.com)

1. Make a commitment to read the Sunday scriptures *before* Sunday Mass. In the same way that reading up on football players, opposing teams, and coaching strategies will help you experience a game more fully, familiarizing yourself with the readings ahead of time will help you experience them in a deeper way on Sunday.
2. Try a new spiritual practice. Sign up for an hour of Eucharistic Adoration. Experience Mass at a parish that's made up of people from a different racial/ethnic group. Sign up for a silent retreat or spend at least one hour in silent meditation each weekend.
3. Think about what you usually spend your money on. Do you buy too many clothes? Spend too much on dinner out? Pick one type of expenditure that you will "fast" from during Lent, and then give the money you would usually spend to a local charity.
4. When you first sit down in front of your computer at work, or at the very end of your workday, try a 10-minute guided prayer from Sacred Space based on the spiritual exercises of St. Ignatius.
5. Go to (or watch) a weekday Mass one day during the week. Many parishes offer them early in the morning, at noon, or after work. Daily Masses are often more intimate and shorter than Sunday Mass.
6. Instead of turning on a streaming service for your next binge-watching session, read the entire Gospel of Mark in one sitting. As the shortest Gospel, it is the most concise story of Jesus' life, and the cross, a central Lenten symbol, plays an even more prominent role than in the other Gospels.

## NEIGHBORING PARISH MASS SCHEDULES

Visit Catholic Bishop of Northern Alaska Website to see recorded and life-streamed masses and parish websites: <http://dioceseoffairbanks.org/joomla/>

### Sacred Heart Cathedral 474-9032

**Saturday Vigil:** \*4:30pm (\*=Live Streamed)  
**Saturday Latin Mass:** 6:30pm- Feb 6,13; Mar 13, 27  
**Sunday:** 8:00 & \*11:00am  
**Sunday Spanish Mass:** 1:00pm  
**St. Mark Sunday Mass:** 5:30pm  
**Daily Mass:** Mon-Fri 7:30am; Thurs 7:00pm  
**Monday:** 7pm Spanish Mass  
**Confessions Heard:** Sat 3:00-4:00pm  
**Adoration of Blessed Sacrament:** Thu 8:00am-12noon  
<https://www.sacredheartak.org/>

### Immaculate Conception 452-3533

\*All masses are live streamed.  
**Saturday Vigil:** 4:00pm  
**Sunday:** 7:30am, 10:00am  
**Daily Mass 12:10pm:** Mon, Tues, Thurs, Fri.  
**5:30pm:** Wednesday  
**Adoration of Blessed Sacrament:** Wed. 6-7:00pm  
*Confessions with Adoration*  
**First Friday (5:30pm) ~Saturday (7am) Mass**  
*followed by Adoration: 6:00pm-6:00am*  
**Confessions:** 11:30am-12pm (*Confessions are in the pastor's office*) - M, Tu, Th, F; W - 6-7pm; Sat 3-4pm  
<https://iccfairbanks.org/>  
<https://www.facebook.com/ICCFairbanks>

### Saint Raphael 457-6603 (\*Live streamed Masses)

**Saturday Vigil:** 6:00pm  
**Sunday:** \*9:30am (\*go to website Facebook link)  
**Daily Mass:** Thurs 9:30am; \*Wed 5:30pm w/ Rosary.  
**Adoration:** Thu 7:00 - 8:00pm & 2<sup>nd</sup> Sunday of the Month  
<https://www.straphaelfairbanks.org/>

### Saint Nicholas, North Pole 488-2595

*Sign up required to attend for Weekend Masses.*  
<https://signup.com/go/ZjtAQHb>  
**Saturday Vigil:** \*5:00pm  
**Sunday:** 9:00am, 12:00pm  
**Daily Mass:** Mon, Tue, Thu; Fri 8:45am; Wed. 6:00pm  
**Adoration:** Wed 6pm Mass, Adoration w/Rosary.  
<http://www.stnicholasnp.org/>

### Good Shepherd, Ft. Wainwright

**Sunday:** 9:00am  
**Adoration:** Thursday 6:00 - 7:00 PM

### Our Lady of Snows, Eielson Air Force Base

**Sunday:** 10:30am  
**Daily Mass:** Tuesday-Friday - 11:30am

Pray for.....Pope Francis, Bishop Chad Zielinski, priests, religious, deacons, and volunteers serving in the Diocese of Fairbanks; the safety of families and students taking advantage of Spring Break (March 8-12); our loved ones who are ill; our beloved dead. Pray that we may place our lives in God's hands.

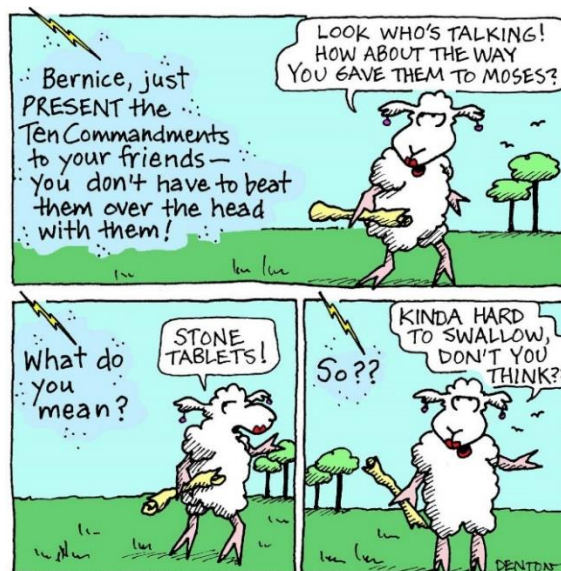
Year of  
**ST. JOSEPH**  
Dec. 8, 2020—Dec. 8, 2021

### Prayer to St. Joseph

Hail, Guardian of the Redeemer,  
Spouse of the Blessed Virgin Mary.  
To you God entrusted his only Son;  
in you Mary placed her trust;  
with you Christ became man.

Blessed Joseph, to us too,  
show yourself a father  
and guide us in the path of life.  
Obtain for us grace, mercy and courage,  
and defend us from every evil.  
Amen.

"My eyes are always on the Lord for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor." -Psalm 25(24):15-16



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"The foolishness of God is wiser than human wisdom."

### Sheepish Question:

Which of God's commandments are hardest for me to swallow...uh...follow?